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Seasons Greetings & Best Wishes for the Holidays.



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MERRY Christmas & HAPPY NEW YEAR



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What the wind storm did



Plant-Based Eating by Sheree Nicholson



Christmas as a Vegan

Christmas is coming, which means dining with non-vegan family members. Here are some tips for navigating time with family and friends.

Christmas is about family, giving and love. With that in mind, remember that, when you gather around the table, we are on this journey called life. As we are perfectly imperfect, before casting the first stone, recognize that none of us practices Ahimsa (nonviolence) perfectly. And, in fact, Ahimsa can be practised through words, thoughts and actions.

Firsly, I want to be kind to the people in my life, so I will always err on the side of compassion. My change to a plant-based lifestyle meant that some family members thought I was insane - and said so! If you are new to being plant-based, you may face some pushback. People will tell you it's unsafe; others will tell you you can't get enough protein; a few will take a more philosophical approach, stating that humans were meant to eat meat. I will not allow myself to be drawn into a heated debate. I chose this way of eating because it was right for me and over time it was a more compassionate way for me to live. Today I want to offer compassion to animals and my fellow human beings.

The internet is replete with "scientific" articles that seem to back many theories. There you will find many conflicting opinions, all claiming to be supported by "science." Recently I came upon an Instagram account called the Liver King where a fellow purports to eat raw liver three times a day. He calls it "ancestral eating" and states we are meant to eat this way. He even provides javelin throwing demos in case you prefer to hunt your own wildlife and eat the raw liver. Yet, he has over 700,000 followers! So theories abound. People feel passionate about their ways of eating.

Practical ways to navigate the holidays:

- Be clear in what you eat. Don't assume someone knows what being a vegan is. Say, I don't eat meat, dairy, eggs etc...
- Let your hosts know your dietary requirements well in advance
- Offer to bring a particular dish or a dessert. I've found people very interested in this, and it relieves the host of the stress of finding a recipe.
- Bring your own vegan butter if you use it. Ask that a few potatoes or other vegetables be put to the side before adding butter and cream.
- I bring hummus to every event, just in case. Many veggie trays include a dairy-based dip.
- Answer questions honestly from the heart. Behind some of those questions may be genuine interest. Don't assume they are all combative.
- Don't get drawn into a fierce debate. Diffuse, walk away and breathe.
- Don't impose your opinions on others; nobody likes this, even you.
- Eat before you go if you think there may not be vegan options. This has happened to me at parties where a well-meaning host has said, "Oh, I thought cheese was okay."

Sheree's Hack: Be prepared with well thought out kind answers to the questions you will be asked.

What You Need To Know This Week:



Holiday Closures

Here's a look at what Town amenities and services are closed over the holiday season:

Town Hall and Garden Street Branch

- In-person and phone services at will close at 4:30 p.m. on December 23. In-person services will resume at 8:30 a.m. on January 4.
- Phone services will be available from 8:30 a.m. on December 29 to 4:30 p.m. on December 31.

Anne Ottenbrite Pool and Iroquois Park Sports Centre: Closed December 24, 25 and 26; also closed as of 4 p.m. December 31.

McKinney Centre and Luther Vipond Memorial Arena: Closed December 24, 25, 26 and 31.

Whitby Public Library: All Whitby Public Library locations will be closed December 24, 25, 26, 27, and January 1. The Central Library will close at 5:00 p.m. on December 31. Visit whitbylibrary.ca for access to digital content and program information 24/7.

Waste Collection: There will be no disruption to your waste collection schedule this holiday season. The Town will be collecting waste on December 24, and throughout the following week as per the regular collection schedule.

It's Not Too Late To Register For A Winter Program

Looking to register yourself or a family member for a program like swimming classes, basketball or 55+ Art Classes? Browse ACTIVE Net and register now. Sessions start January 10. whitby.ca/GetActive

New Proof of Vaccination Requirements At Recreation Facilities

As of December 20, proof of vaccination is required for youth aged 12 to 17 visiting recreational facilities including those participating in organized sport. Effective January 4, 2022 all visitors 12 plus are required to use the enhanced vaccine certificate with QR code. If you have questions contact getactive@whitby.ca

Town's Financial Statements

Did you know the Town's financial statements are available to the public? The Town's consolidated financial statements reflect assets, liabilities, revenues and expenses. Learn more at whitby.ca/Budget



Christmas Tree Collection

Christmas Trees will be collected in blue collection areas from January 10 to 14 and yellow collection areas from January 17 to 21. Please clean natural Christmas trees of any tinsel, decorations, wire, stands or bags, and cut trees longer than 4 metres (10 feet) in half. The Town can't collect trees that are frozen in snow banks. Visit whitby.ca/Waste to learn which colour you are in.

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Founded in 2000
and published 24 times per year.

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Deadline: Friday, January 7, 2022
Publications dates subject to change during COVID-19 Pandemic


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There is Still Time to Make a Difference This Holiday Season

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www.sawhitby.ca

Feed The Need Durham
www.feedtheneedindurham.ca

United Way Durham
www.unitedwaydr.com



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 **Steve Lee**
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For The Latest Covid 19 Town Updates Visit: www.whitby.ca/covid

Merck Canada To Manufacture Covid Drug in Whitby

Merck, known as MSD outside Canada and the United States, announced it has entered into an agreement with Thermo Fisher Scientific to manufacture molnupiravir, Merck's investigational oral antiviral medicine for the treatment of COVID-19. This agreement is part of Merck's commitment to make this investigational medicine widely available globally, if approved for use by regulatory agencies.

Molnupiravir is being developed by Merck in collaboration with Ridgeback Biotherapeutics.

Thermo Fisher's manufacturing site in Whitby, Ontario, will manufacture molnupiravir for distribution in Canada and the United Kingdom as well as markets in the European Union, Asia Pacific and Latin America, pending local market approvals. It is one of three manufacturing sites in the world for this therapy.

Merck also announced it has entered into a Supply Agreement with the Government

of Canada for molnupiravir. Through this agreement, the Government of Canada has secured access to 500,000 patient courses, with options for up to 500,000 more in 2022.

Headquartered in Miami, Florida, Ridgeback Biotherapeutics LP is a biotechnology company focused on emerging infectious diseases. Ridgeback markets Ebanga™ for the treatment of Ebola and has a late-stage development pipeline which includes molnupiravir for the treatment of COVID-19.

For over 130 years, Merck has been inventing for life, bringing forward medicines and vaccines for many of the world's most challenging diseases in pursuit of our mission to save and improve lives. Merck continues to be at the forefront of research to prevent and treat diseases that threaten people and animals – including cancer, infectious diseases such as HIV and Ebola, and emerging animal diseases.

D.R.P.S. Festive R.I.D.E. Results - Week Four

DRPS completed its fourth week of the Festive R.I.D.E program, stopping more than 1,240 vehicles and charging 12 drivers with impaired driving offences.

Durham Regional Officers conducted R.I.D.E checks in Ajax, Clarington, Pickering, Whitby, Oshawa and Scugog with the following totals (the numbers in brackets reflect 2020 third week totals for comparison):

- 1240 (1900) Vehicles stopped by R.I.D.E.
- 36 (23) People given Roadside Breath Tests
- 3 (3) People received "3 Day Suspensions" for registering a "WARN"
- 4 (2) Novice Driver received a 3, 7 or 30 Licence Suspension
- 12 (12) People were charged with Drinking and Driving Offences
- 3 (12) Criminal Code Charges
- 56 (67) Charged with various Highway Traffic Act offences
- 0 (0) Drug Offences

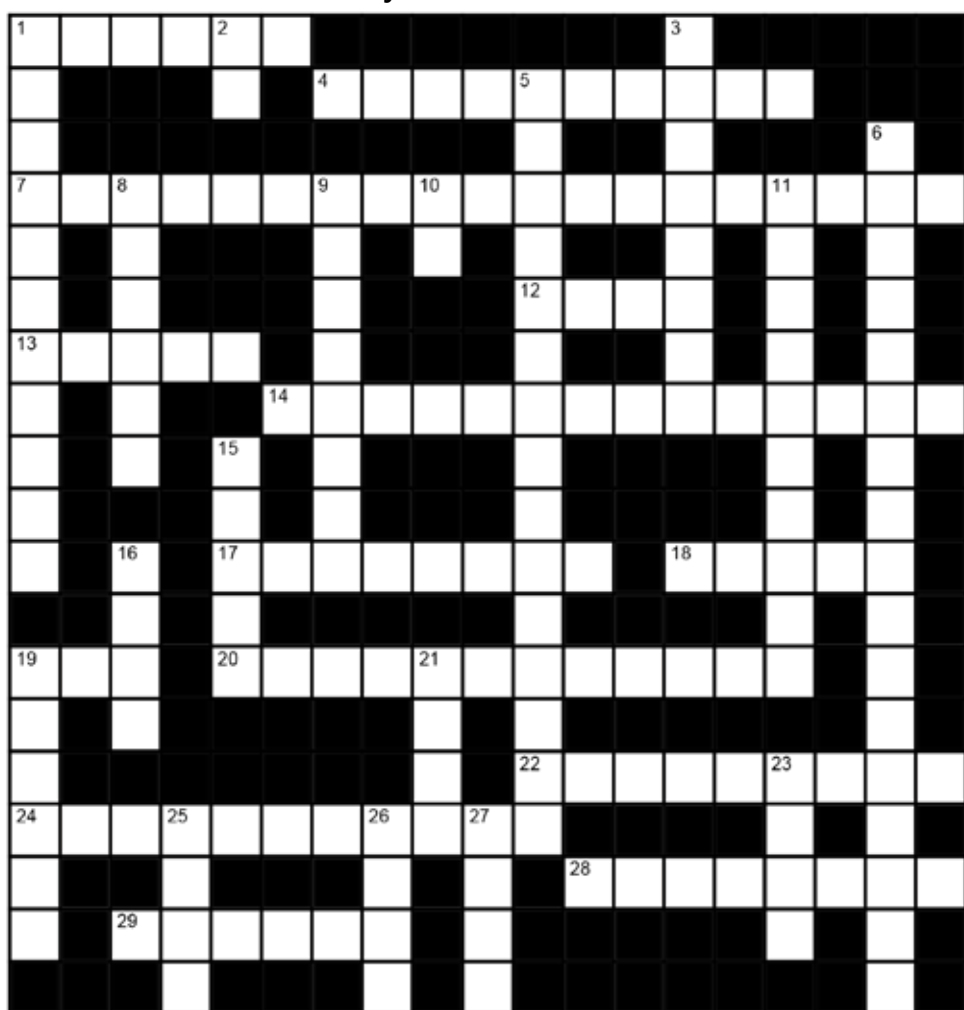
After the fourth week, the Festive R.I.D.E team has charged a total of 47 motorists with impaired driving offences. Last year at the same time, 36 had been charged. Another three motorists have registered a WARN on a roadside screening device and had their driver's licence suspended for three days. Last year at the same time, three drivers had their licence suspended for registering a WARN.

A complete list of those charged with Impaired/Exceed will be posted on our website later this week at **www.drps.ca** under Hot Topics.

Note: Under the Ontario Highway Traffic Act, anyone charged with a drinking and driving criminal offence will have his or her driver's licence suspended for 90 days and their vehicle impounded automatically for seven days.

***“Keep Everyone Safe:
Don’t Drink and Drive”***

Brooklin Bafflers: by Liz Lowe **Crossword**



Across

- 1 You can't marry a man you just met. (6)
- 4 I love the sea. So beautiful, so mysterious... so full of fish. (6,4)
- 7 I think you're the opposite of a paranoid. I think you go around with the insane delusion that people like you. (14,5)
- 12 We're all heroes if you catch us at the right moment. (4)
- 13 Why don't you go haunt a house? Rattle some chains or something. (5)
- 14 I knew it was a great mistake for a man like me to fall in love. (3,5,6)
- 17 All I know is that I'm an actor. All I have is my instinct. You're asking me to go against it. (8)
- 18 Morty: Something stinks like stale French fries. Michael Newman: Oh yeah, that's probably me. (5)
- 19 I wish I were big. (3)
- 20 My daddy, he'd walk forty miles for liquor but not forty inches for

- kindness. (4,8)
- 22** I'm a pants salesman. I think I know
how to act around people. (1,3,5)
- 24** And now for something completely
different. (5,6)
- 28** Vianne Rocher: These are for your
husband. Unrefined cacao nips
from Guatemala, to awaken the
passions Yvette Marceau: Pssh.
You've obviously never met my
husband. (8)
- 29** You don't have time to think up
there. If you think, you're dead.
(3,3)

Down

- 1 Just keep swimming. (7,4)
- 2 He's a man from outer space and
we're taking him to his spaceship.
(2)
- 3 I'm going out and make the
greatest picture in the world. (4,4)
- 5 People only know what you tell
them. (5,2,2,3,3)
- 6 You don't think I'm too fast, do

you? Maybe we should put the brakes on? (9.8)

- 8 I have 94 percent recall of all conversation. I tested it myself. (6)
- 9 The devil's greatest achievement is that people don't believe he exists. Nowadays, the concept of evil is politically incorrect. (3,5)
- 10 Adventure is out there! (2)
- 11 You write a screenplay without conflict or crisis you'll bore your audience to tears. (10)
- 15 Agent Tom Hardy: You don't drink beer? Who doesn't drink beer? (5)
- 16 Lester Siegel: If I'm going to make

a fake movies, it's going to be a fake hit. (4)

- 19 This town needs an enema. (6)
21 This isn't a hospital. It's an insane
asylum. And it's your fault. (4)
23 So, Peter, you've become a pirate.
(4)
25 Hector: I see 50,000 men brought
here to fight for one man's greed.
(4)
26 Do you believe in Wonder
Woman? (4)
27 Do you like this shop? I buy all my
clothes here. Good for me, you
know. Cheap. Nice fashion. (4)



Dr. John McKinney

By Jennifer Hudgins



When Dr. John Henry McKinney put forward the motion to build Brooklin's first arena in 1948, he had two objectives. One was to construct a fitting memorial for the veterans who'd lost their lives in both world wars. The second was to improve the quality of people's health through sport and exercise, a long-standing aim of his. He served as chairman of the Brooklin arena building committee and was instrumental in acquiring the construction materials.

McKinney was a leader in the introduction and expansion of health services that included a school nursing service and regular clinics for the

prevention of whooping cough, diphtheria, and tetanus. In 1956, he was proactive in the fight against poliomyelitis by ensuring that Brooklin school-aged children were vaccinated. But he didn't stop there. The following year, with the cooperation of the Board of Health, he arranged for pre-school children to be given the polio vaccinations as well, thereby saving young lives.

Into med school

Born into a prominent farming family in 1904, McKinney began his education in a one-room schoolhouse where he discovered his love of science. He attended high school in Brampton then continued his studies at the University of Toronto medical school, graduating as a physician in 1930. He interned for a year at Toronto's Grace Hospital and moved to Brooklin in 1931 with his wife Lillian McMann, a nurse he had met and married while interning. Together, they established a practice in their house at 137 Baldwin Street North. In 1937 Lillian gave birth to a son John Alexander. During his time at university, McKinney underwent officer training and when World War 2 began, he enlisted but was not called up.



Various groups

A prominent member of the Independent Order of Odd Fellows, in June, 1952, he was elected Grand Master of the Grand Lodge of Ontario. When the Odd Fellows temple was erected, Dr. McKinney became chairman of the building committee. He was also on the Brooklin United Church Board of Stewards for many years. He was also the Whitby Township Medical Officer of Health and a member of the Ontario County Medical Association.

Dr. McKinney's wife Lillian passed away on October 7, 1978, and the following year, he married school teacher Christian Simpson.

Upon Dr. McKinney's death on July 12, 1998, the McKinney sports complex at 222 McKinney Drive was named in his honour. The complex opened its doors on October 23, 2004.



Wishing you peace and joy throughout the season as we look ahead to a bright and promising New Year.

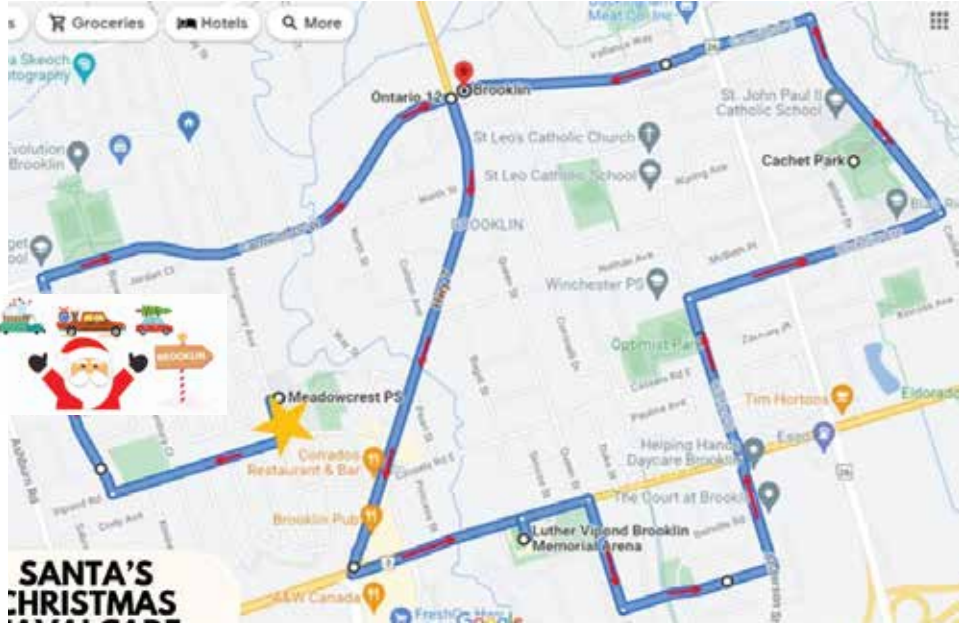
From Mayor Don Mitchell and Members of Council



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Update from Council re: Hwy 7/12 Route

As part of next steps, in the near future, the Town plans to seek additional input from the community to help finalize its preferred

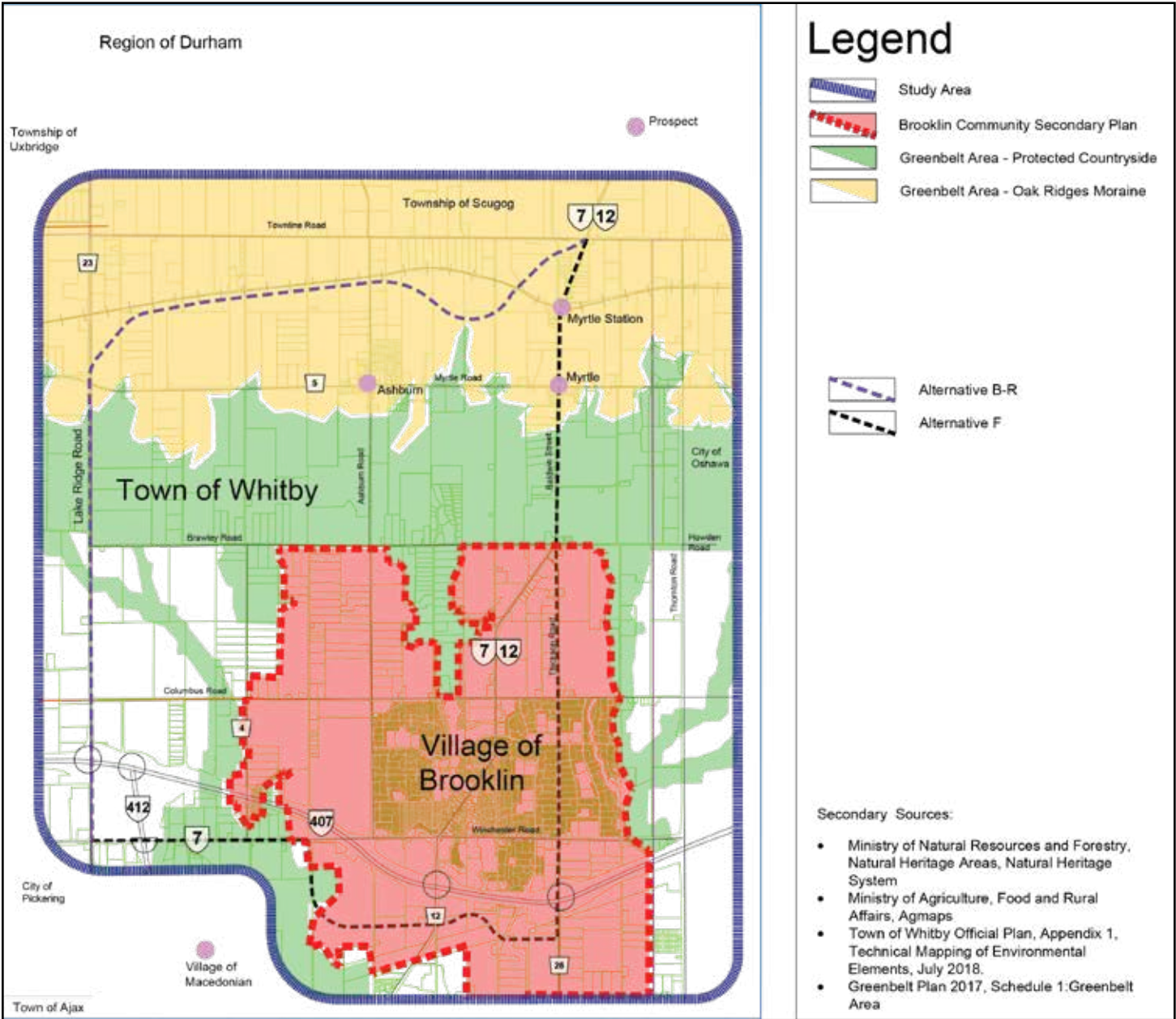
Highway 7/12 Alternative Route in north Whitby. As part of this fourth round of community engagement, the public, businesses owners and interested parties will soon be encouraged to review and discuss Alternative F versus the current Tech-

nically Preferred Alternative B-R. (see diagram)

Notifications will be sent to interested and impacted parties in advance of the community engagement opening.

The additional community engagement is coming soon further to Council approving the following resolution earlier this month:

“That Staff and the Environment Assessment (EA) Study Team be directed to review the Thickson Road option based on the planned future 4/5 lane Regional design terminating at the intersection of Highway 7/12 south of Brawley Road against the weighting of the preferred option, and following consultation with the Region of Durham, MTO, and MECP and a review of defensibility, report to Council with respect to next steps and the financial impact of pursuing the Mid-Block and Thickson Road as an alternative for the Highway 7/12 route as part of the enhanced consultation.”



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Happy Holidays!

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NEAR RECORD HOME SALES, LOW INVENTORY SUSTAIN STRONG PRICE GROWTH

Home sales in the Greater Toronto Area (GTA) reached the second-highest level on record for the month of October. However, the inventory of homes for sale did not keep up with demand. The number of new listings was down by approximately one-third compared to October 2020. Market conditions tightened across all major home types compared to last year, and the annual rate of average price growth remained in the double digits, including for the resurgent condominium apartment segment.

“The only sustainable way to address housing affordability in the GTA is to deal with the persistent mismatch between demand and supply. Demand isn’t going away. And that’s why all three levels of government need to focus on supply. The federal government has stated that collaboration with provinces and municipalities is required. This collaboration could be spearheaded, at least in part, with housing related incentives tied to federal infrastructure investment,” said TRREB President Kevin Crigger.

GTA REALTORS® reported 9,783 sales through TRREB’s MLS® System in October 2021 – down by 6.9 percent compared to the October 2020 record of 10,503. A strong double-digit increase in condominium apartment sales mitigated annual declines in lowrise home sales. The number of

new listings entered into the system was down by almost a third over the same period, with consistent declines across all major home types.

The MLS® Home Price Index Composite Benchmark was up by 36.21 percent year-over-year for single family detached homes in Durham.

“The tight market conditions across all market segments and areas of the GTA is testament to the broadening scope of economic recovery in the region and household confidence that this recovery will continue. A key part of future economic development in the GTA will be the ability to provide adequate ownership and rental housing supply so that people can continue to move to the region to live, work and spend money in the local economy,” said TRREB Chief Market Analyst Jason Mercer.

“Provincial and municipal candidates in the 2022 Ontario elections need to put housing at the forefront of their campaign platforms. Both the ownership and rental markets have recovered from the relatively short-term effects of the pandemic, but competition for ownership and rental properties is once again tight. Ontarians need to be clear on what would-be policymakers will do to alleviate supply shortages and related affordability challenges,” said TRREB CEO John DiMichele.

For an update on the market and how it affects the value of your home when you sell! Call us at 905.409.6730

Wishing you and your Family a Merry Christmas and a Safe, Healthy, Happy New Year!

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*Existing homes + new construction, closed and pending for 2020. ** Photo similar to house to be built. Not intended to solicit those under contract.