

# SUMMER 2019 CATALOG



**Name:** *"It's Not Supposed to Be This Way"* by Lysa TerKeurst **SUN1**

**Leaders:** Denise Edlund

**Day:** Sundays – June 23<sup>rd</sup> – July 28<sup>th</sup>

**Time:** 9:00 – 10:00 AM

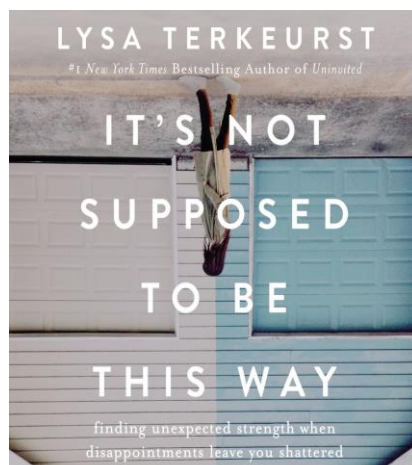
**Place:** CUMC

**Description:** Have you ever found yourself thinking, *"God, please don't let this be the way my story unfolds"*?

Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness.

Author Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God. In this book study, we are invited into Lysa's own journey of faith and, with gritty vulnerability, and honest humor, helps us to see our lives in the context of God's bigger story. Whether we're dealing with daily disappointments or life-altering loss, we can find unexpected strength as we learn what it means to wrestle well between our faith and our feelings.

**Purchase book Amazon/Barnes & Noble  
OR  
Listen to book on Audible (30 day free trial!)**



**Name:** Walking & Talking Group **TUE1**

**Leaders:** Nancy Wolski

**Day and Time:** Tuesday –7 weeks (June 18<sup>th</sup> – August 13<sup>th</sup> @ 8:00 AM)  
**\*NO MEETING ON June 16<sup>th</sup> & August 6<sup>th</sup>**  
Thursday – 7 weeks (June 13<sup>th</sup> – August 15<sup>th</sup> @ 6:30 PM)  
**\*NO MEETING ON July 4<sup>th</sup>, 18<sup>th</sup> and August 8<sup>th</sup>**

**Place:** Nearby Parks

**Description:** Spend part of your week walking and talking with friends! Join me each week for a walk in nature in some of our county parks. Each week we will venture to a different park, where we will walk 1-4 miles (the distance will be determined by the people that come each week). We will meet at the scheduled park at the times listed for that day.

**DID YOU KNOW ... that walking can help you ...**

- \*Maintain a healthy weight.
- \*Prevent or manage various conditions, including heart disease, high blood pressure and type 2 diabetes.
- \*Strengthen your bones and muscles.
- \*Improve your mood and release stress.
- \*Improve you balance and coordination.



**Come every week (one day or both), or just when you are able. It's fun and relaxing!**

**Name:** Simply Salad **WED1**

**Leaders:** Pastor Mao and Judy Larson

**Day:** Wednesday - 6 weeks (June 12<sup>th</sup> to July 18<sup>th</sup>)

**Time:** 6:00 – 7:30 PM

**Place:** CUMC

**Description:** Summer cooking should be simple, fun and great tasting! In this group you will be introduced to authentic salad dishes that is a meal or completes a meal. Pastor Mao will share her favorite Thai and Vietnamese rice noodles salad, and Judy will share her own Cobb salad recipes and more! Join us for fun, food, and fellowship!



**COST: \$10 for purchase of ingredients!**

**Sign Up Now!**

**Just put the CLASS CODE from the description inside on your communication card... OR You can register by contacting our office at (414) 421-0202; between 9:00 AM -1:00 PM**

**GROWTH GROUPS ARE A FUN WAY TO BUILD FRIENDSHIPS AND GROW IN YOUR FAITH!**

**IMPORTANT NOTES:**

- Unless otherwise noted, Growth Groups will begin the week of June 9<sup>th</sup>
- Growth Groups will last 6-12 weeks
- Your Growth Group leader will contact you with more details after you register
- Class materials will be ordered by your Growth Group leader
- Register by putting the class code on your Communication Card or by calling the church office at 414 421-0202 between 9:00 AM and 1:00 PM, Monday – Friday
- Class size is limited, so sign-up TODAY!