

Beverly A. Januszewski, Ph.D.,
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LICENSURE

Psychologist, State of California Board of Psychology, 1999

EDUCATION

- 1997 **Alliant University (formerly California School of Professional Psychology), Alameda, CA.** Doctorate in Clinical Psychology from an APA-accredited program.
- 1990 **Smith College, Northampton, MA.** Bachelor of Arts in Psychology and Music.

PROFESSIONAL EXPERIENCE

- 2001 – present **Private Practice, Ventura, CA.**
- Psychological and Educational Evaluations and Consultations with children, adolescents, and adults. This includes: complex psychological issues, giftedness, learning disorders, behavioral disorders, ADHD, trauma, and attachment disorders. Referrals are often from schools/colleges, medical/therapy providers, private referrals, attorneys, Juvenile Probation, and Dependency Court.
 - Psychotherapy, Individual and Family Therapy with children, adolescents, and adults. Areas of specialty include: social/emotional aspects of giftedness, ADHD, depression and anxiety disorders, PTSD, trauma, chemical dependency, relationship issues, behavioral disorders, parenting, and gender issues. I maintain close collaboration with psychiatrists, medical providers, and school staff.
 - Presentations. Recent talks include: Teen Depression & Suicide Prevention; Parents' Role in Gifted Children's Emotion Regulation; Social/Emotional Needs of Gifted Children; and ADHD: What We Parents, Teachers, and Professionals Can Do.
 - College Preparedness Consultations and Evaluations. Recent talk: Launching Your Student to College: Is Your Family Prepared?
- 1/08 – 10/08 **Cate School, Carpinteria, CA.** *Counselor* at a college preparatory school on a short-term basis. Provided counseling to students; provided consultation and psychoeducation to advisors, teachers, and administration; and interfaced with students' parents.
- 11/00 – 03/05 **Ventura County Behavioral Health: Children's Options Program, Ventura, CA.** *Senior Psychologist* at a public outpatient clinic for

emotionally disturbed children, adolescents, and their families. Provided individual, family, and group therapy. Conducted psychological testing, intake evaluations, and Chapter 26.5 Assessments. I developed an emphasis on adolescent girls with serious psychiatric co-morbidity.

9/98 – 11/00

Kaiser Permanente, Chemical Dependency Services, Hayward, CA. *Licensed Psychologist* at an outpatient chemical dependency clinic, in both the adult and adolescent chemical dependency programs.

Provided individual, family, and group therapy (approx 6 groups weekly). Conducted intake evaluations, psychological testing, consultation to Kaiser Hospital, and crisis intervention at Kaiser Emergency Room.

9/97 – 8/98

Stanford Alcohol and Drug Treatment Center, Department of Psychiatry, UCSF/Stanford Health Care Services, Stanford, CA. *Postdoctoral Fellow* at a day treatment chemical dependency clinic, in both the adolescent and adult programs. Provided individual, family, and group therapy. Conducted intake evaluations, psychological testing, community outreach presentations, and consultation to Stanford Hospital.

9/96 – 8/97

Camarillo State Hospital and Developmental Center, Camarillo, CA. *Psychological Intern* at an APA-accredited pre-doctoral psychology internship program. Eight-month rotation in the Child and Youth Program, on an adolescent boys' unit. Provided individual, family, and group therapy. Conducted 15 psychological testing batteries.

Four-month, external rotation at **Napa State Hospital, Napa, CA**, on an adult male Forensic Psychology Unit (P.C. 1026, Not Guilty by Reason of Insanity). Provided individual and group therapy. Conducted psychological testing.

9/95 – 6/96

Central Contra Costa County Community Mental Health: Child, Adolescent, and Family Services, Concord, CA. *Psychology Intern* at a public outpatient clinic for children and their families. Provided individual and family therapy. Conducted psychological testing.

9/94 – 8/95

Institute for the Psychology of Women, Psychological Services Center, Alameda, CA. *Advanced Practicum Student* at an outpatient clinic for adults, focusing on women's issues. Provided individual and couples therapy, and facilitated a geriatric therapy group.

9/93 – 8/94

Institute for the Arts of Living, San Francisco, CA. *Practicum Student* at a day treatment program for severely emotionally disturbed adolescents.

WORK EXPERIENCE

- 6/95 – 9/95 **Institute for the Arts of Living, San Francisco, CA.** *Activities Therapist* at a day treatment program for severely emotionally disturbed adolescents.
- 10/90 – 9/95 **Edgewood Children’s Center, San Francisco, CA.** *Child Care Worker* at a residential treatment center for children.
- 6/91 – 12/91 **Clausen House, Oakland, CA.** *Vocational Specialist* at an outpatient facility for developmentally disturbed adults.
- 6/90 – 9/90 **Interface: Children’s Crisis Treatment Home, Camarillo, CA.** *Child Care Worker* at a shelter group home for adolescents.
- 6/90 – 9/90 **Camarillo State Hospital and Developmental Center, Camarillo, CA.** *Student Assistant* on a geropsychiatric unit.
- 6/89 – 9/89 **Massachusetts Mental Health Center, Boston, MA.** *Milieu volunteer* on a day treatment unit for adults.

TEACHING EXPERIENCE

- 2016 – 2017 **Cal Lutheran University, Psychology Doctoral Program.** *Supervisor* in their Psychological Assessment training program.
- 2000 – 2005 **Ventura County Behavioral Health.** Presentations to staff on the following topics: Rorschach, Psycho-Educational Testing Reports, Achenbach System of Empirically Based Assessment, Psychological Assessment (series of 5 lectures), and Substance Abuse and the Family.
- 9/95 – 5/96 **Psychodiagnostic Assessment Seminar. California School of Professional Psychology, Alameda, CA.** *Teaching Assistant.*
- 9/93 – 5/94 **California School of Professional Psychology, Alameda, CA.** *Statistics Tutor.*

RESEARCH EXPERIENCE

- 1997 – 1998 **Stanford Alcohol and Drug Treatment Center, Department of Psychiatry, UCSF/Stanford Health Care Services, Stanford, CA.** Assisted in writing a treatment manual for Interactive Group Therapy for Chemically Dependent Adults.
- Januszewski, B. (1997). Associations between attachment representations and patterns of sexuality. Unpublished doctoral dissertation, California School of Professional Psychology, Alameda, CA.

1994 – 1996 **California School of Professional Psychology, Alameda, CA.**
Research Project Co-Coordinator: Attachment, emotions, and health.

Auburn {Januszewski}, B. (1990). The Affective and theoretical parameters of music: Musical mood induction. Unpublished undergraduate special studies, Smith College, Northampton, MA.

PROFESSIONAL AFFILIATIONS

2000 – Present Ventura County Psychological Association

2009 – Present Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

2014 – Present Supporting Emotional Needs of the Gifted (SENG)

2014 – Present National Association for Gifted Children (NAGC)

1993 – 2016 California Psychological Association

1995 – 2014 American Psychological Association

1997 – 2000 Northern California Group Psychotherapy Association

REFERENCES Available upon request.