

PRAYER LIST

Take a page and divide it into four sections: New Prayer Requests, Ongoing Prayer Requests, Answers to Prayer, and Praises. You may want to keep a page for several weeks or a month. You may want to put a – next to each request and as there are answers to prayer change the – to a +. Prayer journals can be purchased through various sources (i.e. Amazon.com “My Prayer Journal”).

You may want to develop a prayer list with photographs rather than with names and specific request. Place them in a small photo album and let them lead you as you spend time praying for others.