

# LATINA POWER! (*LATINA ES PODER!*)

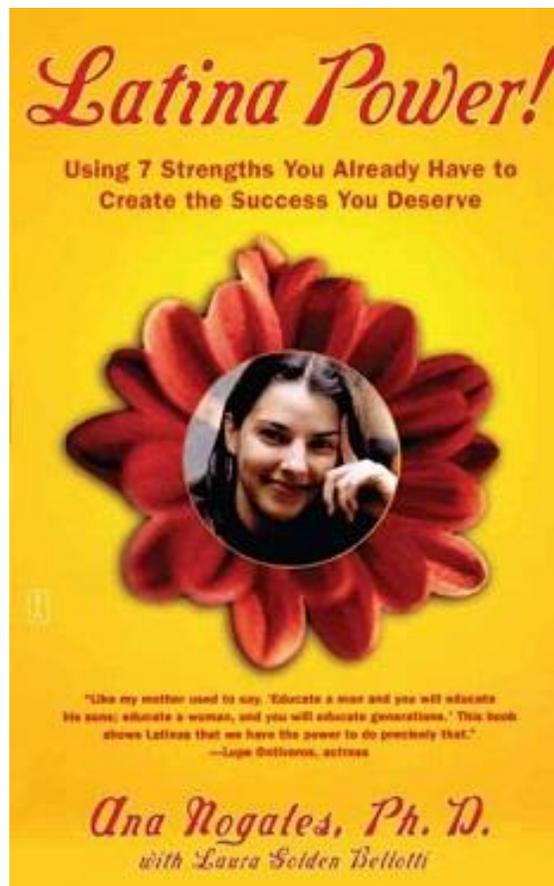
USING 7 STRENGTHS YOU ALREADY HAVE TO CREATE THE SUCCESS YOU DESERVE

**AVAILABLE IN SPANISH / *Disponible en Español***

In this empowering guide, Dr. Ana Nogales encourages Latinas to move beyond their expected roles and become the women they wish to be by embracing the seven traits they inherit naturally from their Latino culture:

- Espíritu Creativo (Creative Spirit)
- The Aguantadora's (Survivor's) Passionate Determination
- The Comadre's (Girlfriend's) Networking Ability
- The Diplomática's (Diplomat's) Discretion
- The Atrevida's (Risktaker's) Courage
- The Malabarista's (Multitasker's) Balance
- La Reina's (A Diva's) Confidence

Each chapter features an interactive element, including a quiz to determine how strong each attribute is in the reader's own personality, plus exercises to reinforce each trait. Filled with the personal stories of successful Latinas, including novelist Isabelle Allende, TV journalist Cristina Saralegui, Congresswomen Loretta and Linda Sánchez, *Latina* magazine founder Christy Haubegger, and entertainer Jaci Velásquez, *Latina Power* inspires readers to vigorously pursue their own dreams.



## Purchasing Information:

Please contact (714) 667-5220 or [info@casadelafamilia.org](mailto:info@casadelafamilia.org) to purchase *Latina Power!* (*Latina es Poder!*).

Book can be shipped immediately. Please indicate whether English or Spanish (*or both*).

## Book Presentations by Dr. Ana Nogales:

For information on how schedule Dr. Nogales for a presentation of the book and topic, please contact Natalie McFee: [nmcfee@nogalespsychological.com](mailto:nmcfee@nogalespsychological.com).