

Education: MA in Marriage & Family Therapy from University of Phoenix-Sacramento Campus and BA in Psychology from SUNY Plattsburgh. Marriage & Family Systems Theory, Motivational Interviewing I, Moral Reconciliation Therapy, Grief & Loss.

Previous Experience: Mental Health & Forensic Clinician providing individual, group, and family therapy. Peer Recovery Oriented Services Advisor providing Clinical Treatment for individuals suffering from persistent mental health issues in a group setting. Marriage & Family Therapist providing Clinical Treatment for individuals and families in an acute care setting while connecting them to the appropriate resources to assist with life stressors.

Areas of Focus: Young adult males struggling with depression and maladaptive behavior. Couples/families experiencing stage of life changes and communication issues. Persistent mental health issues impairing daily functioning. Individuals with a history of co-occurring disorders.