



*inspiring girls*  
TO BE JOYFUL, HEALTHY AND CONFIDENT!

At Girls on the Run, we find strength in our core values. They emanate from the depths of the organization's soul and promote a feeling of oneness. When facing difficulties, our core values light our path and steer us forward in a single direction. We strive to:

1. Recognize our power and responsibility to be intentional in our decision making
2. Embrace our differences and find strength in our connectedness
3. Express joy, optimism and gratitude through our words, thoughts and actions
4. Nurture our physical, emotional and spiritual health
5. Lead with an open heart and assume positive intent
6. Stand up for ourselves and others

We can see the power of our core values in action over the course of the past 20 years. From coast to coast, our staff and volunteers have built Girls on the Run into a positive force for good that is creating significant social capital in the communities we serve. We remain steadfast in our commitment to provide an inclusive, safe place for all girls to thrive. More than any other time in our history, we have a profound responsibility to extend our reach and do everything we can to make a difference in the lives of the girls and women who need us the most.

Our mission and vision are vital to the health of our nation, and Girls on the Run has a critical role to play in the years ahead. As our country experiences uncertainty and divisiveness, the relevance of our program outcomes – confidence, caring, character, competence and contribution – are greater than ever.

Many things in life are beyond our control. What we can control is our ability to stay true to our core values. As the leaders of Girls on the Run, we serve as role models for our girls, coaches and families, exemplifying the ideals we teach about empathy, belonging and inner strength. Now more than ever, we are each a ray of light and a beacon of hope for those who are feeling excluded, experiencing fear or questioning their safety.

Thank you for bringing your wisdom, optimism and power to this organization and to the communities you serve each day. Together, we are united in our commitment to building a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams. Together, we will make the world a better place.

Sincerely,  
Elizabeth Kunz  
CEO

THANK YOU TO OUR NATIONAL PARTNERS!



Girls on the Run is inspiring future generations of girls. [Donate Today.](#)