

# Psych Pointe of Florida

## PATIENT INFO

FIRST NAME		M.I.	LAST NAME	
EX	Male      Female	DOB:		SOCIAL SEC NO.
DRIVER'S LICENSE NO.		HOW DID YOU HEAR ABOUT US?		
STREET ADDRESS			APT NO.	
CITY		ZIP CODE		
HOME PHONE		May we leave a message?	Yes	
CELL PHONE		May we leave a message?	Yes	
WORK/OTHER PHONE		May we leave a message?	Yes	
EMAIL ADDRESS		May we email you?	Yes	
EMPLOYER NAME(S) & ADDRESS(ES):				

### IF UNDER 18, NAME OF PARENT(S)/GUARDIAN(S)

FIRST NAME	M.I.	LAST NAME
RELATIONSHIP	PHONE NUMBER	
FIRST NAME	M.I.	LAST NAME
RELATIONSHIP	PHONE NUMBER	

## EMERGENCY CONTACT

NAME	RELATIONSHIP	PHONE NUMBER
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## AUTHORIZATION & CONSENT FOR TREATMENT

By signing below, I hereby authorize the providers of this facility to provide treatment according to my medical diagnosis and/or mental health.

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\_\_\_\_\_  
 PATIENT SIGNATURE (PARENT/GUARDIAN SIGNS IF PATIENT IS UNDER 18)      DATE

OFFICE USE ONLY		
DATE OF INTAKE	PATIENT PROVIDER(S)	CHART ID NO.

**BILLING GUIDELINES:** Please read the following information carefully and initial in the spaces provided to acknowledge you understand your responsibility.

- We will collect your deductible, copay, or percentage (if PPO) at the time of service. Please be prepared to pay with cash, debit card/credit card (Visa, MasterCard or Discover).
- Please bring all insurance information with you to your visit. Please be aware of your insurance benefits before you come in to our office as it is ultimately your responsibility for anything not covered by insurance.
- You will need to contact your insurance company to find out if you need to obtain authorization for Mental Health services. If you obtain an authorization number, please bring it with you to your first visit.
- If your insurance changes, you will need to advise us immediately as your new insurance might not pay if the company requires an authorization for services.
- If your insurance company gives you a limited number of visits, you will need to keep track of how many of those visits you have used.
- Your insurance will send you an explanation of benefits defining what they have paid to our office. If you do not agree with the explanation of benefits, you will need to contact your insurance company.
- Please be aware that as a courtesy we try to call the 1-4 days before your appointment to remind you of your appointment; however, it is ultimately your responsibility to remember your own appointments. **ALL APPOINTMENTS MUST BE CANCELED 24-HOURS IN ADVANCE OR GUARANTOR WILL BE CHARGED THE STANDARD OFFICE FEE.** This includes any "no-show" appointments. This fee must be paid before seeing the doctor for your next visit.

**ASSIGNMENT OF INSURANCE:** Are you using your insurance for this visit and follow-ups? Yes  No

INSURANCE COMPANY		PROVIDER TELEPHONE NO.	
MEMBER ID #		GROUP #	
PRIMARY INSURANCE HOLDER'S NAME		PRIMARY INSURANCE HOLDER'S DATE OF BIRTH	
PRIMARY INSURANCE HOLDER'S SOC SEC #		PATIENT'S RELATIONSHIP TO PRIMARY INSURANCE HOLDER	
AUTHORIZATION # (IF APPLICABLE)		AUTHORIZED # OF VISITS	

In making this assignment, I understand and agree that if payment is not received from my insurance company within 45 days of the date of service, I am aware that I am fully responsible for the entire balance.

x  
 \_\_\_\_\_  
 PATIENT SIGNATURE (PARENT/GUARDIAN SIGNS IF PATIENT IS UNDER 18)      DATE

**SELF-PAYMENT AGREEMENT (IF NOT USING INSURANCE):** I have agreed to accept full responsibility for payment of any charges incurred at this facility and I have agreed to pay for these services in full at time of service.

x  
 \_\_\_\_\_  
 PATIENT SIGNATURE (PARENT/GUARDIAN SIGNS IF PATIENT IS UNDER 18)      DATE

of

**MEDICAL HISTORY**

Please check all of these that you have now (present) and/or have had in the past. If it occurred in the past, please indicate the age when it was happening.

PRESENT	PAST	AGE	
			head injury
			unconsciousness
			high fevers
			loss of appetite
			weight gain/loss
			frequent headaches
			seizures
			fainting/dizziness
			stroke
			crying spells
			heart trouble
			rheumatic fever
			high blood pressure
			chest pain
			asthma
			shortness of breath
			hives/rashes
			sleep disorders
			nightmares
			night sweats

PRESENT	PAST	AGE	
			bed-wetting/soiling
			arthritis
			back problems
			cancer
			tuberculosis
			stomach problems
			liver trouble
			hepatitis/jaundice
			kidney trouble
			bowel problems
			bladder problems
			diabetes
			thyroid problems
			unusual bleeding
			gynecological problem
			premenstrual syndrome
			pos for AIDS antibody
			sexual dysfunction
			other:
			other:

**REASON FOR SCHEDULING YOUR APPOINTMENT TODAY**

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How long has this been a problem?

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**MENTAL HEALTH TREATMENT HISTORY**

DOCTOR or THERAPIST NAME/LOCATION	DATES SEEN		PROBLEM
	FROM	TO	

**PAST HOSPITALIZATIONS**

<u>HOSPITAL NAME/LOCATION</u>	<u>DATES SEEN</u>		<u>REASON FOR HOSPITALIZATION</u>
	<u>FROM</u>	<u>TO</u>	

1. Are you currently taking any prescription or over-the-counter (OTC) medication? No  
 Yes, please list:

<u>MEDICATION</u>	<u>DOSAGE</u>	<u>FREQUENCY/TIMES</u>	<u>PRESCRIBED (LIST DOCTOR) OR OTC?</u>

2. Have you ever been prescribed psychiatric medication? C] No Yes, please list:

<u>MEDICATION</u>	<u>DOSAGE</u>	<u>FREQUENCY/TIMES</u>	<u>PRESCRIBED (LIST DOCTOR) OR OTC?</u>

3. How would you rate your current physical health? (Please check one)  
 Poor     Unsatisfactory     Satisfactory     Good C]  Very good

Please list any health problems you are currently experiencing:

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4. How would you rate your current sleeping habits? (Please check one)  
 Poor C]  Unsatisfactory C]  Satisfactory     Good     Very good

Please list any specific sleep problems you are currently experiencing:

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5. How many times per week do you generally exercise? \_\_\_\_\_

What types of exercise do you participate in?

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6. Please list any difficulties you experience with your appetite or eating patterns:

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7. Are you currently experiencing overwhelming sadness, grief, or depression? No Yes If yes, for approximately how long?

8. Are you currently experiencing anxiety, panic attacks, or have any phobias? No C] Yes

If yes, when did you begin experiencing this? \_\_\_\_\_

9. Are you currently experiencing any chronic pain? No a Yes

If yes, please describe: \_\_\_\_\_

of?

10. Do you drink alcohol more than once a week? C] No a Yes

11. How often do you engage in recreational drug use? (Please check one)

Daily C] Weekly C] Monthly C] Infrequently Never

12. Are you currently in a romantic relationship? No Yes If yes, for how long?

\_\_\_\_\_

On a scale of 1-10, how would you rate your relationship? \_\_\_\_\_

13. Are you currently employed? No Yes

If yes, what is your current employment situation?

\_\_\_\_\_

Do you enjoy your work? Is there anything stressful about your current work?

\_\_\_\_\_

14. Do you consider yourself to be spiritual or religious? No a Yes

If yes, please describe your faith or belief: \_\_\_\_\_

15. What do you consider to be some of your strengths?

\_\_\_\_\_

16. What do you consider to be some of your weaknesses?

\_\_\_\_\_

### FAMILY MENTAL HEALTH HISTORY

In the section below, please identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

	YES	NO	LIST FAMILY MEMBER (e.g. father, mother, sibling, etc.)
Alcohol/Substance Abuse			

Anxiety		
Depression		
Bipolar/Mania		
Domestic Violence		
Eating Disorders		
Obesity		
Obsessive Compulsive Disorder		
Schizophrenia		
Suicide Attempts		

**LIMITS OF CONFIDENTIALITY:**

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

**Duty to Warn & Protect**

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In case in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

**Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or a child (or vulnerable adult) is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

**Prenatal Exposure to Controlled Substances**

Mental Health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

**Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

**Insurance Providers (when applicable)**

Insurance companies and other third-party payers are given information that they request regarding services to clients. The information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

BY SIGNING BELOW, I AGREE TO THE ABOVE LIMITS OF CONFIDENTIALITY AND UNDERSTAND THEIR MEANINGS AND IMPLICATIONS.

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PATIENT SIGNATURE (PARENT/GUARDIAN SIGNS IF PATIENT IS UNDER 18)      DATE

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**ACKNOWLEDGEMENT OF PRIVACY PRACTICES:**

January 2016

Dear Patients,

This is a formal memo to all patients regarding new office policies and confirmation of previous policies that will be enforced as of January 2016.

- All letters needed from the doctor will have a fee of \$25. o All forms/paperwork needed MUST be approved by the doctor and will have a fee of \$200, No Exceptions.
- The doctor does not fill out anything for disability/social security benefits, or anything court ordered.
- If a patient runs out of medication and does not come in for their routine appointment with the doctor, Upon Approval form Dr Quadri — there will be a \$25 fee to call in medications to the pharmacy.
- If an appointment is cancelled the same day/with less than 24 hours notice, there Will be a \$50 'No Show/Missed Visit' fee. (Please be advised that appointment reminder calls are a Courtesy).
- Be aware that the doctor may order a urine drug screen at any time based on treatment and medications.

By signing this memo, you agree to the above terms/policies of this practice.

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Patients Signature

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Date



I understand that under the Health Insurance Portability & Accountability Act of 1996

(HIPAA), I have certain rights to privacy regarding my protected health information (PHI). I understand that this information can and will be used to

- Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment, directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment or health care operations and I understand that you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

BY SIGNING BELOW, I ACKNOWLEDGE THAT the Notice of Privacy Practices contains a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its Notice of Privacy Practices and that I may contact this organization at any time or visit our web site

([www.milleniapsych.com](http://www.milleniapsych.com)) to obtain a current copy of the Notice of Privacy Practices.

C] I have requested and received a copy of the organization's Notice of Privacy Practices.

OR

CI I have declined a copy of the organization's Notice of Privacy Practices.

\_\_\_\_\_  
PATIENT SIGNATURE (PARENT/GUARDIAN SIGNS IF PATIENT IS UNDER 18)

\_\_\_\_\_  
DATE

**PSYCH POINTE OF FLORIDA**  
**MEDICATION CONSENT**

PT. NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

**SSRIS/SNRIS**

Risks, benefits and side effects including risk of falls, nausea, weight gain, abdominal pain, cardiac arrhythmias, liver toxicity and liver failure. Serotonin Syndrome, teratogenicity, vomiting and headaches discussed, and patient gives full informed consent.

**ANTIPSYCHOTICS:**

Risks, benefits and side effects including of abdominal pain, nausea, QT prolongation, EPS, TD'S, AIMS, Metabolic syndrome, prolactinemia, galactorrhea, gynecomastia, weight gain, vomiting, liver toxicity and liver failure and headaches discussed, and patient gives full informed consent.

**MOOD STABILIZER:**

Risks, benefits and side effects including of falls, rash, Steven Johnson's syndrome, metabolic syndrome, prolactinemia, galactorrhea, weight gain, vomiting, renal/liver toxicity and renal/liver failure and headaches discussed, and patient gives full informed consent.

**STIMULANT/WELLBUTRIN**

Risks, benefits and side effects including risk of falls, nausea, weight gain, abdominal pain, loss of sleep. Loss of appetite, psychosis, palpitations, increased risk of sudden death, liver toxicity, and liver failure, discussed and patient gives full informed consent.

**BENZO'S/VISTARIL**

Risks, benefits and side effects including of falls, nausea, vomiting, abdominal pain, drowsiness, tolerance, addiction, loss of appetite, psychosis, palpitations, increased risk of sudden death, liver toxicity and liver failure discussed, and patient gives full informed consent.

Patient's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Psych Pointe of Florida

5979 Vineland Road Ste. # 109 Orlando, FL 32819 - P: 407-270-7702 F: 407-270-7705  
Syed O. Quadri, MD - Tachaeana Anderson, ARNP - Tonya King, ARNP - Willem Limage, ARNP -  
Salema Watts, ARNP - Randie Morillo, LCSW - Michael Kellogg, LMHC - Michael Gilman, MS,  
CAP

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### AUTHORIZATION TO RELEASE/EXCHANGE CONFIDENTIAL INFORMATION

This form cannot be used for the re-release of confidential information provided to the Counseling Center by other individuals or agencies. Such requests should be referred to the original individual or agency.

I \_\_\_\_\_ authorize the Psych Pointe of Florida to:

\_\_\_\_\_ release to: \_\_\_\_\_

\_\_\_\_\_ obtain from: \_\_\_\_\_

\_\_\_\_\_ exchange with: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax: \_\_\_\_\_

the following information pertaining to myself:

\_\_\_\_\_ history/initial consultation

\_\_\_\_\_ psychiatric evaluation/medication history

\_\_\_\_\_ treatment summary & progress notes

\_\_\_\_\_ diagnosis & lab reports

\_\_\_\_\_ psychiatric & psychological test results

\_\_\_\_\_ dates of treatment attendance

\_\_\_\_\_ other (specify) \_\_\_\_\_

for:

\_\_\_\_\_ evaluation/assessment and/or coordinating treatment efforts

\_\_\_\_\_ other (specify) \_\_\_\_\_

This consent will automatically expire Three (3) years after the date of my signature as it appears below, or on the following earlier date, condition, or event \_\_\_\_\_.

I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

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Print name \_\_\_\_\_ Signature of Client \_\_\_\_\_ Date \_\_\_\_\_

# Mood Disorder Questionnaire (MDQ)

The MDQ can help your doctor determine what type of mood disorder you may be experiencing.

Your Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Please check one answer for each question.

**1. Has there ever been a period of time when you were not your usual self and...**

- |  |                           |                          |
|--|---------------------------|--------------------------|
| ...you felt so good or so hyper that other people thought you were not your normal self, or you were so hyper that you got into trouble? | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were so irritable that you shouted at people or started fights or arguments?  | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you felt much more self-confident than usual?   | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you got much less sleep than usual and found you didn't really miss it?   | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were much more talkative or spoke faster than usual?  | <input type="radio"/> Yes | <input type="radio"/> No |
| ...thoughts raced through your head or you couldn't slow your mind down?   | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were so easily distracted by things around you that you had trouble concentrating or staying on track?                            | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you had much more energy than usual?  | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were much more active or did many more things than usual?   | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?                     | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you were much more interested in sex than usual?  | <input type="radio"/> Yes | <input type="radio"/> No |
| ...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?                   | <input type="radio"/> Yes | <input type="radio"/> No |
| ...spending money got you or your family into trouble?   | <input type="radio"/> Yes | <input type="radio"/> No |

2. If you checked "Yes" to more than one of the above, have several of these ever happened during the same period of time?  Yes  No

3. How much of a problem did any of these cause you—like being unable to work; having family, money, or legal troubles; getting into arguments or fights?

- No problem       Minor problem       Moderate problem       Serious problem

—Adapted with permission from Robert M. A. Hirschfeld, MD.

## Depression Questionnaire

Answer the questions below and share them with your doctor if you believe you are suffering from symptoms of depression.

Please note that this questionnaire is not a formal diagnostic tool or substitute for medical advice. Only a doctor can diagnose and treat depression.

**Over the last 2 weeks, how often have you been bothered by any of the following problems?**

*(Use "✓" to indicate your answer)*

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Feeling down, depressed, or hopeless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Trouble falling or staying asleep, or sleeping too much	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Feeling tired or having little energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Poor appetite or overeating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Moving or speaking so slowly that other people have noticed, or being so fidgety or restless that you have been moving around a lot more than usual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Thoughts that you would be better off dead or of hurting yourself in some way*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

\*If you or someone you know is having suicidal thoughts, talk to someone who can help. Call your doctor or 1-800-273-TALK (8255).

A person with depression must have 5 or more of the symptoms listed above, which must be present for at least 2 weeks and represent a change from previous functioning. At least one of the symptoms must be either question 1 or 2.

Source: American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition*. Washington, DC: American Psychiatric Association; 2013.

**If you checked off any of the problems above, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?**

Not difficult at all       Somewhat difficult       Very difficult       Extremely difficult

Adapted from The Patient Health Questionnaire-9.

**Talking with your doctor can be an important first step toward learning more about depression and available treatment options.**