

CURRICULUM VITAE

CAROLINE R. TRIEPEL, MD, FAAOS, CAQH

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ORTHOPEDIC HAND SURGEON

Dedicated orthopedic, fellowship-trained hand surgeon with a proven track record of success providing dynamic, collaborative, and innovative patient care. Specialize in musculoskeletal issues pertaining to the hand, wrist, forearm and elbow. Dedicated to her patients and outcomes prove it. Possesses a leadership approach with a talent for communicating effectively and motivating personnel to perform at high levels through training,

CORE SKILLS & KEY COMPETENCIES

- Best Practices
- Board Certified
- Clinical & Non-Clinical
- Collaboration & Outreach
- Diagnosis & Prognosis
- Electronic Health Records
- Health Assessments
- Healthcare Policy
- Insurance Knowledge
- Leadership & Mentorship
- Life Planning
- Patient Education & Engagement
- Preoperative & Postoperative Procedures
- Research & Analysis
- Strategic Communication
- Surgical & Nonsurgical Treatment
- Treatment Plan Development

RELEVANT PROFESSIONAL EXPERIENCE

WEATHERBY HEALTHCARE

McLeod Orthopedics
Hand Surgeon

Florence, SC | 2024-present

Leadership & Mentorship | Surgery | Patient Care | Clinical & Nonclinical | Innovation | Best Practices

Selected Contributions:

- Successfully adapted to new clinical systems and patient populations within a short period of time
- Orthopedic hand surgeon specializing in musculoskeletal issues. Dealt with patient issues pertaining to hand, wrist, forearm and elbow
- Operated on patients to correct deformities, repair injuries, prevent and treat diseases, or improve or restore patient's functions
- Examined patients and analyzed medical history, medication allergies, physical condition, and examination results to verify operation's necessity and surgical risk
- Ordered and interpreted results of laboratory tests and diagnostic imaging procedures
- Prescribed preoperative and postoperative treatments and procedures, such as antibiotics, or preparation and treatment of patient's operative area
- Directed and coordinated activities of assistants, specialists, residents, and other medical staff
- Provided consultation and surgical assistance to other physicians and surgeons

TPMG HAND, WRIST AND ELBOW SURGERY

Hand Surgeon

Virginia Beach, VA | 2022 – 2024

SENTARA HAND SURGERY SPECIALISTS

Hand Surgeon

Norfolk, VA | 2009 – 2021

LEADERSHIP & ADMINISTRATIVE EXPERIENCE

EASTERN VIRGINIA MEDICAL SCHOOL Community Faculty	Norfolk, VA 2024-present
SENTARA HOSPITAL NORFOLK Sentara Medical Director of Hand Therapy (2013 – 2021) Orthopaedic Chairman (2014, 2017) Medical Executive Committee (2014, 2017) Quality Committee (2011 – 2013) Credentials Committee (2010 – 2012)	Norfolk, VA 2010 – 2021
AMERICAN SOCIETY FOR SURGERY OF THE HAND Government Affairs Committee	Chicago, IL 2015 – 2016
NORFOLK ACADEMY OF MEDICINE President (2016); Secretary (2015)	Norfolk, VA 2015 – 2016
AMERICAN ACADEMY OF ORTHOPEDIC SURGEONS Advocacy Resources Committee	Rosemont, IL 2013 – 2015

APPLICABLE EARLY MEDICAL CAREER HISTORY

THE HAND CENTER Hand Surgeon	Greenville, SC 2005 – 2009
1ST AEROSPACE MEDICAL SQUADRON FLIGHT CLINIC Officer in Charge	Hampton, VA 1998 – 1999
LANGLEY AIR FORCE BASE Pharmacy And Therapeutics Committee	Hampton, VA 1997 – 1999
71ST FIGHTER SQUADRON Flight Surgeon	Hampton, VA 1996 – 1999
1ST AEROSPACE SQUADRON Flight Surgeon	Hampton, VA 1995 – 1996

FORMAL EDUCATION, SPECIALIZED TRAINING & CERTIFICATIONS

UNIVERSITY OF VIRGINIA – MEDICAL SCHOOL Doctor of Medicine	Charlottesville, VA 1994
UNIVERSITY OF VIRGINIA Bachelor of Arts, Echols Scholar	Charlottesville, VA 1990

POSTDOCTORAL TRAINING

TUFTS UNIVERSITY SCHOOL OF MEDICINE Fellowship: Hand and Upper Extremity	Boston, MA 2004 – 2005
WAKE FOREST UNIVERSITY BAPTIST MEDICAL CENTER Residency: Orthopedic Surgery	Winston Salem, NC 2000 – 2004

USAF DAVID GRANT MEDICAL CENTER
Internship: Family Practice

Fairfield, CA | 1994 – 1995

CERTIFICATIONS

- Board-certified in Orthopedic Surgery (ABOS). Initial certification: 7/13/2007. Recertification: 1/1/2018
- Certificate of Added Qualification (CAQ) in Hand Surgery. Initial: 8/2/2008. Recertification: 1/1/2018

HONORS & AWARDS

COASTAL VIRGINIA , Top Docs	Hampton Roads, VA 2019, 2021-2024
COASTAL VIRGINIA , All-Star Top Docs	Hampton Roads, VA 2022
YWCA , Dream Achiever	Greenville, SC 2008
U.S. AIR FORCE , Air Force Achievement Medal	Hampton, VA 1996 – 1997
U.S. AIR FORCE , U.S. Air Force Health Professional Scholarship	Hampton, VA 1990 – 1994
UNIVERSITY OF VIRGINIA , Echols Scholar	Charlottesville, VA 1986 – 1990

RESEARCH PUBLICATIONS & PRESENTATIONS

PUBLICATIONS:

Koman, L.A. & Triepel, C.R. Electrophysiologic Aid in Nerve Repair. *Operative Techniques in Orthopaedic*. July 2004, Vol. 14, Issue 3: 179-183.

Triepel, C.R. & Ruch, D.S. Open Reduction and Internal Fixation of Acute Scapholunate Tears. *Atlas of the Hand Clinics*. Sept. 2003, Vol. 8, No.2:209-216.

Ruch, D.S. & Triepel C.R. Hinged Elbow Fixation for Recurrent Instability Following Fracture Dislocation. *Int. J Care Injured* 32. (2001) S-D70-S-D78.

PRESENTATIONS:

Triepel, C.R. Carpal Tunnel Syndrome. Demystify the Wrist. Winston-Salem, NC. January 14, 2006.

Ruch, D.S. & Triepel, C.R. Scapholunate and Dorsal Intercarpal Ligament Repair for the Treatment of Complete Static Scapholunate Dissociation. Ruth Jackson Orthopaedic Society. Chicago, Illinois. October 2001.

Ruch, D.S. & Triepel C.R. Hinged Elbow Fixation for Recurrent Instability Following Fracture Dislocation. *American Association for Hand Surgery*. San Diego, California. January 11, 2001.

Ruch, D.S. & Triepel, C.R. Scapholunate and DIC Ligament Repair for the Treatment of Complete Static SL Dislocation. *American Association for Hand Surgery*. San Diego, California. January 11, 2001.

PROFESSIONAL AFFILIATIONS PAST & PRESENT

NORFOLK ACADEMY OF MEDICINE , Member	Norfolk, VA 2010 – Present
AMERICAN SOCIETY FOR SURGERY OF THE HAND , Member	Chicago, IL 2005 – Present
AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS , Fellow	Rosemont, IL 2004 – Present

PAST ENDEAVORS

NORFOLK ACADEMY OF MEDICINE , President	Norfolk, VA 2017 – 2018
NATIONAL PHYSICIANS COUNCIL FOR HEALTHCARE POLICY , Member	Washington, DC 2013 – 2017