

# TASC TIMES

MAY 2019

## CALENDAR DETAILS

May 3—Make and decorate a stepping stone. (This would make a great Mother's Day gift!) Cost is **\$10 due by April 26th**.

May 17—Make your own Mason jar sun catcher. Cost is **25 cents due by May 10th**.

May 17—We will be hiking the trails and enjoying a picnic at Effigy Mounds. Cost is **\$5.00 due by May 10th**.

May 24—We will be having an afternoon dance. Wear red, white and blue.

May 29—Meal of the Month: walking tacos, fruit, and dessert. **\$6.00 due by May 22nd**.

May 31—Ross Geerdes will be coming in to talk to us about spring.

May 31—Enjoy go carts and mini golf at Prairie Fun Land in Prairie du Chien. Cost is **\$25** which includes lunch. Money is **due May 24th**.

\* Please bring a box of tissues to keep at the center.

## FITNESS CORNER

- Exercise & Health Sessions offered at
  - 9:00am-10:15am
  - 10:30am-11:30am
  - 12:30pm-1:30pm
  - 1:30pm-2:30pm



Around the World Challenge Update:  
143 miles—It's warming up! Get outside and exercise. Fresh air gives you energy!  
Drawing winner—Jay

## STARS OF THE MONTH

*Jobsite:* Dominika

*Attendance:* Glen

*Extra Mile:* Wade

*Positive Relations:* Maria

## CALENDAR DETAILS

Monday	Tuesday	Wednesday	Thursday	Friday
<u>9:00 am—10:15 am</u> Arts & Crafts Living Skills Cooking	<u>9:00 am—10:15 am</u> Arts & Crafts History Fun Games & Puzzles	<u>9:00 am—10:15am</u> Arts & Crafts Games & Puzzles	<u>9:00 am—10:15 am</u> Arts & Crafts Money Skills Games & Puzzles	<u>9:00 am—10:15 am</u> Arts & Crafts Environment Games & Puzzles
<u>10:30 am—11:30 am</u> Coffee Club Games & Puzzles	<u>10:30 am—11:30 am</u> Movie Club Book Club	<u>10:30 am—11:30 am</u> Smart Shopping Health Cooking	<u>10:30 am—11:30 am</u> Holiday Club Cooking	<u>10:30 am—11:30 am</u> Club Animal Lovers
<u>11:30 am – 12:30 pm</u> Lunch	<u>11:30 am—12:30 pm</u> Lunch	<u>11:30 am—12:30 pm</u> Lunch	<u>11:30 am—12:30 pm</u> Lunch	<u>11:30 am—12:30 pm</u> Lunch
<u>12:30 pm—1:30 pm</u> Arts & Crafts Meal Planning Games & Puzzles	<u>12:30 pm—1:30 pm</u> Arts & Crafts Projects Games & Puzzles	<u>12:30 pm—1:30 pm</u> Arts & Crafts Games & Puzzles	<u>12:30 pm—1:30 pm</u> Arts & Crafts Health Games & Puzzles	<u>12:30 pm—1:30 pm</u> Arts & Crafts Technology/ Science Club
<u>1:30 pm—2:30 pm</u> Card Club/Games Pen Pals/Journaling Spa Hour	<u>1:30 pm—2:30 pm</u> Karaoke Relationships Current Events	<u>1:30 pm—2:30 pm</u> Karaoke Computer Skills Games & Trivia	<u>1:30 pm—2:30 pm</u> Games Travel Book Club	<u>1:30 pm—2:30 pm</u> Spa Hour Hobbies Cooking
<u>Outings</u> Library Park/WWC	<u>Outings</u> Nursing Home Library	<u>Outings</u> Coffee Club/Southcrest Library	<u>Outings</u> Store/Recycling WWC/Park	<u>Outings</u> Coffee Club Varies