

The Gowrie Group Connecticut River One-Design Regatta

To Benefit: **SailsUp4Cancer**

Presented by: **Cooper Capital Specialty Salvage**

Essex Yacht Club

Essex, Connecticut

April 30, 2022

SAILING INSTRUCTIONS

1. RULES

- 1.1 The Series will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 RRS 3 Decision to Race is in effect.
- 1.3 Appendix V (Alternative Penalties) is in effect.
- 1.4 All registrants are scored by sail number. If a sail number is changed, the Race Committee (RC) must be notified prior to the RC leaving the dock.

2. CHANGES TO SAILING INSTRUCTIONS AND NOTICE TO COMPETITORS

- 2.1 Changes to the Sailing Instructions and Notice to Competitors will be posted on the CTRODR website and on the bulletin board inside the EYC Clubhouse. Changes will be posted no later than 10 am the day they take effect. Skippers Meeting will be at 10:30 am in the Essex Yacht Club launching area.

3. SCHEDULE OF RACES

- 3.1 The First Warning will be at 12 Noon and no races will be started after 3:00 pm.
- 3.2 One scored race completes the series; the maximum number of races will be seven.

4. CLASS SHAPES

- 4.1 Class shapes are: Etchells-White, Ideal 18-Blue, JY 15-Yellow, Laser-Red, MC Scows-Flag TBD.

5. COURSES

- 5.1 See Addendum #1 for Course Diagrams and Descriptions.
- 5.2 While racing, the Start and Finish Lines are closed and are both obstructions unless starting or finishing.

6. MARKS

- 6.1 Primary rounding marks will be yellow inflatables.
- 6.2 The Alternate Windward Mark will be an Orange inflatable. An Orange Placard with "A" will be displayed on the Course Board when in effect.
- 6.3 The Starting Mark will be a buoy with a yellow flag. The Finish mark for the Laser, JY 15, and Ideal 18 classes will be an Orange Finish Buoy. The finish for the Etchells and the MC Scows will be between the Orange Finish Buoy and a Yellow Finish Buoy.

7. START

- 7.1 Races will be started by using the US Sailing Appendix U Sound Signal Starting System.
- 7.2 The Starting line will be between a staff with a Yellow Flag on the Race Committee Boat and the Starting Buoy.
- 7.3 RRS 29.2 has been modified: The RC may select another class to start at their discretion.
- 7.4 Non-racing boats shall avoid the starting area. See Rule 24.1 and 60.2 (a).

8. FINISH

- 8.1 The Finish for the Laser, JY 15 and Ideal 18 classes will be between a staff with an Orange Flag and the Orange Finish Mark. The finish for the Etchells and MC Scows will be between the same flag and the Yellow Finish Mark. Etchells and MC Scows may not pass between the Committee Boat and the Orange Finish Mark.
- 8.2 RRS 35 has been modified: The RC may award any last place boats in each class their positions to expedite starts. Non-compliance will result in best score of day's races as DSQ.

9. PENALTY SYSTEM

- 9.1 RRS 61.1(a) is modified: Etchells and Ideal 18's are required to fly protest flags.

10. PROTESTS AND REQUEST FOR REDRESS

- 10.1 Protest forms must be submitted to the Race Committee within 30 minutes after the Race Committee boat docks.

11. SCORING

- 11.1 RRS A2.1 If six or more races are scored, there is one exclusion.

12. SAFETY REGULATIONS

- 12.1 All sailors are required to wear a Coast Guard approved PFD while on the water. Inflatable vests are not permitted.
- 12.2 Laser, JY, and MC Scow sailors are required to wear a full-length wet suit or dry suit if the combined water temperature and air temperature is less than 120 as determined by the race committee who will make the call at the dock before the Committee Boat leaves.
- 12.3 Etchells and Ideal 18's are required to carry an anchor and a working VHF radio set to channel 69.
- 12.4 All boats are required to grant right of way to commercial traffic.
- 12.5 All boats are required to check in and check out every time they enter or exit the Racing Venue. Sailors are required to notify RC or Crash Boat or EYC when withdrawing.
- 12.6 RRS A5 is modified: Any boat failing a safety directive of the RC and Crash Boats may receive a DSQ for the day.

13. PRIZES

- 13.1 Results will be read and prizes awarded at the Party after racing.
- 13.2 The Fundraising Party will be at the Essex Yacht Club starting at 4pm.

RISK
strategies

GOWRIE
GROUP

2022

Connecticut River
One-Design Regatta

presented by:

COOPERCAPITAL
SPECIALTY SALVAGE, LLC



SAILS UP 4 CANCER

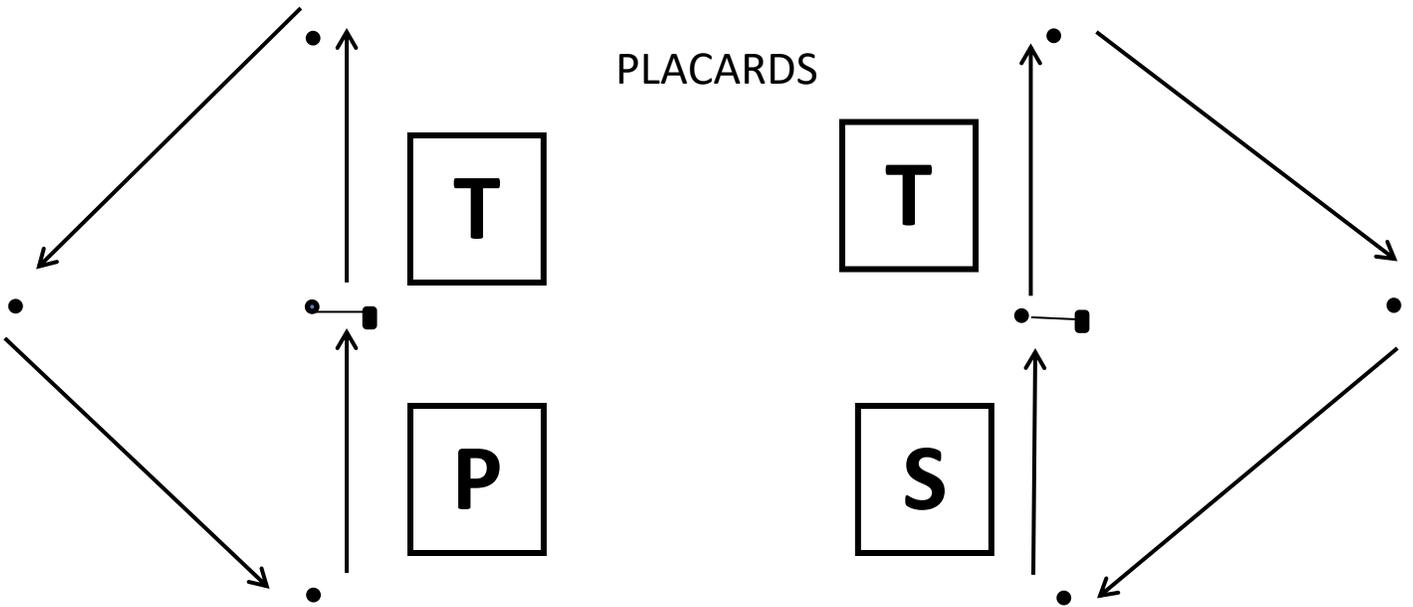
Addendum 1: Courses

TRIANGLE COURSES

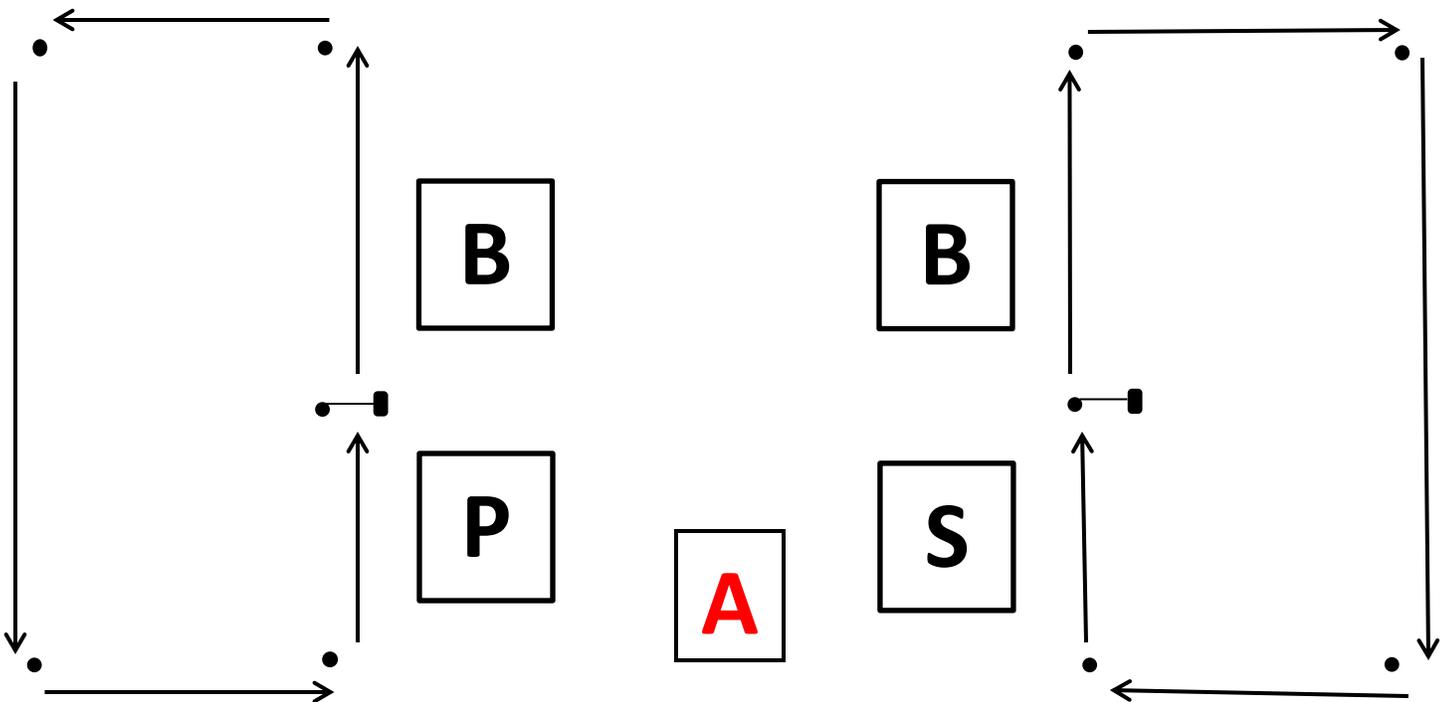
WIND



PLACARDS



BOX COURSES

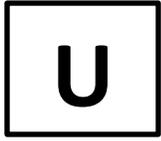


ALTERNATE WINDWARD

All Courses

Addendum 1: Courses

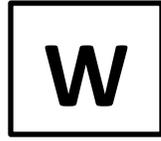
PLACARDS:



Mark Located
Upriver



Mark Located
Downriver



Windward Mark



Alternate
Windward
Mark

- All Courses are Windward/Leeward or Modified Windward/Leeward
- All Rounding Marks are ALWAYS left to PORT 

