

Checotah Powerlifting Meet

Junior High- 7th, 8th, 9th Separate Divisions
High School- 9th - 12th Division
High School 9th-12th Girls Division

Thursday January 26th, 2022
Friday January 27th, 2022
Friday January 27th, 2022

Where: Checotah Event Center
Weigh-In: 7am - 8:30am
Coaches Meeting following weigh-in each day
Meet will begin at 9:00am both days

Cost: High School - \$150 per team (Friday) \$100 for 5 or few lifters
Junior High- \$100 per grade 7th, 8th, 9th (\$80 for 5 or few lifters per grade)

A pre weigh-in is REQUIRED. COACHES PLEASE WEIGH YOUR ATHLETES AND FILL OUT THE MEET ENTRY FORM AT WWW.OFBCAPOWERLIFTING.COM UNDER FEBRUARY MEETS FOR **CHECOTAH**. YOU CANNOT HAVE MORE THAN THREE PER WEIGHT CLASS WITH THEIR OPENING LIFTS. Send in no later than January 24th AT 3:00PM, SO WE CAN GET THE CARDS PRINTED.

Junior High-

Please specify the grade on the entry form for each kid
We will medal first through third place in each weight class in each grade.
We will have High School kids that will judge the Junior High Meet.
1st and 2nd place team plaques will be awarded.

High School-

There will be a Large School, Small School division (depending on numbers) and Girls Division, we will medal 1st-3rd medals for each weight class. 1st and 2nd place team plaques will be awarded.

Bus Parking will be behind the event center,
Full Concession will be available
No ICE Chests
Gate: \$5 for adults \$3 for students

- We will have a 30 school limit, so the first 30 schools to call and confirm will be entered. Entry Fee Checks should be made out to : **Checotah Football**

Please Contact to confirm:
Zac Ross
zdross@checotah.k12.ok.us

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Release Form:

School: _____

Coach: _____

Name of Lifter: _____

Weight: _____

We, the undersigned, agree not to hold the Oklahoma Football Coaches Association and/or Bethel Public Schools and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.F.B.C.A.

(Signature of Lifter) (Signature of Parent)

(Signature of Coach)

NOTE: 1. Each lifter is to have this form completed and signed before competition. 2. Each coach is to run off as many copies of the form as needed