

# Welcome to **Studio** 55 **Dance!**

We are a family friendly dance studio offering quality dance education for Rockford and the surrounding communities. At Studio 55 Dance, we believe that FUN is the most important element in any successful dance program! In each class our students have a great time in a non-competitive atmosphere, while learning proper technique and terminology. The dance skills your child will learn while being involved at Studio 55 Dance are just a small part of their education. It is our mission to instill the highest level of dance training in an atmosphere that will encourage self esteem, confidence, and teamwork while building friendships that will last a lifetime. Our passionate staff strives to give each student the necessary tools to develop into a successful dancer.

We offer an array of classes for two educational levels; the recreational dancer who wishes to keep it simple or the competitive dancer looking for a higher level of training. Our recreational program is based on the fundamentals of Ballet, Tap, Jazz, and Creative Movement. Dancers will also have the opportunity to learn additional styles such as; Lyrical, Hip Hop, Contemporary, Pointe, Acro, and Musical Theatre. Our talented instructors provide classes in a safe and professional environment for ages 18 months to Adult.

Inside this booklet you will find our class descriptions, tuition rates, costume fees and a much more. Please visit our website, <a href="https://www.studio55dance.com">www.studio55dance.com</a>, to learn more about what our great studio and amazing staff has to offer. If you would like to be a part of the Studio 55 Dance family, please contact us. We would love to have you!

Thank you for considering us!
The Staff of **Studio 55 Dance** 





# 2025-2026 Class Descriptions

#### Creative Movement—18 to 36 months

This class is designed to enhance gross motor development, listening skills, musicality, and nurture the creative spirit.

30 minute class, once a week, with one routine performed in the recital: Ballet

# Preschool—3 to 5 years of age

Dancers will learn proper terminology to basic skills in Ballet and Tap. They will also participate in activities to teach coordination, direction following, and social skills.

45 minute class, once a week, with two routines performed in the recital: Ballet and Tap.

# Kindergarten—5 to 6 years of age

This class will continue learning basic technique for ballet. Rhythm and coordination will be stressed to aid in the development of tap skills. Basic Jazz movements will also be introduced in this class.

1 hour class, once a week, with three routines performed in recital: Ballet, Tap and Jazz.

### 1st-2nd Grade—6 to 8 years of age

Ballet, Tap, and Jazz technique will continue to be worked on. Proper body placement and terminology is taught in each style to help build confidence and poise.

1 hour class, once a week, with three routines performed in the recital: Ballet, Tap and Jazz.

### 3rd-5th Grade—8 to 11 years of age

A higher level of difficulty in Ballet, Tap, and Jazz will continue to be worked on to benefit proper technique. Across the floor combinations and faster tempos will be introduced. Basic Lyrical and Hip Hop skills may be introduced into more advanced classes.

1 hour and 15 minute class, once a week, with three routines performed in the recital: Ballet/Lyrical, Tap and Jazz/Hip Hop.

## 6th-8th Grade—11 to 14 years of age

Lyrical movements will be perfected to help with the dancers performance level. Dancers will master the fundamentals of Tap with increased emphasis on clarity and speed. Flexibility, strength, and endurance will be utilized to further their jazz technique.

1 hour and 30 minute class, once a week, with three routines performed in the recital: Lyrical, Tap and Jazz.

### 9th-12th Grade—14 to 18 years of age

Contemporary movements will be introduced and perfected in this class. Dancers will master the fundamentals of Tap with increased emphasis on clarity and speed. Flexibility, strength, and endurance will be utilized to further their jazz technique. Dancers will also work on hip hop skills to build strength and endurance.

1 hour and 30 minute class, once a week, with three routines performed in the recital: Contemporary, Tap and Jazz/Hip Hop.



## Adult Tap/Jazz

This class is designed for adults looking to step out of their comfort zone to learn a new ability and have fun while doing it! The basic technique of tap and jazz will be emphasized in this class.

1 hour and 15 minute class, once a week, with 2 routines performed in the recital: Jazz and Tap.

# **Elite Company**

Studio 55 Dance Competition Teams are available for dancers ages 4 and older, who wish to make a commitment to a competitive team and accept new challenges to develop a stronger skill set at a more advanced pace. If you or your child is interested in a competitive team, please contact us for more information.

#### Pointe and Pre-Pointe\*

Available to dancers at least 10 years of age and have had previous dance experience. Dancers will learn proper technique along with correct terminology and body placement used in Pointe training.

45 minute to 1 hour and 15 minute class, once a week, with one routine performed in the recital: Pointe (Pre-Pointe will not have a routine)

Teacher approval is required. Please contact us for more information.

## **Beginner Acro\***

AcroDance is a fusion of the artistic motion of dance and the athleticism of acrobatics.

Certified with Acrobatic Arts, this is a progression based syllabus program designed to promote excellence in flexibility, strength, balance, limbering, and tumbling for dancers.

30minute class, once a week, with one routine performed in recital: Acro.

#### Beginner Hip Hop\*

A high-energy class that infuses the latest styles of street dancing, breaking, popping, and locking. This class will encourage students to step outside of the box by bringing their own individual style and personality to the movements.

30 minute class, once a week, with one routine performed in the recital: Hip Hop.

### **Core Conditioning\***

Utilizing the training methods of Alixa Flexibility and Progressing Ballet Technique dancers will focus on strengthening their core, building endurance, and gaining flexibility. These programs are a great supplement for the Elite Company member or any dancer looking to develop their talent at a higher level.

1 hour OR 1 hour 15 minute class, once a week, with no routine performed in the recital.

\*Dancer's must be registered in the appropriate grade level class before registering for an elective class. Elective classes are an additional class and not a core class that can be registered for by itself. Please contact the studio for appropriate level when registering.

Instruction time per week	Class	Monthly Tuition Rate	Costume Fee
30 minutes	Creative Movement	\$52	\$75 (1 costume)
45 minutes	Preschool	\$56	\$150 (2 costumes)
1 hour	Kindergarten-2nd Grade	\$60	\$225 (3 costumes)
1 hour 15 minutes	3rd-5th Garde	\$64	\$225 (3 costumes)
1 hour 30 minutes	6th-12th Grade	\$68	\$250 (3 costumes)
*Elective Class	Beginner Hip Hop / Beginner Acro	\$18	\$75 (1 costume)

#### **Registration Fee**

A non-refundable \$45 registration fee is due at the time of student registration. This fee is due upon registration to hold placement in specified class and includes a digital download of our Recital. This is a one-time fee per family.

#### Tuition

Tuition payments are due by the first of the month for that month's tuition. Payments not received by the first day of the month will incur a \$20.00 late fee. Additional late fees will be assessed to your account for every 30 days past due.

#### **Costume Fees**

Students perform in recitals and/or competitions in costumes tailored to their dance and music. All costume fees include complete costume, tights and accessories. Costume fees are due no later than November 20, 2025 and payments received after that date shall incur a \$20.00 late fee. Additional late fees will be assessed to your account for every 30 days past due. Students must have all costume fees paid in full before they will receive their costumes.

- \*Refunds are not available for missed classes once the student has been registered.
- \*Tuition payments are due by the first of the month for that month's tuition.
- \*A \$30.00 returned check fee will be charged for each check that is returned by the bank for non-payment.
- \*No refunds at anytime.

# **Recreational Class General Information**

#### Attire

Students should be dressed BEFORE coming to class.

Girls – Leotards worn with tights are preferred. Tank top, t-shirts, shorts and skirts are also acceptable, NO baggy clothing. Hair must be pulled up and away from the face.

- -Creative Movement dancers are required to wear pink ballet shoes.
- -Preschool aged dancers are required to wear pink ballet and tan tap shoes.
- -Kindergarten-2nd grade dancers will need pink ballet, tan tap, and tan jazz shoes.
- -3rd-12th grade dancers will need tan tap, tan jazz, and nude lyrical shoes.
- -Girls in Hip Hop are required to have clean sneakers for all class practices.
- -Girls in Acro can wear leotards, tank tops, and shorts. No leggings/pants or tights. Acro dancers will be barefoot.

Boys - Sweat pants, shorts, T-shirts, and tank tops - movable clothing.

- -Boys in Creative Movement should have black ballet or black jazz shoes.
- -Boys in combo classes are required to wear black jazz shoes and black tap shoes.
- -Boys in Hip Hop are required to have clean sneakers for all class practices.
- -Boys in Acro can wear t-shirts, tank tops, and shorts. No pants. Acro dancers will be barefoot.

Please ensure that your dancer has the correct shoes for all styles of dance they will perform. All shoes can be ordered through Studio 55 Dance.

#### Missed Classes/Attendance

The 2025-2026 dance season will start the week of Monday, September 8th with recitals tentatively scheduled for June 13-14, 2026. Attendance is very important, not only to each individual, but to the entire group. Please call the studio if your child will be absent from class. Missed lessons can and should be made up in a class of the same age. Make-up classes are most beneficial to the student if completed the week immediately following the absence. Please call the studio to schedule a make-up time.

#### **DanceStudio-Pro / Newsletters**

All families will be required to register a DanceSudio-Pro account. Invoicing, account balances, class registration, and online payments plus much more will be available through the Parent Portal. All Monthly Newsletters will be sent via email, so make sure we have your current e-mail address to receive these announcements.

#### Recital

All dancers will participate in a fully costumed and lighted production showcasing the year's accomplishments. The annual Recital will be held at a local auditorium and is tentatively scheduled for June 13th-14th 2026, an exact date and time will be given at a later date. Dancers will also need to attend a full dress rehearsal to prepare for the recital. All students are required to attend the rehearsal in order to perform in the recital. Students must have all account fees paid in full in order to participate in the recital.

#### **Pictures**

Professional pictures will be taken of your child during April/May. It is mandatory for all dancers to attend this event, as the pictures will be used in the recital program. You are not required to purchase any pictures, however, they are a great memento of your child's dance season. More details will be available at a later date.

#### **Class Parties**

Halloween- Students will celebrate Halloween with a party during their regular class time. They may dress up in a costume and bring treats to share with their class.

Christmas- We will also have a Christmas party during your child's regular class time. Dancers are asked to bring a wrapped gift of \$5 or under to play a game with. You may also bring a treat to share with the entire class.

Birthdays- Dancer's are welcome to bring a treat to class to celebrate their birthday with their classmates.

Please consult your monthly newsletters for more information about these parties. These will be the only Holiday's celebrated with a party at the studio.

#### **Winter Weather Cancellations**

Studio 55 Dance will cancel classes if the Rockford Area School District is cancelled, dismissed early, or evening activities are cancelled due to poor weather. On days that school is not in session, Studio 55 Dance will make the decision whether to cancel/continue classes by 3:00pm. All class cancellations will be announced on our social media pages as well as sent via email.

#### **Fundraising**

Several fundraising options will be available to all dancers. The purpose of fundraising is to help defray costs such as tuition and costume fees. Participation in all fundraising opportunities is completely optional. Profits earned will be credited towards each dancer's individual account. All profits earned have a no cash value and cannot be withdrawn from a dancers account. Profits can be used towards a dancer's monthly tuition, costume fees, competition fees, studio apparel, recital tickets, summer class fees, or carried over to the 2026-2027 dance season.

#### Calendar

First day of classes- September 8th
MEA- October 15th-19th - CLOSED
Thanksgiving- November 26th-30th - CLOSED
Christmas/New Years- December 20th-January 4th - CLOSED
Spring Break- March 27th-April 5th - CLOSED
Memorial Day- May 25th - CLOSED
Recital- June 13th-14th - (TENTATIVE)



# \*REGISTER\*

All registrations can be done ONLINE at www.studio55dance.com and are on a first come - first serve basis! September 2024 tuition fees and the registration fee are due upon registration. These are non-refundable or transferable.









