

Kanina is a board certified Adult and Geriatric Nurse Practitioner. She began her career as a feeding tech for a local nursing home, when she was only 16 years old. Since that time she has completed patient care as a Certified Nursing Assistance, Registered Nurse and Adult Nurse Practitioner. Kanina completed her Bachelor of Science in Nursing from Jacksonville State University and her Master of Science in Nursing from the Adult and Gerontological Nurse Practitioner program at The University of Alabama at Birmingham.

Office Hours

Monday: 8:30 AM – 5:00 PM Tuesday: 8:30 AM – 5:00 PM Wednesday: 12:00 PM – 6:00 PM Thursday: 8:30 AM – 5:00 PM Friday: 8:00 – 2:00 PM



Patient Services

At Oxford Primary Care & Weight Loss Center, we are able to offer our patients the following services:

- Adult disease management and treatment for Asthma, Anemia, Arthritis, COPD, cholesterol, diabetes, hypertension, heart disease, kidney disease, etc.
- Diabetic education
- Sports/Employment physicals
- Vaccines (Flu, Pneumonia, etc)
- Supervised weight loss
- Migraine management
- In-house lab services
- Others services based on need

Weight Loss Services

Individualized plans to include:

- Non-invasive liposuction
- Medication therapy
- o Individualized counseling
- o Body fat analysis
- o Before and after photos
- Periodic measurements
- o Diet Modification
- Exercise plans
- Weekly weigh in(No appointment needed)
- Weekly Lipovicine injections
 (No appointment needed)
- Weekly Lipovomino Injections (no appointment needed)
- Weekly B12 injections
 (No appointment needed)

Accepted Insurance Plans UnitedHealthcare BlueCross BlueShield Private pay rates also available