



“The experience of love in families is a perennial source of strength for the life of the Church.”

Amoris Laetitia
(Joy of Love)
No. 88

SCRIPTURE of the DAY

Joshua 5: 9-12

Psalms 33: 2-7

2 Corinthians 5: 17-21

Luke 15: 1-3, 11-32

because we love you but you are part of the Family of God and you have become a part of God’s life in you”.

It is this formation of our inner identity that will allow all of us to be aware that the Church is inviting us to discern the Mission of Jesus bearing in mind our talents and gifts are what we want to share with others. This is the meaning of charisms in the Church. Unless we see ourselves as gifts, we will be reluctant to share our gift with others, especially those unable to experience the Love of God: those in the peripheries, lonely, lost and down-trodden.

This same process is also for the Adult baptised to go back to the essentials of our Faith Vision through opting of the Church for Pastoral Conversion through Faith Initiation that moves us from knowing our Faith, to understanding our Faith and Living this, Faith. The path of Synodality and the dream of a Missionary Synodal Church has been gradually emerging at all levels in the Church and in every part of the world.

The message is loud and clear: after 2000 years – that the Gospel of Jesus is still relevant; because we are Pilgrims of Hope; God the Creator can recreate Humanity and renew Human Persons and restore Nature, if we can become true Children of God and also a Holy People of God. Faith is our seed; the Church is the nursery and the Kingdom is the banquet of God’s fruits of love bequeathed to the human family.

In your Lenten journey, do you find your faith to be a seed and the Church as a nursery that yields that seed into fruits of love for God’s kingdom? ❖

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NEWBEC

NEW WAY OF BEING CHURCH | 4th Sunday of Lent | 30 March 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE

FAMILY – CALLED TO NURTURE FAMILY VALUES AND RELATIONSHIPS



“You are My Beloved Son”

– Luke 3:22

The Church recalling the mind and heart of Jesus communicates with the Young. Relationship with Jesus begins with an encounter with Jesus who is part of the Family, the Domestic Church, where they first get to know and experience the God of Love. **Baptism begins with the Yes, of parents to nurture through their joy and love for one another and their children, the joy of the Gospel.**

Love in the family is the joy of the People of God because at the Baptism of Jesus, He heard the inner voice of the Abba Father “You are my Beloved Son”. The starting point of our Formation in Faith is “My Son, my Daughter, God lives in YOU...you are special and not just



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev.Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

Rev.Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh

Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-

Board and around the church for your kind donation.

Every cent helps us maintain our building, our facilities and compound.

Your Parish contributions can be trf. to:- (Public Bank:) **"PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH"**

(Account number: 3096 86 4807)

OR, you can write a cheque made payable to : "PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH" and hand to the parish office.

Thank you for your support.
(Parish priest)

STATIONS OF THE CROSS –

Friday, 4 April, 2025

at 7.30 pm (E) in church
at 7.15 p.m. (T) in the parish hall
Mass at 8 p.m. in church.

LENT

PENITENTIAL SERVICE

In preparation for Easter, penitential service will be held on

> **TUES. 1 APRIL, 2025 at OMPH church @ 8 p.m.**

> Wed. 2 April, 2025 at Church of St. Michael, Ipoh @ 7 p.m.

> Thurs. 3 April, 2025 at Church of Our Lady of Lourdes, Silibin @ 7 p.m

GOTONG-ROYONG

Sunday, 6 April, 2025 at 2.00 p.m. (church)

Calling all parishioners, all Ministries, Youth, BECs and all Language groups to help clean the church as we prepare for Easter.

Kindly help in this project.

Please bring your cleaning materials, brooms, mops, buckets, brush, for cleaning. More hands make light work!

PARISH ACTIVITIES & MEETINGS: (March/April 2025)

- * 30/3/2025 - 5.00 p.m.- Main Organizing Comm. (St.Mk.Rm.)
- * 31/3/2025 – 10 a.m. – Liturgical Com. mtg. (St.Mk.Rm.)
- * 31/3/2025 - 8.00 p.m. - Lay Spirituality for Senior Citizen (St.Mk.Rm.)
- * 1/4/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- * 1/4/2025 - 8.00 p.m. – Penitential Service (church)
- * 2/4/2025 – 8.00 p.m. – Tamil Choir practise (St.Paul Rm.)
- * 3/4/2025 – 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- 8.00 p.m - RCIA (BM) (Wallace Rm.)
- * 4/4/2025 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 7/4/2025 - 8.00 p.m. - Lay Spirituality for Senior Citizen (St.Mk.Rm.)
- * 8/4/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- * 8/4/2025 - 8.00 p.m. – Tamil Charismatic (church)
- * 9/4/2025 – 8.00 p.m. – Tamil Choir practise (St.Paul Rm.)
- * 10/4/2025 – 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- 8.00 p.m - RCIA (BM) (Wallace Rm.)
- * 11/4/2025 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 13/4/2025 – 2.30 p.m. – RCIA Rehearsal (church)
- * 16/4/2025 – 8.00 p.m. – Tamil Choir practise (St.Paul Rm.)
- * 16/4/2025 – 8.00 p.m. – Chinese Apostolate (St.Mk.Rm.)

BIBLE REFLECTION & HOME-GATHERING:

- * 23/4/2025 – 8.00 p.m. – BEC St.Peter (C) – (Cafeteria)

MARCH, APRIL, MAY COFFEE MORNINGS:

- 30/3/2025 – Hospitality Ministers (T)
- 6/4/2025 - CGS. - 13/4/2025 – no coffee morning. (Palm Sun.)
- 20/4/2025 - Youth - 27/4/2025 – RCIA

ECOLOGICAL PARISH

We have just signed the protocols to become an Ecological Parish. This would mean that we have to refrain from using plastics, polystyrene/styrofoam containers, plates, cups etc. plastic spoons, forks, straws, wrapping incl. waxed paper, paper towels, paper cups and plates etc. in our cafeteria among other requirements. Let us work together as the earth is our home.

ETERNAL HAPPINESS:

- + Sr. Felicity Tan Chin Cheng, FMDM departed on 22 March, 2025.
- + Agatha Hilarion Liew Nyeok Nee departed on 25 March, 2025.



B.E.C. COORDINATORS MEETING-
Every 2nd Friday of the month
at 8.00 p.m. in St. Mark's room.
 All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings,
DURING THE SEASON OF LENT, there will be no Area Coordinators meeting.

EVENING FOR THE ENGAGED 2025

Please see your Parish Priest for registration.

EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation course 2025** –

Dormitory	May 24/25
St. Anne, Bukit Mertajam.	Aug 23 & 24/ Nov 15 & 16
Church of St. Anthony, Nibong Tebal.	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets
 * **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.
Next Baptism will be on 20 April, 2025.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

OMPH Catholic Charismatic Renewal Group

Please take note CCR ministry will be taking a break during the Season of Lent. The resume date for the weekly prayer meetings will be announced later.

OKU PARKING BAY

Kindly observe that OKU parking bay is for **DRIVERS WHO ARE OKU** and not for OKU passengers. Please park your car in the proper parking lot to avoid inconvenience.

LENTEN SACRIFICE

To help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits.

RITE OF THE PRESENTATION OF THE LORD'S PRAYER & RITE OF THE 3RD SCRUTINY

(5th week of Lent) –
 On **Saturday, 5 April, 2025** during the 5.45 p.m Mass, our Elect who are preparing their full initiation at Easter, will officially be presented with the Lord's Prayer and will celebrate the "Rite of the 3rd Scrutiny," which highlights the saving power of Christ in setting them free. Let us pray with them and for them invoking the Holy Spirit to enable us to call GOD "Abba-Father" and reminding ourselves of our need to rid ourselves of our negative values and to try to live in His love.

PASSION SUNDAY/PALM SUNDAY –

Sat. 12 & Sun 13 April, 2025. Blessing of palm leaves will be at the outside of Cafeteria followed by procession to OMPH church for the Eucharistic celebration. Please bring your own palm leaves.

KURSUS PRA-PERKAHWINAN DALAM BM

(Tarikh) **26-27 April, 2025.**
 (Tempat) Auditorium, Minor Basilika St. Anne Bukit Mertajam
 Untuk pertanyaan dan maklumat lanjut sila hubungi:
 Sr. Lucynia (010 7966882)
 Sr. Florence (012 8484158)
 Byron (013 5950232)
 Tarikh tutup penyertaan: 20/4/2025.

RACHEL'S VINEYARD welcome

ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2night stay-in scriptural based retreat will be held in Penang on 27-29 June 2025 (Friday to Sunday).

Closing date for registration:
 20 May 2025.

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email

at: rachelsvineyard.my@gmail.com for more information. All communication will be strictly confidential.

LENTEN ENVELOPES –

please return the envelopes by 15 April, 2025.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.

(30 March 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)

(All in English unless stated otherwise.)

SUN.30 FOURTH SUNDAY OF LENT

8.00 a.m Mass (E)
10.00 a.m. Mass (T)
11.30 a.m Mass (C)

MON.31 4th Week of Lent (Wk 4)

8.00 a.m Mass

TUES.1 4th Week of Lent (Wk 4)

8.00 a.m Mass
8.00 p.m. Penitential Service.

WED2. 4th Week of Lent (Wk 4)/St.Francis of Paola

7.00 a.m Mass.

THURS.3 4th Week of Lent (Wk 4)

7.00 a.m. Mass

FRI.4 4th Week of Lent (Wk 4)/St.Isidore

7.00 a.m. Mass
7.15 p.m. Stations of the Cross (T) (parish hall)
7.30 p.m. Stations of the Cross.(E) (church)
8.00 p.m. Mass.

SAT.5 4th Week of Lent (Wk 4)/St.Vincent Ferrer/B.V.M

7.30a.m Mass. (Novena intentions)
9.00 a.m Novena devotion to Our Mother of Perpetual Help. (church)
5.00 p.m Novena devotion to Our Mother of Perpetual Help. (church)
5.45 p.m Mass.

SUN.6 FIFTH SUNDAY OF LENT

8.00 a.m Mass (E)
10.00 a.m. Mass (T)
11.30 a.m Mass (C)

ST.MARY'S CHAPEL, KG. TERSUSUN.

* Sun. - 8.00 a.m. Mass in Tamil.

2nd COLLECTION: 30/3/2025 – For Formation programs.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS:::: Year C) (WEEKDAY READINGS :::: Year 1)

SUNDAY 30 (30 March – 6 April, 2025)
(a) Josh 5: 9-12. (Ps 33: 2-7 (Year C)
(b) 2 Cor 5: 17-21 (c) Lk 15: 1-3, 11-32 or
(a) 1 Sam 16: 1, 6-7, 10-13. (Ps 22: 1-6) (Year A)
(b) Eph 5: 8-14
(c) Jn 9: 1-41 (or 9: 1, 6-9, 13-17, 34-38)

MONDAY 31 (a) Is 65: 17-21. (Ps 29: 2, 4-6, 11-13)
(b) Jn 4: 43-54 or
(a) Mic 7: 7-9. (Ps 26: 1, 7-9, 13-14) (b) Jn 9: 1-41

TUESDAY 1 (a) Ez 47: 1-9, 12. (Ps 45: 2-3, 5-6, 8-9)
(b) Jn 5: 1-3, 5-6

WEDNESDAY 2 (a) Is 49: 8-15. (Ps 144: 8-9, 13-14, 17-18)
(b) Jn 5: 17-30

THURSDAY 3 (a) Ex 32: 7-14. (Ps 105: 19-23)
(b) Jn 5: 31-47

FRIDAY 4 (a) Wis 2: 1, 12-22. (Ps 33: 16, 18-21, 23)
(b) Jn 7: 1-2, 10, 25-30

SATURDAY 5 (a) Jer 11: 18-20. (Ps 7: 2-3, 9-12)
(b) Jn 7: 40-52

SUNDAY 6 (6 APRIL – 13 APRIL, 2025)
(a) Is 43: 16-21. (Ps 125: 1-6)
(b) Phil 3: 8-14. (c) Jn 8: 1-11 or, YEAR A
(a) Ez 37: 12-14. (Ps 129: 1-8)
(b) Rom 8: 8-11. (c) Jn 11: 1-45.