

AT YOUR SERVICE

A GUIDE FOR
ENGLEWOOD
**SENIOR
ADULTS**



AGE-FRIENDLY ENGLEWOOD



The Community Chest
thanks the Age-Friendly Englewood Coalition
for its excellent work in making
this important information available to
Englewood's older adult residents,
their families and others who care
for them and about them.

The Community Chest was founded in 1933 -- during the depths of The Great Depression -- by a group of caring and committed community residents who were concerned about the welfare of their neighbors.

Inspired by the neighborly spirit of our founders, we continue to fulfill their goal of *neighbors helping neighbors*.

Help us celebrate our 85th anniversary by sharing and enjoying the many events planned throughout the year.

For more information visit our website
www.thecommunitychestofenglewood.org

Age-Friendly Englewood

At Your Service

A Guide for Englewood's Senior Adults

About this directory

This directory is designed to make it as easy as possible for older adult residents of Englewood, New Jersey – as well as those who care for them and/or those who care about them – to find and use the many resources that are available in our community.

This directory was developed and produced by Age-Friendly Englewood, a coalition of organizations and individuals who are working with the City of Englewood to make this a great place for people of all ages – especially for older adults who want to age-in-place in this wonderful city.

How to use this directory

This directory offers the names and telephone numbers of service providers in the Englewood area. Providers outside of the immediate area are also included when appropriate. It is our hope that Englewood residents will use this directory as a first place to look when they need information about available services.

We have made every effort to cover the full range of services and topics of interest to older adults. If you are aware of additional services or of corrections to the information in this directory, please let us know!

Age-Friendly Englewood

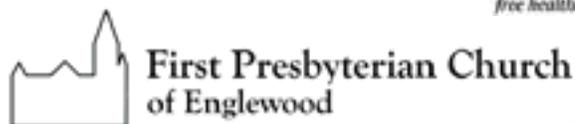
Website: www.age-friendlyenglewood.org
email: agefriendlyenglewood@gmail.com
Phone: 201-591-5162

Age-Friendly Englewood

Our thanks to the organizations on these two pages, each of which is playing an integral role in helping the City of Englewood, NJ, become a city that not only helps older adults age in place with dignity and independence, but also is *great for people of all ages*.



ENGLEWOOD
HEALTH





ITN North Jersey
Dignified transportation for seniors



Public Health
Prevent. Promote. Protect.



SESCIL
Southeast Senior Center
For Independent Living

Visiting Homemaker
Bergen County



eliminating racism
empowering women
ywca
Bergen County

Age-Friendly Englewood

About Age-Friendly Englewood

Age-Friendly Englewood is a project that is working to make it as easy as possible for residents of Englewood, New Jersey, to age in place with dignity and independence. Age-Friendly Englewood aims to help people throughout the community -- whether they live in an apartment, condo, single-family home, multi-family home or assisted-living facility -- live their lives as fully as possible, with access to a broad range of affordable services and amenities as they age.

Age-Friendly Englewood was launched early in 2016 with the formation of a coalition of organizations that provide services to Englewood residents, including nonprofit organizations, houses of worship, civic organizations, the Mayor, City Council and offices of City government. The coalition's first task was to assess where Englewood is at the present time, determine where there are needs and/or gaps in service, and develop a plan to meet those needs over the months and years ahead. Our work builds off of the City of Englewood's Master Plan and is guided by the World Health Organization's aging-in-place framework and AARP's Livable Communities initiative.

Our work focuses on helping the City of Englewood become more age-friendly within these broad categories:

- Housing
- Transportation
- Public Spaces (Parks & Streets)
- Communication & Information
- Access to Health Care and Social Services
- Civic Participation
- Social Inclusion

Age-Friendly Englewood operates under the auspices of the Community Chest of Englewood, which serves as fiscal sponsor of the program. Funding for Age-Friendly Englewood is provided by The Henry and Marilyn Taub Foundation, which is supporting similar projects in the Bergen County towns of Garfield, Ridgewood, Teaneck and Westwood.

Age-Friendly Englewood

Website: www.age-friendlyenglewood.org
email: agefriendlyenglewood@gmail.com
Phone: 201-591-5162

At Your Service
A Guide for Englewood Senior Adults

TABLE OF CONTENTS

About This Directory	<i>i</i>
Age-Friendly Englewood Partners.....	<i>ii-iii</i>
About Age-Friendly Englewood.....	<i>iv</i>
Table of Contents	<i>v-vii</i>
 <u>Listing of services</u>	
General Information.....	1
Bergen County Agencies and Services.....	1
Activities	1
Englewood Parks	2
Senior Activity Centers	3
Adult Continuing Education	4
Bereavement Services.....	4
Business Services	5
Caregiver Support Services	5
Crisis Services	6
Grandparents as Caregivers.....	6
Respite Care Services	6
Clubs & Social Groups	7
De-Cluttering Your Home	7
Emergency Services.....	8
Employment Opportunities.....	9
English as a Second Language.....	10
Financial Benefits & Assistance	10
Medicaid	10
Medicare Health Insurance.....	10
N.J. Property Tax Relief Programs.....	11
Pharmaceutical Assistance Programs	11
Reverse Mortgage.....	11
Social Security & SSI.....	12

Utility & Telephone Assistance.....	12
Food	13
Health & Wellness Programs.....	13
Hospitals	13
Chronic Disease & Disability Health Issues.....	14
Alzheimer’s Disease.....	14
Other Diseases.....	14
Dental Services.....	15
Hearing Loss.....	16
Mental Health	16
Uninsured	16
Urgent Care Centers	17
Vision Loss	17
Houses of Worship.....	17
Housing	20
Affordable Rent-Subsidized Properties.....	20
Housing Choice Voucher (Section 8).....	20
Home Improvement, Safety & Repairs	20
Home Insurance Policy Review	21
Home Valuation.....	21
Rental Assistance & Tenant Services.....	21
Shared Housing.....	22
Income Tax Assistance	22
Information and Referral.....	22
In-Home Services	22
Assistive Technology	22
In-Home Emergency Response Systems.....	23
Grooming Services	23
Home Care Services	23
Meals on Wheels	23
Physician Services	24
Telephone Reassurance & Friendly Visitors	24
Legal Assistance	24
LGBTQ Resources.....	25
Long Term Care Services	25

Care Management.....	25
Adult Day Care Programs.....	26
Assisted Living, Residential Facilities, Nursing Homes	26
Quality of Care issues/Ombudsman	26
Assisted Living.....	26
Residential Health Care Facilities	27
Facilities for People with Alzheimer’s or Dementia	27
Nursing Homes	27
Hospice Service/End of Life.....	28
Nonprofit Organizations in Englewood.....	28
Transportation	30
Driver Safety Programs	31
Veterans Services	31
Financial Assistance for Homebound Veterans.....	32
Legal Services for Veterans.....	32
Volunteer Services.....	32
Home Safety Check List.....	33
Transportation Chart.....	34

We have tried to include as many services for older adults in Englewood as possible. If you find errors, or if you know of additional services or organizations that should be included, please let us know!

Age-Friendly Englewood

Email: agefriendlyenglewood@gmail.com

Phone: 201-591-5162

Website:

www.age-friendlyenglewood.org

General Information

Bergen County Agencies & Services

Bergen County Division of Senior Services Aging & Disability Resource Connection (ADRC)

Area Agency on Aging

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
201-336-7400
1-877-222-3737
www.co.bergen.nj.us/bcdhs/divisions/senior.htm

Bergen County Division on Disability Services

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
201-336-6500
Provides services for disabled adults. Call for information on eligibility.
www.co.bergen.nj.us/bcdhs/divisions/disability.htm

Bergen County Board of Social Services

218 Route 17 North, Building A
Rochelle Park, NJ 07662
201-368-4200
www.bcbss.com

Bergen County Department of Health Services

One Bergen County Plaza, 4th floor
Hackensack, NJ 07601
201-634-2600
Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing) through a county-wide partnership.

Crisis hotline: 201-262-HELP (4357)

Activities

In or Near Englewood

AARP NJ

Englewood, NJ and Princeton, NJ 08540
1-866-542-8165
local.aarp.org/bergen-county-nj
Variety of meetings and activities weekly/monthly.

Arts For Life-NJ

artsforlifenj.com
Arts for Life NJ: provides high quality arts classes for active adults 50+. Find a new love or reignite an old passion - acting, dance, photography, more.

Arts Horizons

1 Grand Avenue, Englewood
(212) 268-7219
artshorizons.org
Provides performing, visual, literary and media arts and artistic expression to diverse people of all ages and abilities.

Bergen Family Center, Older Adult Services

44 Armory Street, Englewood, NJ 07631
201-568-0817
www.bergenfamilycenter.org
Adult Day Care for frail and visually impaired adults. Care management services for homebound older adults.

BergenPAC

30 North Van Brunt St, Englewood
201-227-1030
www.bergenpac.org
A non-profit regional theater, Bergen Performing Arts Center (bergenPAC) presents more than 175 shows a year. To enhance the quality of life, bergenPAC provides free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts. Since 2016, this Arts Access Initiative has granted over 17,000 such tickets, primarily to seniors.

Elder Hostel (Road Scholar)

800-454-5768

www.road scholar.org

Provides low-cost educational travel programs for seniors to over 1,600 colleges, universities, and other facilities in the U.S. and abroad.

Englewood Public Library

31 Engle St., Englewood, NJ

201-568-2215

www.Englewoodlibrary.org

The library presents a wide variety of free programs, including movies, health programs, concerts, and many other events of interest to older adults. The library always has a cart or two of free books available for the taking, as well as a tiny free library on the corner of Dean Drive and Demarest Avenue.

Flat Rock Brook Nature Association

443 Van Nostrand Ave, Englewood

201-567-1265

flatrockbrook.org

150-acre preserve and environmental education center situated on the western slope of the Palisades.

Kaplen JCC on the Palisades

411 East Clifton Avenue, Tenafly

(201) 569-7900

www.jccotp.org

The Kaplen Adult Reach Center's social day care program promotes independence, self-esteem and cognitive abilities for those living with dementia, in a vibrant, community center atmosphere.

Northern NJ Community Foundation

1 Grand Avenue – Suite 3, Englewood

201-568-5608

nnjcf.org

Promotes art and culture as powerful means of bridging diversity and bringing people together.

Senior Source

310 Riverside Square Mall, Hackensack

201-342-0962

www.seniorsourcellc.com

Socialization and education on a range of topics for older adults -- every weekday at no charge.

Southeast Center for Independent Living

228 Grand Avenue, Englewood

201-569-4080

sescil.com

SESCIL provides myriad services for adults 55+, including programs that exercise body and mind. Only senior center in Bergen County to provide such medical services as podiatry, dentistry and chiropractor.

YMCA of Greater Bergen County

360 Main Street, Hackensack

201-487-6600

www.ymcagbc.org

Offers a variety of fitness classes, including self defense and SMILE (Seniors Move In Light Exercise).

YWCA Bergen County

214 State Street, Hackensack

(201) 881-1700

ywcabergencounty.org

Offers a variety of programs for seniors, including aquatics, fitness and wellness classes at its facility in Ridgewood. Some programs are offered in Englewood. Call for information.

Englewood Parks

Englewood boasts a number of beautiful parks. A map of locations is on the city's website. Click on "living."

Englewood Dept. Of Parks & Recreation

120 West Englewood Ave (The Gatehouse)

201-568-3472

cityofenglewood.org

Artus Park

So. Dean & Linden

Playground

Broad Ave. Courts

Broad Ave & Rockwood Pl.

Tennis & basketball

Cambridge Ave. Park

Cambridge & Knickerbocker

Crystal Lake

Sheffield Ave

Dog run, pond, picnic

Denning Park

Lafayette & Forest
Swings, basketball, picnic, playground, soccer, pond

Depot Square Park

Van Brunt & Demarest
Playground, picnic

Dunning Park

Hillside Ave & Spring Lane

Eleanor Harvey Park

500 Liberty Road

Garrity Field

Broad Avenue
Ball fields, bathroom

Glenbrook Park

Glenbrook Pkwy & Howell Rd.
Swings, picnic

Mackay Park

Englewood Ave
Playground, picnic, pool, tennis, basketball, baseball, softball, soccer, arena, fitness route, ice skating, bathroom

Madison Park

Madison Ave.
Playground, baseball, picnic

Morris Park

Cross St. & Morris Park
Playground, basketball, picnic, bathroom

Triangle Park

Hudson Ave. & No. Dean
Playground

Trumble Park

Broad Ave., Rockwood Pl
Playground, baseball, picnic

Tryon Park

Tryon Ave
Ball fields, bathroom

Veterans Park

Dean Drive & Demarest
9/11 Memorial

Senior Activity Centers

In or near Englewood

Senior Citizens 60+ and their significant other, regardless of age, are eligible to participate in Activity Center programs, services and activities. Social, health and legal counseling, group classes in painting, arts and crafts, ceramics, knitting/crocheting and exercise, as well as educational and cultural programs, are available. Some transportation may also be available. For information on transportation call the center.

Bergen County Senior Lunch Program

*A nutritious mid-day meal is available for Bergen County senior citizens at the centers **marked with an asterisk (*) below**. Lunch is served Monday-Friday. Any Bergen County resident may attend any senior center. Residence in the town is not required, but transportation (where offered) may be limited to residents of the town.*

Reservations for the meal must be made 1 day in advance. Below are Centers in or near Englewood.

Englewood*

Bergen Family Center
44 Armory Street, 07631
201-568-0817

Englewood

Southeast Center for Independent Living
228 Grand Avenue, 07631
201-569-4080

Fort Lee*

Richard & Catherine Nest Adult Activity Center
201-592-3670
319 Main Street, 07024

Hackensack*

Americas Unidas Multicultural Senior Center
101 Hudson Street, 07601
201-336-3320

Hackensack

Martin Luther King, Jr. Senior Center
375 First Street, 07601
201-342-2654

Korean American Senior Citizen Assoc. of NJ
1061 Slocum Avenue, #A, Ridgely, NJ 07657
201-945-2400

Leonia
Leonia Recreation Center
370 Broad Avenue, 07605
201-302-9660

Teaneck*
250 Colonial Court, 07666
201-837-0171
201-862-1665

Tenafly
20 South Summit Street, 07670
201-569-2159

Tenafly*
Kaplen JCC on the Palisades
411 East Clinton Avenue, 07670
201-569-7900 ext. 1450

Tenafly*
Friends of Grace Seniors
Korean Community Centre
100 Grove Street, Tenafly 07670
201-541-1200

Adult Continuing Education

Bergen Community College
400 Paramus Road, Paramus, NJ 07652
201-447-7488
www.bergen.cc.nj.us
Extensive continuing education program

Fairleigh Dickinson University
1000 River Road, Teaneck, NJ 07666
201-692-6500
view2.fdu.edu/academics/continuing-education/
Extensive continuing education program

Institute for New Dimensions
973-291-8220.
email: IND.bergen@gmail.com
www.indbergen.org
Stimulating college-level courses for learners of all ages. Classes offered in Teaneck and in Paramus.

Institute for Learning in Retirement
Bergen Community College
400 Paramus Road, Paramus, NJ 07652
201-447-7156
bergen.edu/community/institute-for-learning-in-retirement/
Broad range of academic and cultural topics. No tests or grades. Programs sponsored jointly with Elderhostel; serves the intellectual and social needs of a vibrant community of lifelong learners.

Project Literacy Greater Bergen County
355 Main Street, Hackensack
201-489-7066
www.project-literacy.org
Free tutoring services by trained volunteers to adults in need of basic literacy, math and ESL.

Senior Net Program
Kaplen JCC on the Palisades
411 East Clinton Ave., Tenafly, NJ 07670
201-569-7900
Computer classes

SESCIL - Southeast Senior Center for Independent Living
228 Grand Avenue, Englewood
201-459-4080
www.sescil.com
Offers a variety of educational programs.

Bereavement Services

AARP Grief & Loss Program
800-687-2277
www.aarp.org/griefandloss
Offers a wide range of resources on grief and loss. Family members welcome.

Englewood Health Bereavement Support Group
15 Engle Street, Englewood
201-894-3333
Bereavement services offered through the Visiting Nurse Association of Bergen County, located in Englewood.

Business Services

Chamber of Commerce

P.O. Box 8161, Englewood

201-567-2381

englewoodnjchamber.com.

Provides directory of stores, restaurants, services and culture and entertainment, portal to bergenPAC and Englewood Health, City Government, chamber events, community events and community fundraisers and more.

Economic Development

Special Improvement District Management

Corporation was formed in 2018 to promote growth and employment in the central business area. Its six members, who are appointed by the City Council, all have long-term business experience in Englewood.

201-510-8206

Caregiver Support Services

Caregiver Coalition of Bergen County

B.C. Division of Senior Services

One Bergen County Plaza, Hackensack

201-336-7427

Supportive and caring individuals who share a commitment to improving the lives of caregivers in Bergen County. Promotes knowledge of, sensitivity to and action around issues impacting caregivers. Groups meet regularly.

In-Home Caregiver Education and Support Program

Bergen County Division on Disability Services

Adler Aphasia Center Caregivers Support Group

60 West Hunter Avenue, Maywood, NJ

201-368-8585

Meets every second Monday, 7:00pm-9:00pm

Care2Caregivers

800-424-2494

151 Centennial Avenue, Piscataway, NJ 08854

Free, ongoing peer support for caregivers taking care of people with dementia
care@care2caregivers.com

NJ Self-Help Group Clearinghouse

800-367-6274

Maintains database of information of thousands of self-help support organizations. Go to www.njgroups.org to download the Self-Help Support Group directory.

National Organization for Empowering Caregivers

425 West 23rd Street #9B, New York, NY 10011

Empowering caregivers with resources, private counseling and healing circle.

www.care-givers.com

Family Caregiver Alliance

800-445-8106

Provides education information with factsheets on caregiving & depression, dementia behavior and caregiving planning, etc.

The Gallen Center's Caregiver Support Group A program from the Jewish Home Family

10 Link Drive, Rockleigh, NJ

201-784-1414

JewishHomeFamily.org

Under the auspices of Alzheimer's New Jersey, Caregiver Support Groups are held monthly, free of charge and open to the public to address the emotional and practical issues of caring for a loved one in a supportive atmosphere.

Holy Name Medical Center Caregiver Support Group

Holy Name Medical Center Day Away Center

725 Teaneck Road, Teaneck

201-833-3757

Vantage Health System Caregiver Support Group

2 Park Avenue, Dumont

201-385-4400, ext. 3084

Spouse Caregivers Support Group meets twice-monthly to dine and discuss issues; spouse care recipients are supervised with therapeutic activities & dinner. Agency also has an Adult Child support group. Call for days and time.

Kaplen JCC on the Palisades Caregiver Support Group
Adult Reach Center
201-408-1450 or 201-569-7900 ext. 439
411 East Clinton Avenue, Tenafly
Caregiver's support group, meets twice a month, 2nd Monday at 7:00 pm and 4th Tuesday at 10:30am.

Parkinson's Support Group
Cedar Hill Christian Reformed Church
422 Cedar Hill Avenue, Wyckoff, NJ 07481
Ron773h@yahoo.com aweldon@optonline.net
ratner2@optonline.net

Dorot Caregivers' Connection
212-769-2850 or 1-877-819-9147
Informational workshops and support groups conducted through telephone conference calls. Caregivers share concerns, suggestions, and get much needed information in comfort of their home.
www.dorotusa.org

Crisis Services

Adult Protective Service (includes Elder Abuse)
201-368-4300
Investigates reports of suspected abuse, neglect, and exploitation of vulnerable adults living in the community.

Care 2 Caregivers
Peer Support Helpline for Dementia Caregivers
800-424-2494
Provides peer support, guidance on coping, counseling and education.
Call or email: care@care2caregivers.com

Psychiatric Emergency Screening Program Care Plus NJ, Inc.
610 Valley Health Plaza, Paramus, NU 07652
201-262-HELP (4357)
Designated screening center for Bergen County. Services available 24/7/365.

Drug & Alcohol Abuse
Reachnj.org – addition, recovery & intervention
844-732-2465 Toll free 24/7

Grandparents as Caregivers
Kinship Navigator Hotline: 201-398-9110
Kinship Caregivers – P.O. Box 717, Trenton
201-797-2660 or 609-888-7400
Information, referral and advocacy services for family caregivers. Request a copy of the brochure which lists services for grandparents raising grandchildren.

Grandparents Raising Grandchildren Support Group
Bergen Family Center/Family Success Center
44 Armory Street, Englewood
201-796 6209 ext. 102
Grandparents share experiences and approaches that help with challenges of raising grandchildren.
www.fsobergen.org

Respite Care Services

Respite programs offer temporary relief to help alleviate some of the physical and emotional demands of caregiving. Services may include companions, homemaker/home health aides, medical/social adult day care, short-term inpatient care, skilled nursing, etc. Call programs to inquire about eligibility and waiting lists. Many skilled nursing facilities also offer respite care.

Kaplen JCC on the Palisade Adult Reach Center (ARC)
411 E. Clinton Avenue, Tenafly
201-569-7900
Social Adult Day Care

Statewide Respite Care Program
Bergen County Division on Disability Services
201-336-6500
One Bergen County Plaza, Hackensack
Provides relief services to caregivers.

New Bridge Medical Center (Formerly Bergen Pines/Bergen Regional) Long-Term Care Division
201-967-4073
230 East Ridgewood Avenue, Paramus, NJ 07652
Provides temporary residential care (beds) for a minimum of 3 days and up to 30 days. Meals and round-the-clock nursing care. Must complete

application. Call to inquire about fees and/or to visit the facility. Medicaid and private pay.

Alzheimer's New Jersey

The Respite Care and Wellness Program
400 Morris Avenue, Suite 251, Denville, NJ 07834

www.alznj.org

888-280-6055 or **973-586-4300**

Call for information and eligibility requirements

***NOTE:** Some home health agencies provide respite care services; call agencies to inquire about fees for service. Some nursing homes also provide respite beds on a temporary basis; call individual nursing homes to inquire.

Clubs & Social Groups

All listed are open to interested participants. May require membership fees/dues and requirements for participation.

Elks Ideal Lodge #470

17 Bennett Road, Englewood

201-567-8707

Founded by African-Americans who migrated to Englewood with strong southern roots, the Lodge is used by the diverse population of Englewood. Holds computer classes for elders. Available for events.

Englewood Rotary Club

P.O. Box 412, Englewood, NJ

International service organization whose motto is "Service Above Self." Meets every Tuesday at 12:15 PM at the Crowne Plaza Hotel, 401 South Van Brunt Street.

League of Women Voters

201-390-8830

Call for Information and meeting locations. Dedicated to ensuring that all eligible voters – particularly those from traditionally under-represented or underserved communities, including first-time voters, non-college youth, new citizens, minorities, the elderly and low-income Americans – have the opportunity and the information to exercise their right to vote.

Woman's Club of Englewood

187 Brinckerhoff Court, Englewood

617-285-4074

Brings together women interested in intellectual and cultural advancement, develops community and promotes its well-being through a philanthropy program. This mission is exclusively charitable and educational.

De-Cluttering Your Home

Not-for-Profit Thrift Shops

These shops generally accept used, clean clothing and household items in good condition.

They do not pick-up at your home.

Caring About The Strays (CATS)

80 Kinderkamack Road, Westwood

201-666-5444

Goodwill Industries

809 Route 17 (Southbound side), Paramus

201-444-0596

National Council of Jewish Women Thrift Shop

75 Washington Ave., Bergenfield

201-385-4847

These Agencies Pickup at your Home

Call or go online to schedule a pickup at your home

Big Brothers Big Sisters

877-336-8828

www.bbbspickupservice.org

Accepts just about anything except large furniture and appliances.

Green Drop

gogreendrop.com

Schedule pickup online.

Donated items are sold to benefit charity of your choice: American Red Cross, Society of St. Vincent DePaul, National Federation for the Blind, Military Order of Purple Heart Service Foundation.

Habitat for Humanity ReStore

121 Carver Ave, Westwood, NJ
201-500-5009

bergenrestore.org

Accepts furniture, appliances and building materials in good condition. Call or schedule pickup online.

Lupus Foundation of America

888.445.8787

lfapickupservice.org

Accepts just about anything except large furniture and appliances.

Salvation Army

1-800-728-7825

satruck.org

Accepts anything. Call or schedule pickup online.

Vietnam Veterans of America

pickupplease.org

Accepts just about anything except large furniture and appliances.

Drop-off

These agencies accept dropped-off donations

Adult Care Brief Bank**Kaplen JCC on the Palisades**

411 East Clinton Ave., Tenafly, NJ 07670

201-569-7900

Accepts adult absorbent products.

Bergen County Animal Shelter

100 United Lane, Teterboro 07608

201-646-3200

Accepts clean blankets & bedding, gloves, mops, buckets, etc. New pet supplies.

Pawsitively Furever Dog Rescue Center

Hackensack, NJ

201-410-8566

www.pawsitivelyfurever.org

Accepts blankets, towels, cleaning supplies

Ramapo-Bergen Animal Refuge, Inc.

2 Shelter Lane, Oakland NJ 07436

201-337-5180

www.rbari.org

Accepts pet supplies.

Women's Rights Information Center

108 W. Palisade Ave, Englewood

201-568-1166

Accepts women's business clothing that is clean, in-season, on hangers and in good condition.

Donate Books**Bergen County Jail**

160 South River Street, Hackensack

201-336-3500, ext. 4355

Accepts paperback books. Absolutely no hard cover books and no books with spiral binding. Drop off between 9AM-5PM.

Englewood Public Library

31 Engle Street

201-568-2215

Accepts used books in good condition. Call 201-768-1272 for pickup

Better World Books

Drop-box at the Cresskill Library

53 Union Ave, Cresskill

www.betterworldbooks.com

They sell books that have been donated. Proceeds benefit nonprofits that provide literacy programs.

Emergency Services

***For a health, fire or life safety emergency
call 911***

Englewood Police Department

75 S Van Brunt Street, Englewood

201-568-2711 (non-emergency)

www.cityofenglewood.org/

Bergen County Office of Emergency Management

285 Campgaw Road, Mahwah, NJ 07430

201-785-5757 of 201-336-7705

American Red Cross

(responds to natural disasters)

973-797-3300

Adult Protective Services

Bergen County Board of Social Services
201-368-4300 or 800-624-0275 (after hours)

For vulnerable adults who are being subjected to abuse, neglect or exploitation, and who cannot protect or care for themselves.

Bergen County's United Way Compassion Fund

6 Forest Avenue, Paramus
211 or 201-294-4050 or 877-652-1148

Provides help with urgent financial needs from utility bills to medication and healthcare to help families remain in their home.

www.nj211.org

Housing, Health & Human Services Center

120 South River Street, Hackensack
201-336-6475

Temporary shelter, meals, and links to community services.

Family Promise of Bergen County

100 Dayton Street Ridgewood, NJ
201-833-8009

Helps working families who are facing homelessness. Monday-Friday 9:00am-5:00pm

Alternatives to Domestic Violence

One Bergen County Plaza, Hackensack
201-336-7575

Offers services including crisis intervention; counseling; legal assistance; individual, group and family counseling; etc. Calls remain confidential.

Center for Hope and Safety

12 Overlook Ave, Rochelle Park, NJ
201-498-9247

201-944-9600 HOTLINE

Assists women and children who are victims of domestic violence, including emotional, economic, sexual and physical abuse. Provides emergency and transitional housing, emotional support, and a diversified continuum of services focused on safety, empowerment, and self-sufficiency.

www.hopeand safetynj.org

Healing Space -YWCA

214 State Street, #207, Hackensack

201-487-2227 24-hour Hotline

Provides a confidential 24/7 hotline to survivors of sexual assault and abuse, their families and friends. Support is available to anyone who has experienced sexual violence, whether it happened hours or years ago. Its Time Is Now Action Coalition is developing a plan to support those who have stepped forward to say #MeToo.

SeniorHaven for the Prevention of Elder Abuse Program of **Jewish Home Family**

855-455-0555

Shelter available for individuals over 65 who are victims of abuse. Abuse may be physical, sexual, financial, verbal, emotional, or psychological.

Referral from a professional is required.

jewishhomefamily.org/seniorhaven

Employment Opportunities

Re-Launch Career Services

Jewish Family & Children's Services
of Northern New Jersey

1485 Teaneck Road, Teaneck

201-837-9090 x225

Provides FREE guidance in career direction for job seekers of all ages. Revamp your resume, create a compelling cover letter and interviewing skills

ReServe North Jersey

877-290-6145

Matches retired professionals age 55+ with part-time service opportunities at nonprofits and public institutions in order to strengthen their communities while earning a modest stipend.

www.reserveinc.org/newark

info@reserve.org

New Jersey State Employment Services **Vocational Rehabilitation Services** **for the Disabled**

Unemployment and disability Insurance

One-Stop Career Center

60 State Street, Hackensack

201-996-8940 or 201-996-8970

Offers services such as workshops, counseling, job search, skilled training, etc.

Senior Community Service Employment Program (SCSEP)

Easter Seals

194 Route 17 North, Rochelle Park, NJ

855-215-4541 or 201-845-0247

Provides job training and employment opportunities for eligible individuals aged 55+

English as a Second Language

Englewood Library

31 Engle Street, Englewood

201-458-2215 ext 236

www.Englewoodlibrary.org/adults

ESL classes open to men and women.

Greater Bergen Community Action

Offers ESL classes in Cliffside Park and Palisades Park

201-366-1020 ext. 7236

www.greaterbergen.org

Call for details

Korean-American Senior Citizen Association

1061 Slocum Ave, Ridgefield, NJ

ESL program will service the Korean Population 60+; English instruction for communication in Health and Citizenship

Project Literacy Greater Bergen County

355 Main Street, Hackensack

201-489-7066

www.project-literacy.org

Free tutoring services by trained volunteers to adults in need of basic literacy education, math and ESL.

Women's Rights Information Center

108 Palisade Ave., Englewood

201-568-1166

www.womensrights.org

ESL classes open to men and women.

Financial Benefits & Assistance

Consumer Credit Counselling

888-726-3260

www.cccsnj.org

Financial counseling for older adults 65+

Greater Bergen Community Action

Economic Security Initiative

316 State Street, Hackensack

201-488- 5100 ext. 7166

www.greaterbergen.org

Assists older adults in completing a comprehensive economic review; helps them learn about services and resources in such areas as financial management, housing, employment, public benefits, health, and legal issues.

Medicaid

Bergen County Board of Social Services

218 Route 17 North, Rochelle Park, NJ 07662

201-368-4200 or 201-368-4785

Apply for general Assistance, SNAP (food stamps), Family Care, TANF, Institutional Medicaid, etc.

www.bcbss.com

Funeral-Burial Support Program (Medicaid)

Bergen County Board of Social Services

218 Route 17 North

Rochelle Park, NJ 07662

201-368-4200

Medicare Health Insurance

These programs pay or help pay for the cost of medical care for older adults and disabled persons.

MEDICARE (www.medicare.gov)

www.medicare.gov

1-800-MEDICARE

1-800-633-4227

MEDICARE PART A

Hospital insurance. Covers inpatient hospital care

800-633-4227

MEDICARE PART B

Covers physician and some out-patient services.

800-633-4227

MEDICARE PART C

Medicare advantage plans. HMOs, PPOs, and other health plan options provided through one network. Plan benefits may include vision, hearing and dental screening and/or discounts, Rx drug coverage and/or health club membership.

800-633-4227 or 800-633-4227

MEDICARE PART D

Optional prescription drug plans which add drug coverage to original Medicare.

800-633-4227

State Health Insurance Program (SHIP)

201-336-7413

Assistance in completing Medicare and other health insurance claim forms; information on supplemental policies; evaluation of specific claim forms and health insurance needs; information on prescription coverage and Medigap policies.

Absolute Insurance Management (Medicare Made Easy)

973-470-8333

Provides evaluation, at no charge, of the various available options for Medicare.

Medicare Rights Center – Medicare Interactive

888-466-9050

www.MedicareInteractive.org

Provides help with Medicare appeals process.

N.J. Property Tax Relief Programs

Property Tax Deduction/Credit

Englewood Tax Office

2-10 North Van Brunt Street

201-871-6607

Homeowners and tenants who pay property taxes, directly or through rent, on their principal residence in N.J. may qualify for either a deduction or a refundable credit on their N.J. resident income tax return. Tax benefit varies depending on amount of the taxpayer's income, amount of property taxes or rent paid, and filing status.

Pharmaceutical Assistance Programs

These programs may help reduce pharmaceutical costs to seniors, veterans, and disabled persons.

Pharmaceutical Assistance to the Aged & Disabled (PAAD)

800-792-9745 or 201-336-7400

Prescription discount program for elderly and people with disabilities. .

Senior Gold Prescription Discount Program

800-792-9745 or 201-336-7400

Prescription discount program for elderly and disabled NJ residents who do not qualify for PAAD.

Extra Help with Medicare Prescription Drug Plan Costs

800-772-1213

Federal program that helps pay full or partial costs of Medicare prescription drug coverage.

www.socialsecurity.gov

State Health Insurance Program (SHIP)

201-336-7413

Provides Medicare beneficiaries with assistance and information about health insurance policies, claim forms, prescription coverage, and evaluates health insurance options.

Partnership for Prescription Assistance

May help patients who are uninsured underinsured access the medicines they need through the program that is right for them.

www.pparx.org

Reverse Mortgage

Reverse Mortgage Counseling

Home Equity Conversion Mortgages

Division of Senior Services

ADRC-Aging & Disability Resource Connection

201- 336-7569

The Division of Senior Services offers a trained and certified counselor to advise seniors age 62 and over on ways to access their home equity so they can remain at home and age-in-place.

Social Security & SSI

Social Security

Continental Plaza
401 Hackensack Avenue - 2nd fl., Hackensack
800-772-1213

Supplemental Security Income (SSI)

Must be 65 years of age, blind, or have a disability and limited income. www.ssa.gov
Apply online: www.socialsecurity.gov/myaccount

Utility & Telephone Assistance

Low Income Home Energy Assistance Program (LIHEAP)

Federally funded program that provides financial assistance to low-income households and individuals with heating and medically necessary cooling costs. Apply between Oct. 1 through April 30.
Hotline: 1-800-510-3102 for further information.

The TRUE and PAGE Program-Energy Assistance Program; Universal Service Fund

Temporary Relief for Utility Expenses & Payment Assistance for Gas & Electric programs provide relief on natural gas and electric bills for low to moderate income households experiencing a temporary financial crisis. USF provides credit for utility bills.

Call (732) 982-8710 for further information
www.housingall.org for eligibility requirements.

Or call Greater Bergen Community Action at 201-968-0200 Ext 7008 or Bergen County Division of Senior Services/ADRC at 201-336-7400 *Apply Nov 1st thru March 31st

Cooling Assistance

Heightened Independence and Progress (hip)
131 Main St., Hackensack, NJ 07601
201-996-9100 ext. 18

Air conditioners can be provided for Bergen County residents. Call for eligibility requirements.

Lifeline Utility Credit Program

Gives a \$225 credit per year on your Public Service bill. Eligibility requirements same as for PAAD program.

How to Apply:

Call PAAD/Lifeline **800-792-9745** or
Bergen ADRC Division of Senior Services
201-336-7400 or
Greater Bergen Community Action
201-968-0200 Ext 7008

Comfort Partners

Provides energy saving home improvements and energy education programs for low-income customers. Sponsored by Board of Public Utilities - NJ Clean Energy Program. Eligibility: At or below 225% of the Federal Poverty Guidelines.

How to Apply: Call **888-773-8326** or go to www.njcleanenergy.com

Winter Termination Program (WTP)

*Electric or gas utility companies cannot discontinue services to certain households between November 15th - March 15th. Participants in LIHEAP, Lifeline Credit Program, PAAD, SSI, USF are eligible as long as they make a "good faith" payment if possible. Persons unable to pay their utility bills because of circumstances beyond their control are also eligible. For information contact Customer Assistance at **800-624-0241**.*

NJ SHARES

*Provides assistance to households in need of help paying their energy bills due to a financial crisis. **800- 272-1325** or **SUEZ Cares Water - 888-942-8080**. Applicants must have a history of good-faith payments with their energy company and not be eligible for LIHEAP, USF, TRUE or PAGE programs. www.njshares.org*

Weatherization Assistance Program

Improves energy efficiency with repairs and replacement if necessary. Eligibility: Households must meet income guidelines below 200% of Federal Poverty Level.

How to Apply:

*Apply thru the LIHEAP or contact Greater Bergen Community Action Weatherization Program at **973-546-1441***

www.GreaterBergen.org/home-energy

Verizon New Jersey Communications LifeLine
Low-income residential customers may be eligible to receive discounted local telephone service.
How to Apply: 800-837-4966 or visit
www.verizon.com/lifeline

FOOD

Food Stamps

B.C. Board of Social Services

218 Rt. 17 North, Rochelle Park, NJ 07662
201-368-4200

www.bcbss.com

Supplemental Nutrition Assistance Program (SNAP) helps low-income people buy food. Eligible to low-income elderly or disabled individuals.

Center for Food Action

192A West Demarest Street, Englewood
201-569-1804

cfanj.org

Mon.-Fri. 9-5, 10-2 on first Sat. every month. Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations throughout Bergen County.

Jewish Family & Children's Services of No. NJ

1485 Teaneck Road, Teaneck
201-837-9090

Call for appointment and to find out what documents are needed to qualify.

Office of Concern - St. Cecilia Church

85 Demarest Ave., Englewood
201-568-1465

officeofconcern.com

Mon-Thurs. 9-1 Provides food and other basic needs to low-income people of all ages, regardless of religion, race or culture.

Senior Farmers Market Program

1 Bergen County Plaza, Hackensack
201-336-7420

www.co.bergen.nj.us/580/Nutrition

Provides vouchers so eligible senior participants can buy fresh produce locally.

Also: Contact houses of worship in your neighborhood to see if they have a food pantry.

Health & Wellness Programs

Englewood Department of Health

73 South Van Brunt Street, Englewood
201-568-3450

Our local public health department provides many services needed to protect and promote health. The Health Department conducts inspections of restaurants, pools, and other facilities to ensure proper sanitation, and investigates public health nuisance complaints such as trash or rodents. Issues birth, death and marriage/civil union certificates, marriage/civil union licenses and retail food and pet licenses, provides health clinics for children, and health promotion programs for all ages.

B.C. Dept of Health Services

One Bergen County Plaza, Hackensack
201-634-2600

Coordinates and provides comprehensive health care and essential public health services (e.g., alcohol and drug dependency, animal shelter, dental health, environmental health, health promotion, intermediate and senior care, mental health, partnership for community health, public health nursing).

Hospitals

Englewood Health

(formerly Englewood Hospital)
350 Engle Street, Englewood

201-894-3000

www.Englewoodhealth.org

Acute-care hospital offering a full range of services in Englewood

Hackensack Meridian Health

30 Prospect Avenue, Hackensack
201-996-2000

www.hackensackmeridianhealth.org

Acute-care hospital offering a full range of services - near Englewood

Holy Name Medical Center

718 Teaneck Road, Teaneck

201-833-3000

www.holyname.org

Acute-care hospital offering a full range of services - near Englewood

New Bridge Medical Center

(Formerly Bergen Pines/Bergen Regional)

230 East Ridgewood Ave., Paramus, NJ 07652

201-967-4000

www.bergenregional.com

Regional hospital providing long term, behavioral health and acute care.

Chronic Disease & Disability

Health Issues

Alzheimer's Disease

Act Now Foundation

830 Bergen Ave, Ste. 8A, Jersey City, NJ 07306

201-721-6721

Raises awareness, provides educational workshops, memory screenings, support groups for caregivers and seniors with early stage dementia, and other resources. Serves Englewood.

Alzheimer's Association

800-272-3900

24-hour helpline **800-883-1180**

Caregiver Information Referral Line. For other details visit www.alz.org

Alzheimer Disease Education & Referral Center

800-438-4380

Comprehensive Alzheimer disease information and resources including caregiver skills for behavioral problems and all other information.

www.nia.nih.gov/alzheimers

Alzheimer's New Jersey

Northern Regional Office

690 Kinderkamack Rd., Ste100, Oradell, NJ 07649

201-261-6009

Helpline: 888-280-6055

Education, respite care and wellness programs

www.alznj.org

Lifesaver International Program of the B.C.

Sheriff's Office

2 Bergen Plaza, Hackensack

201-336-3540

Provides rapid response to reduce potential for serious injury for those with Alzheimer's, dementia, autism, Down syndrome and other related disorders.

COPSA Alzheimer's Resource Center

100 Metroplex Dr., Suite 200, Edison, NJ 08817

800-424-2494 or 732-235-8400

Statewide program that includes a dementia clinic and a resource center to help families and caregivers of people with dementia. Institute staff train and provide consultation to geriatric professionals throughout New Jersey.

Holy Name Hospital Asian Dementia Center

718 Teaneck Road, Teaneck, NJ 07666

201-833-3399

Screening, education programs, family support groups.

Other Diseases

Adler Aphasia Center

60 West Hunter Ave., Maywood, NJ

201-368-8585

www.adleraphasiacenter.org

Broad range of programs and activities to assist those with aphasia and their caregivers. Trains health care professionals to improve service delivery to people with aphasia.

Arthritis Foundation N.J.

555 Route 1 South #320, Iselin, NJ

888-467-3112

www.arthritis.org

Provides information and resources, access to optimal care, advancements in science and community connections.

Cancer

American Cancer Society

20 Mercer Street, Hackensack

201-343-2222

Funds and conducts research, shares expert information, supports patients, and provides information about prevention.

Cancer Care, Inc.

141 Dayton Street #204, Ridgewood, NJ 07450
201-444-6630

www.cancer.org

Provides counseling, education, support groups, publications, financial assistance and community programs. Serves Englewood.

Diabetes**American Diabetes Association**

800-342-2383

www.diabetes.org

Professional organization that provides research, information, advocacy and support for caregivers.

Englewood Health/Home Care

350 Engle Street - 4th Floor, Englewood

201-894-3335

In-home services for diabetes management; call for eligibility requirements.

NJ Chapter-American Heart Association

1 Union Street, Robbinsville, NJ 08691

609-208-0020

www.heart.org

Information & referral, listing of groups for stroke survivors/families/caregivers and professionals.

HIV/AIDS**Buddies of New Jersey**

149 Hudson Street, Hackensack

201-489-2900

www.njbuddies.org

Offers network of support: case management, substance abuse treatment and counseling, housing assistance, dental services, support groups, transportation and food bank.

Lupus Foundation of America – N.J. Chapter

64 E. Northfield Road, Livingston, NJ

973-379-3226

Devoted to solving the mystery of lupus.

www.lupusnj.org

National Multiple Sclerosis Society

1 Kalisa Way, Paramus, NJ

201-967-5599

www.nationalmssociety.org

Support groups, information, advocacy, equipment.

American Parkinson Disease Assoc.

New Brunswick, NJ 08901

732-745-7520

apdanj.org

Provides support services to help those with Parkinson's disease live life to the fullest.

Stroke**National Stroke Association**

800-767-6537

www.stroke.org

Information about stroke and guidance in starting stroke support groups.

Post-Stroke Program, B.C. Division of Disability Services

One Bergen County Plaza, Hackensack

201-336-6502

Offers several support groups throughout Bergen County, including Englewood.

Sickle Cell Disease**Sickle Cell Disease NJ Chapter**

1016 Broad Street, Newark, NJ 07102

973-482-9070

Sickle Cell Disease Assoc. of America

Baltimore, MD

800-421-8453

www.sicklecelldisease.org

Provides information and advocacy.

Dental Services**Bergen Community College**

400 Paramus Road, Paramus

201-447-6532

Dental Hygiene Clinic

Hackensack Meridian Health Center for Dentistry

30 Prospect Ave., Hackensack

551-996-2111

Dental clinic provides a comprehensive spectrum of oral and dental services at reduced fees.

SESCIL

(Southeast Center for Independent Living)

228 Grand Avenue, Englewood

201-569-4080 www.sescil.com

SESCIL provides myriad services for adults 55+, including dental services at very low cost.

Hearing Loss

Hackensack University Medical Center Audiology Department

30 Prospect Street, Hackensack, NJ 07601

551-996-5327

Screening, evaluation and treatment.

Hearing Loss Association of New Jersey

Bergen County Chapter

201-995-9594 (Voice)

Provides information about hearing aids, assistive technology, arts access, legal rights, and other topics. Inductive loop assistive listening system and CART (real-time captioning) available at meetings.

www.hearingloss-nj.org

Division of the Deaf & Hard of Hearing

PO BOX 074 Trenton, NJ 08625

800-792-8339 (Voice, TTY) or 609-588-2648

Information/referral, interpreter and CART (real-time captioning) referral service, advocacy, workshops, assistive listening devices demonstration center. Aims to eliminate barriers and promote increased accessibility.

Hearing Aid Assistance to Aged & Disabled

A \$100 reimbursement to those eligible. Eligibility requirements are same as for the PAAD program.

201-336-7400 or 800-792-9745

Need for hearing aid must be attested by a physician

Mental Health

National Alliance for the Mentally Ill

304 Valley Blvd, Wood-Ridge, NJ

201-635-9595

www.nami.org

Provides information and support for adults with mental illness and their families; conducts monthly educational seminars.

Bergen Co. Div. of Mental Health Services

1 Bergen County Plaza, Hackensack

201-634-2745 Emergency/Crisis hotline:

201-262-help (4357)

Contact if you or a family member are experiencing symptoms of mental health problems.

NJ Self-Help Clearing House

673 Morris Ave-Suite 100, Springfield, NJ 07081

800-367-6274

www.njgroups.org

Database of thousands of self-help support groups and organizations in NJ. Information and referral services as well as training to form self-help groups.

Psychiatric Emergency Screening Program (PSEP)

201-262-HELP (4357)

Emergency assistance. Located at New Bridge Medical Center (formerly Bergen Regional/Bergen Pines) but serves all of Bergen County.

Reachnj.org – Addiction and Recovery

844-732-2465 Toll free 24/7

Addiction and recovery information and resources.

Vantage Health System

93 W. Palisade Ave., Englewood

201-567-0059

Services elders with mental health, addiction, developmental and eldercare challenges

Vantage Health System/Northern Valley Adult Day Health Center

2 Park Ave, Dumont

201-385-4400, ext 3086

Geriatric Consultation. Evaluation of needs, care options and geriatric counseling if needed.

Uninsured

Bergen Volunteer Medical Initiative

75 Essex St #100, Hackensack

(201) 342-2478

bvmi.org

Free primary healthcare care for low-income adults without insurance, referrals to specialty care and chronic disease management. Interpreters available.

North Hudson Community Action Corporation
Englewood Health Center
197 South Van Brunt Street, Englewood
201-537-4442

nhcac.org/

Provides services in Internal medicine, pediatrics, and womens' health.

Urgent Care Centers

A+ Urgent Care

46 Union Ave., Cresskill

201-205-2172

Provides a wide range of medical services in a state-of-the-art facility in Cresskill. Open evenings and weekends. No appointment necessary.

City MD Urgent Care

282 Route 4 (Westbound), Paramus

(551) 222-0800

Walk-in clinic where board-certified doctors treat minor urgent care needs quickly and reliably, 365 days a year.

MD Partners

1 North Washington Ave., Bergenfield

201-374-9106

Physicians network of Englewood Health offers primary care evenings and weekends for sick visits, non-emergency injuries, routine vaccinations, and other primary care needs.

Vision Loss

Bergen Family Center

44 Armory Street, Englewood

201-568-0817

www.bergenfamilycenter.org

Only Adult Day Care program in northern New Jersey that accepts visually impaired clients.

**Adjustment to Vision Loss Project
Heightened Independence & Progress (HIP)**

131 Main Street, Suite 120, Hackensack

201-996-9100

Provides information & referral to services and resources throughout N.J. Peer Support groups meet at several locations in Bergen County.

New Eyes for the Needy, Inc.

549 Millburn Ave., P. O. Box 332, Short Hills, NJ

973-376-4903

Provides prescription eyeglasses to medically indigent, visually impaired, older adults who are N.J. residents. Referrals must be in writing from social service agencies. www.neweyesforthe needy.org

NJ State Library Talking Book & Braille Center

2300 Stuyvesant Avenue, Trenton, NJ 08618

800-792-8322 or 609-278-2640

Provides hands-on training in technology and long-term loans of digital audiobook players and audiobooks and has audio news-reading services. All services are delivered to the home without cost. www.njstatelib.org

**NJ Commission for the Blind &
Visually Impaired**

153 Halsey street 6th floor, Newark NJ 07101

973-648-3333

Education, vocational rehabilitation, social work, health screenings; teaches rehabilitation & independent living skills; referral assistance.

Assistive Technology Center

Johnson Public Library

274 Main Street, Hackensack

201-343-4169 ext. 22

Provides opportunities to learn to use adaptive technologies on iPads and desktop computers for people with visual impairments, age 55 and older.

Houses of Worship

Englewood Health Chaplain

350 Engle Street, Englewood

201-894-3228

Shiloh AME Zion Church

129 William Street, Englewood

201-568-5560

Church of Jesus Christ Apostolic

135 Lafayette Pl, Englewood

201-871-3310

Englewood Assembly of God

70 West Ivy Lane, Englewood
2010-567-4576

Baptist

Community Baptist Church of Englewood

224 First Street, Englewood
201-568-6369

Ebenezer Baptist Church

216 4th Street, Englewood
201-569-1156

Englewood Baptist Church

320 Tenaflly Road, Englewood
201-569-6648

First Baptist Church of Englewood

351 Englewood Avenue, Englewood
201-568-3410

Genesis Community Baptist Church

215 West Englewood Ave, Englewood
201-568-5505

Mount Calvary Baptist Church

90 West Demarest Avenue, Englewood
201-567-0113

Mount Olive Baptist Church

181 Warren Street, Englewood
201-569-5092

New Jerusalem Baptist Church

191 1st Street, Englewood
201-816-8839

Mision Bautista Hispana

351 W. Englewood Ave, Englewood

Charismatic Christian

True Vine Christian Center

50 E. Palisade Ave, Englewood
201-894-9118

Christian Science

Christian Science Church and Reading Room

75 Engle Street, Englewood
201-568-1221

Christian – Multli-Ethnic

Metro Community Church

office: 291 S. Van Brunt St.
Services: Greico School, 50 Durie Ave., Englewood
201-646-4765

Church of God

Church of God of Prophecy

192 W. Demarest Ave #2, Englewood
201-871-3750

Episcopal

St. Paul's Episcopal Church

113 Engle Street, Englewood
201-568-3276

Jehovah's Witness

Jehovah's Witness Congregation of Englewood

315 W. Palisade Ave., Englewood
201-567-1636

Korean

Englewood Grace Church

66 West Hudson Avenue, Englewood
201-541-7670

Joy Christian Fellowship

70 West Ivy Lane, Englewood
201-731-3216

Salvation Army Community Church

380 S. Van Brunt St, Englewood
201-503-9400

Yul Bang Mission Church

192 W. Demarest Ave #2, Englewood
201-421-6446

Jesus Christ is God's Church

138 W. Palisade Ave., Englewood
201-569-7731

Korean Community United Methodist Church

147 Tenaflly Road, Englewood
201-816-1284

Mormon – Church of Latter Day Saints

Church of Jesus Christ of Latter Day Saints

62 East Forest Ave, Englewood
201-541-1211

Lutheran

St. John's Lutheran Church

245 Tenaflly Road, Englewood
201-567-6266

Methodist

First United Methodist Church

128 West Demarest, Englewood
201-568-1941

Galilee United Methodist Church

325 Genesse Avenue, Englewood
201-567-0009

Muslim

Mehfil-e-Shahe Khorasan

28 Tenaflly Road, Englewood
201-567-6577

Orthodox Christian

Antiochian Orthodox Church

358 Mountain Road, Englewood
201-871-1355

Pentecostal

Englewood Church of God in Christ

191 Humphrey St., Englewood
201-567-3197

Refuge Temple Church of God in Christ

244 Waldo Place, Englewood
201-894-0808

Presbyterian

First Presbyterian Church/Englewood

150 East Palisades Avenue, Englewood
201-568-7373

Young Nak Presbyterian Church

113 Engle Street, Englewood
201-567-0797

19

Bethany Presbyterian Church

62 West Palisade Ave., Englewood
201-567-4132

Roman Catholic

St. Cecilia's Church

55 West Demarest Ave., Englewood
201-568-0364

Seventh Day Adventist

Community Seventh Day Adventist Church

245 Tenaflly Road, Englewood
201-871-6022

Englewood Spanish Seventh Day Adventist

135 Lafayette Pl, Englewood
201-476-1127

Synagogues

Congregation Ahavath Torah

240 Broad Avenue, Englewood
201-568-1315

Congregation Shomrei Emunah

89 Huguenot Avenue, Englewood
201-567-9420

East Hill Synagogue

255 Walnut Street, Englewood
201-569-4008

Kesher-Community Synagogue of Tenaflly & Englewood

509 Engle Street, Englewood
201-227-1117

Kol HaNeshamah

113 Engle Street, Englewood
201-816-1611

Unitarian Universalist

**Unitarian Universalist Congregation
of the Palisades**

228 Grand Ave. (Services at SESCIL)
Mailing address: 162 Cambridge ave, Englewood
no phone number

Housing

Affordable Rent-Subsidized Properties

Englewood Housing Authority

111 West Street, Englewood,

201-871-3451

Preference given to people living or working in Englewood, NJ at their two primary locations:
Vincent K. Tibbs Senior Building: 152 apartments (111 West Street)
Westmoor Gardens: 64 apartments (West Street and Slocum Avenue)

Greater Englewood Housing Corporation

1 Rock Creek Terrace, Englewood, NJ

201-871-0178

270 apartments of various sizes

King Gardens

71 Dubois Ct., Englewood, NJ

201-871-1270

100 apartments of various sizes around the Humphrey & Williams Street area

Up With Housing

70 Jay Street, Englewood, NJ

201-541-8003

8 apartments

Englewood II

68 William Street, Englewood, NJ

973-282-1100 x5035

32 apartments

Pindle East

270-272 Pindle Avenue, Englewood, NJ

201-342-9523

32 apartments

Council on Affordable Housing (COAH)

Has a few rental units in Englewood
Vivian: 75 Sterling Blvd, Englewood, NJ

201-568-5554

Sign up for wait list updates

<http://www.piazza-and-associates.com/afhousing.php?pa=vivian>

Housing Choice Voucher (Section 8)

Englewood Housing Authority

111 West Street, Englewood, NJ

201-871-3451

Call to find out if there is a wait list

N.J Department of Community Affairs (DCA)

Bergen County DCA Field Office

100 First Street, Hackensack, NJ

201-996-8990

www.nj.gov/dca/divisions/dhcr/hc_vouchers.html

Home Improvement, Safety & Repairs

(See Home Safety Check List on page 33)

***NOTE: Fire Department (201-871-6696) or Police Department (201-568-2711) may offer free home safety programs. Call to find out.**

Home Improvement Loan

Bergen County Community Development

One Bergen County Plaza, 4th Floor, Hackensack,

201-336-7200

Provides resources to rehabilitate existing homes. Eligibility is based on income, family size and type of improvement. The homeowner may be eligible for deferred loan for eligible home improvements.

Home Modifications/Home Repair

Heightened Independence & Progress (HIP)

131 Main Street, Suite 120, Hackensack

201-996-9100

Assists with adaptive equipment, and barrier-free home renovation projects- ramps, etc.

Chore Volunteer Handyman Service

Bergen Volunteer Center

64 Passaic Street, Hackensack

201-489-7790

Minor household repairs without charge (except for materials).

Greater Bergen Community Action
973-910-2500

Weatherization Assistance Program

Free program that improves energy efficiency of homes by providing insulation, weather stripping, new windows or doors, work on heating systems or water heaters, energy efficient refrigerators, etc.

Lead Remediation Program:

Free program tests homes built prior to 1978 for the presence of lead due to lead based paint. If lead is detected it will be remediated using special techniques, materials and containment methods.

Habitat for Humanity of Bergen County

121 Carver, Westwood, NJ
201-457-1020

Provides critical home repairs and accessibility modifications at no or minor cost (materials only) for low-income homeowner. Construct and install access ramps, refit bathrooms and interior access areas for low-income seniors and any family member with a disability.

Rebuilding Together North Jersey

PO Box 1389 Ridgewood, NJ 07451
201-447-8886

Provides critical home repairs and accessibility modifications and installs smoke alarms and carbon monoxide detectors at no cost for low-income homeowners or anyone with a disability.

Safely@Home – Home Improvements/Repairs
Jewish Home at Home in partnership

with Brad-Core

10 Link Drive, Rockleigh, NJ 07547
201-518-1175

Subscription-based service providing a single point-of-contact for needed repairs and modifications. Member of the Jewish Home Family

Home Insurance Policy Review

Renee Johnson
Rjohnson.metropa@gmail
646-404-2040

Free Policy Review and Free Home Inspection.

Home Valuation

Eileen O'Driscoll/Century 21 Concept 100

201-385-7100. or 201-220-0579
eileen.odriscoll@century21.com

FREE service to evaluate the value of your home and how much equity you have invested in it.

Rental Assistance & Tenant Services

Fair Housing Council

131 Main Street, Hackensack, NJ 07601
201-489-3552 or **201-489-4692**

Provides counseling for the buyer or renter; legal counseling in connection with discrimination complaints; foreclosure counseling.

NJ State Rental Assistance Program

100 First Street, Room 207, Hackensack
201-996-8990

Assistance with rent for eligible older adults.

Advance Housing Inc.

100 Hollister Road, Teterboro, NJ 07608
201-288-0545

Helps meet housing needs of people with mental illness through direct services, education, information, and referrals.

Section 8 Housing Voucher Program

Housing Authority of Bergen County

One Bergen County Plaza, 2nd Floor, Hackensack
201-336-7600

Provides rental assistance to eligible older adults and families. Preference is given to those who reside within Housing Authority member communities. (Englewood qualifies.)

Greater Bergen Community Action

Bergen County Housing Coalition

392 Main Street, Hackensack
201-488-6767 or **201-488-5100**

Provides tenant outreach, legal guidance, information and referral, workshops, speakers.

Homeless Prevention Program

201-488-5100

May pay back utility bills or rent (arrears); security deposit or first month's rent payment in order to obtain new rental housing.

Urban League for Bergen County

12 Tenaflly Road, Englewood

201-568-4988

Housing counseling, referrals, rental assistance and tenant/landlord disputes.

Shared Housing

Women's Rights Information Center

Shared Housing Program

108 West Palisade Avenue, Englewood

201-568-1166

Personalized service that matches those who are looking for housing with those who are looking to share their home or apartment.

Income Tax Assistance

AARP Foundation Tax-Aide

Toll-free: 888-687-2277

Toll-free TTY: 877-434-7598

Email: taxaide@aarp.org

Bergen Volunteer Center

Volunteer Income Tax Assistance (VITA)

Call 201-489-9454 or 2-1-1 to make appointment.

Information & Referral

BergenResourceNet

Bergen County's mobile and social media friendly, online directory of wellbeing-related programs, events, services, groups, webinars, and other type of resources for your family. Each page can be translated into multiple languages and is printable. It is the fastest way to find the community resources that provide natural supports to families – keeping them connected to their communities.

www.bergenresourcenet.org

Aging & Disability Resource Connection (ADRC)

Bergen County Division of Senior Services

One Bergen County Plaza, Hackensack

201-336-7400

www.co.bergen.nj.us/578/Senior-Services

Helps older adults, individuals with disabilities over the age of 18, and their caregivers, access the complex, long-term care, community-based, health and human services.

NJ 2-1-1

Dial 2-1-1 or 1-877-652-1148

1-877-746-5211 (from a rotary phone)

TTY users - dial 7-1-1 first

www.nj211.org

Free, multilingual, confidential information & referral service connects people in need of assistance with services that can help; maintains resource database with 10,000+ services for assistance with all of life's basic needs; and provides LIVE help 24/7/365 by phone (Dial 2-1-1), online chat (www.nj211.org) or text (text your zip code to 898-211). Need help? Start here.

NJ EASE (Easy Access, Single Entry)

1-877-222-3737

Toll-free information about statewide programs and services for older adults and their families.

National Council on Aging

www.ncoa.org

Information and resources on a broad range of issues related to aging.

National Institute on Aging

National Institutes of Health

www.nia.nih.gov/about

Leads broad scientific effort to understand nature of aging and to extend the healthy, active years of life. NIA is the primary Federal agency supporting and conducting Alzheimer's disease research

In-Home Services

Assistive Technology

An increasing array of devices are coming onto the market. A word of advice: learn to use the technology while you and your loved ones are able. This website can help you make decisions: www.retailmenot.com/blog/assistive-technology-buying-guide.html

In-Home Emergency Response Systems

Medical Alert Devices

Each typically has a monthly cost of \$20-\$30

American Medical Alerts

A medical alert device that is covered by Medicare.
800-423-8684

American Medical ID

Medical ID bracelet or necklace that describes medical conditions, DNR orders, or allergies to ensure appropriate medical care.
800-363-5985

Bay Alarm Medical Alert

Trained operators respond quickly and call friends, family, neighbors, and if necessary, your local 911 emergency services.
877-522-9633

Life Alert NJ

Single button initiates two-way communications between the senior and emergency operators, who contact fire, police, relatives or neighbors as needed.
800-338-9090

Life Watch

24/7/365 remote heart monitoring and other services that help physicians detect and analyze symptoms before they become major health problems.
877-774-9846

Philips Lifeline

Fast access to help, 24/7. Easy to use and can help you remain independent in your own home.
800-587-5128

Safe Link Wireless

Income eligible customers may enroll to receive a free cell phone. Apply on line or by phone.
800-723-3546 www.safelinkwireless.com

Grooming Services

In-home care by licensed barbers and hairstylists at the homes of those who have trouble making the trip to a conventional barbershop or hair salon. The services listed below provide service in Englewood and will give you a price over the phone in advance.

Cuts USA

195 Valley Blvd., Woodridge, NJ 07075
201-939-7979

Will provide grooming care in the home. Call for an appointment and cost estimate.

Home Care Services

CHEER Program/ Visiting Homecare Bergen Volunteer Center

64 Passaic Street, Hackensack
201-489-9454, x 203

Licensed aides assist in personal care. Also provide help with shopping, errands, light housekeeping, etc.

There are many home care agencies serving Englewood. The following organizations accredit home care agencies.

Accreditation Commission for Health Care, Inc.
(855) 937-2242 www.achc.org

Commission on Accreditation for Home Care
(201) 880-9135 www.cahcnj.org

Community Health Accreditation Program
(212) 363-5555 or (800) 669-1656, ext. 242
www.chapinc.org

The Joint Commission (JCAHO)
(630) 792-5000 www.jointcommission.org

National Institute of Home Care Accreditation
(703)901-2558 www.nihccaccreditation.com

Meals on Wheels

These programs deliver meals to Englewood residents.

Bergen County Division of Senior Services

Meals on Wheels Program

One Bergen County, Hackensack, NJ 07601

201-336-7420

For homebound B.C. residents age 60+, unable to shop or prepare meals, receives in-home assistance less than 4 hours per day, no special diet.

Kosher Meals on Wheels

Jewish Family & Children's Services of

Northern New Jersey

1485 Teaneck Road, Teaneck

201-837-9090

Delivers one box of 5 or 7 frozen meals once per week. Provides services to Englewood residents.

Moms Meals

1-877-508-6667

Fresh made meals delivered to clients. Special diet menus available.

In-Home Physician Services

Community House Call Providers

196 Jewett Avenue, Jersey City, NJ 07304

201-536-9000

Medical care for patients with difficulty getting out of their homes. Nurse practitioners make house calls under a physician's supervision. Medicare covers 80% of the cost.

www.communityhousecallproviders.org

Visiting Physician Services, member of VNA Health Group

23 Main Street, Suite D1, Holmdel, NJ 07733

732-571-1000

Specializes in treating adult and geriatric homebound patients; makes house calls to private residences, senior housing buildings and assisted living facilities. Provides service in Bergen County.

Telephone Reassurance & Friendly Visitors

Good Morning Englewood

A service provided by Englewood Police and Fire Depts. An officer calls an individual every morning up to two times. If no answer, Emergency Medical personnel will respond to the home.

Enroll by calling the Fire Department

201-871-6694.

Bergen County Wellness Check Program

201-336-7400

A daily electronic phone call will be made at a self-designated time. If the system cannot make contact, a call will be placed to designated family or friends. Available free of charge to Bergen County residents over the age of 60, homebound or disabled.

Jewish Family & Children's Services of No. N.J.

1485 Teaneck Rd., Teaneck

201-837-9090

Matches seniors with volunteers who provide companionship through weekly visits.

Legal Assistance

Bergen County Bar Association, Inc.

15 Bergen Street, Hackensack, NJ 07601

201-488-0044 Referrals to lawyers.

Community Mental Health Law Project

One Bergen County Plaza, 4th floor, Hackensack

201-634-2762

Legal and Advocacy for the mentally ill. Monday through Friday 9:00am - 4:30pm, by appointment

Legal Services of New Jersey

888-576-5529

Provides advice and brief service over phone & possibly referrals. Mon.-Fri. 8:30am - 5:30pm
www.lsnjlawhotline.org www.lsnj.org

NJ Protection and Advocacy

210 South Broad Street, 3rd Floor, Trenton, NJ

800-922-7233

Consumer organization serving New Jersey designated protection and advocacy system for

disabilities with mental illness, social security beneficiary benefits, rehabilitation services, health care, and insurance matters.

Northeast NJ Legal Services – BC Division Senior Law Project

190 Moore Street, Suite 100, Hackensack
201-487-2166

*Provides free legal services for seniors age 60+ of low income. Provides information on legal rights and entitlements, legal counseling, and education. Monday through Friday 8:30am - 5:00pm
Intake: Monday through Friday 8:30am – 12:00pm*

LGBTQ Resources

Garden State Equality

40 South Fullerton, Montclair, NJ 07042

973-509-5428

www.gardenstateequality.org

Statewide advocacy and education for the lesbian, gay, bisexual and transgender community.

GLARP - Gay & Lesbian Association of Retiring Persons, Inc.

310-722-1807 or 310-477-0707

gaylesbianretiring.org

Nonprofit that calls attention to the aging issues in the LGBT community.

Lambda Legal

212-809-8585

National LGBT legal help center.

Prime Timers

P.O. Box 1073, Sparta, NJ 07871

973-727-5174

www.meetup.com/New-Jersey-Primetimers/
Social organization that ensures that mature gay and bisexual men have a rich and pleasurable social life with other like-minded men.

SAGE -Services and Advocacy for GLBT Elders Elder Hotline - 888-234-SAGE

Hotline for LGBT elders in need of peer counseling, information and local resources.

SAGE NJ-Services & Advocay for GLBT Elders

32 Jones Street, Jersey City, NJ 07306

201-963-4779

www.hudsonpride.org

Men's/women's group where people meet and enjoy each others company. Discussions, guest speakers, video nights an outings.

LGBT Houses of Worship

(in or near Englewood)

Church of the Atonement - Episcopal

97 Highwood Ave, Tenafly

www.atonement-tenafly.org/

St Mark's Church - Episcopal

118 Chadwick Road, Teaneck

www.stmarksteaneck.org

St. Paul's Church - Episcopal

113 Engle Street, Englewood

201-568-3276

www.welcome.stpaulsenglewood.org

St Paul's Lutheran

61 Church Street, Teaneck NJ

www.stpaulsteaneck.org

Unitarian Universalist Congregation of the Palisades

228 Grand Avenue, Englewood

201-568-5540

Long Term Care Services

Care Management

One-stop service planning for older adults and people with a disability. Comprehensive assessment of needs and assistance with linkage to programs and services.

Bergen Family Center

44 Armory Street, Englewood

201-568-0817ext. 127

www.bergenfamilycenter.org

Catholic Charities-Older Adult Services

57 Pink Street, Hackensack

201-441-9421

www.ccannj.org

Friends of Grace Seniors, Korean Community Center
100 Grove Street, Tenafly
201-541-1200
www.kccus.org

Heightened Independence & Progress (HIP)
131 Main Street, Suite 120, Hackensack
201-996-9100
For people with disabilities of all ages.
www.hipcil.org

Jewish Home at Home
10 Link Drive, Rockleigh, NJ
201-750-3077
Sliding scale for those people who are financially eligible.
www.jewishhomefamily.org

Jewish Family & Children Services of No. NJ
1485 Teaneck Road, Teaneck
201-837-9090
www.jfcsnj.org

Aging Care Association Care Management
National Organization
3275 West Ina Road Suite 130, Tuscan, Az. 85741
520-881-8008
www.aginglifecare.org

Mental Health Service for Care Management
201-848-520

Adult Day Care Programs

These programs provide multiple health/social services in a congregate setting, enhancing the daily lives of participants and enabling their continued involvement in the community. These facilities provide a segment of time during the day or evening for the family/caregivers to engage in activities suitable to their personal needs. Transportation may be available.

Bergen Family Center
44 Armory Street, Englewood
201-568-0817
Social day care for the frail elderly.

Day Away Holy Name Medical Center
725 Teaneck Road, Teaneck
201-833-3757
Medical Adult Day Care

The Gallen Day Center
10 Link Drive, Rockleigh
201-750-4238
Medical Adult Day Care. Non-sectarian kosher facility providing a hot meal each day to participants. Door-to-door transportation provided for residents of Englewood. All are welcome!

Vantage Health System/Northern Valley Adult Day Health Center
2 Park Ave, Dumont, NJ
201-385-4400, ext 3086
Medical Adult Day Care

Assisted Living, Residential Health Care Facilities and Nursing Homes

Check out "*Selecting a Long-Term Care Setting – A Guide for New Jersey Consumers*"
www.nj.gov/health/njhealth/ltc_guide
For information on long-term health care facilities in New Jersey go to www.medicare.gov and www.state.nj.us/health

Quality of Care Issues / Ombudsman

NJ Department Of Health & Senior Services
P O Box 852, Trenton, NJ 08625
877-582-6995
Promotes & protects the rights, health, safety and welfare of seniors, age 60+ and in healthcare facilities (nursing homes, residential healthcare facilities, etc.) investigates specific complaints.

Nursing Home Volunteer Advocacy Program
Trained volunteers advocate for residents, providing socialization and help with any concerns about their personal situation and care.
www.nj.gov/ooie/home/volunteerprogramdescript.html

Assisted Living

(in or near Englewood)

Actor's Fund Home

155-175 West Hudson Avenue, Englewood

201-871-8882

Retired Theatrical Persons/Multi-Level Facility/Connected with a nursing home.

Arbor Terrace of Teaneck

600 Frank W. Burr Blvd., Teaneck

201-836-9260

Bright Side Manor

300 Teaneck Road, Teaneck

201-692-1000

Licensed Comprehensive Personal Care Home that provides assisted living services to people 60+ of all income levels. Accepts Medicaid without a private pay spend-down period.

www.brightsidemanor.org

Brightview

55 Hudson Avenue, Tenafly

201-510-2060

Bristol Assisted Living

412 South Van Brunt at Route 4, Englewood

201-540-4444

(anticipated opening in late 2018)

Five Star Premium Residences of Teaneck

655 Pomander Walk Street A, Teaneck

201-836-3634

Jewish Home Assisted Living

Kaplen Family Senior Residence

685 Westwood Ave., River Vale, NJ 07675

201-666-2370

Glatt Kosher community and non-sectarian community open to all seniors regardless of race, religion, and national origin. Connected with a nursing home.

Sunrise of Cresskill

3 Tenakill Park Drive East, Cresskill

201-871-0300

Residential Health Care Facilities

Residential Health Care Facilities are licensed by the State. Licensed physician must certify that the resident does not have medical or personal care needs which exceed the level of services provided.

Provides a home-like atmosphere, while maintaining continuous supervision of health care and daily activity needs.

Licensed Residential Health Care Facilities provide the following services: (1) 24-hour supervision; (2) Provision of Assistance with personal hygiene, management of funds for clothing and other purchases and supervision of all medication; (3) Health Maintenance and Monitoring Services include assessment of medical, social, and health history needs and corresponding plans to meet those needs. (Registered Nurse); (4) dietary services; (5) arrangement for activity participation in and outside the facility.

Buckingham at Norwood

100 McClellan Street, Norwood, NJ 07648

201-768-6222

Five Star Premium Residences of Teaneck

655 Pomander Walk, Teaneck, NJ 07666

201-836-3634

Home for Armenian Aged

70 Main Street Emerson, NJ 07630

201-261-6662

*Residential Health Care Facility/Multi-Level Facility –Medicare/Medicaid certified
Connected with a nursing home*

Facilities for People with Alzheimer's or Dementia

Memory Care Living at Cresskill

248 Madison Avenue, Cresskill, NJ 07626

201-368-7070

Sunrise of Cresskill – Memory Care

3 Tenakill Park Drive East, Cresskill

201-285-5120

Nursing Homes

(in or near Englewood or serving specific groups)

The Actor's Fund Home

155 West Hudson Avenue, Englewood

201-871-8882

For retired theatrical persons.

Medicare/Medicaid/Private Pay

Armenian Nursing & Rehabilitation Center

70 Main Street, Emerson, NJ

201-261-6662

Medicare/Medicaid/Private

Bergen County Health Care Center

35 suite B Piermont Road, Rockleigh, NJ

201-750-8310

Medicare/Medicaid/Private

Buckingham At Norwood

100 McClellan Street, Norwood, NJ

201-768-6222

Dedicated unit for Korean patients.

Medicare/Medicaid/Private Pay

Care One At Cresskill

221 County Road, Cresskill

201-567-9310

Medicare/Private Pay

Care One At Teaneck

544 Teaneck Rd., Teaneck

201-862-3300

Medicare/Private Pay

County Manor Health Care & Rehabilitation

133 County Road, Tenafly

201-567-7800

Medicare/Medicaid/Private Pay

Inglemoor Center

333 Grand Avenue, Englewood

201-568-0900

Medicare/ Medicaid/Private Pay

Jewish Home at Rockleigh

Nursing Home and Rehabilitation Center

10 Link Drive, Rockleigh, NJ

201-784-1414

Medicare/Medicaid/Private

New Bridge Medical Center

(Formerly Bergen Pines/Bergen Regional)

230 E. Ridgewood Avenue, Paramus

201-967-4170

Medicare/Medicaid/Private

Teaneck Nursing Home

1104 Teaneck Road, Teaneck

201-833-2400

Medicare/Medicaid/Private

NOTE: *Some nursing homes provide respite beds/short stay services on a temporary basis. Call individual nursing homes to inquire.*

Hospice Service/End of life

Home Care & Hospice Association of NJ

485D route 1 South, suite 210, Iselin, NJ 08830

732-877-1100

www.homecarenj.org

info@homecarenj.org

Englewood Health

Home Care & Hospice Services provided through Visiting Nurse Association, which is headquartered in Englewood

800-862-3330

Holy Name Medical Center Home Care Hospice Unit

718 Teaneck Rd, Teaneck

201-833-3188

NOTE: *Some nursing homes provide hospice beds. Call individual nursing homes to inquire.*

Nonprofit Organizations **In Englewood**

Actors Fund Home

(Lillian Booth Actors Fund Home)

155-175 West Hudson Ave.

201-871-8882

Assisted living, skilled nursing care facility; provides a comfortable living environment for entertainment professionals on six acres of property.

Arts Horizons

1 Grand Avenue 201-567-1766
Promotes arts as fundamental to a child's education; provides arts programs to diverse people of all ages and abilities.

Artworks - The Naomi Cohain Foundation

96 Engle Street 201-608-0146
Provides children and young adults facing chronic and life-limiting illnesses, and their families, access to empowering and expressive art programs.

Bergen Family Center

44 Armory Street 201-568-0817
Provides vital services to families, older adults, teens and toddlers; provides counseling and resources to help families manage challenges and improve the quality of their lives.

Bergen Performing Arts Center (bergenPAC)

30 N. Van Brunt St. 201-227-1030
Non-profit regional theater, bergenPAC presents more than 175 shows a year, providing free tickets to organizations serving individuals who otherwise would be financially unable to experience the live performing arts. Since 2016, the Arts Access Initiative has granted over 17,000 such tickets, primarily to seniors.

Calvary Cares Community Development Corp

90 W. Demarest Ave. 201-568-2000
Develops partnerships with public and private entities to improve the quality of life for residents

Center for Food Action

192A West Demarest Ave.
 201-569-1804
Provides emergency food, rental assistance, security deposits, utility assistance, counseling and advocacy services to low-income individuals and families. Additional locations in Bergen County.

Chamber of Commerce

2-10 N. Van Brunt St. 201-567-2381
Promotes business growth; serves as the eyes ears and voice of Englewood's commercial, business, professional and industrial community.

Community Chest

122 South Van Brunt St. 201-568-7474
Strengthens the Eastern Bergen County community through partnership, leadership and philanthropy.

The Defining Moment Foundation

126 Chestnut Street
 201-364-4322 or 201-871-9567
Dedicated to the prevention of substance abuse and bullying in senior adults and children. Elder Consciousness and Mindfulness training workshops for senior adults.

Englewood Health

350 Engle Street 201-894-3000
www.englewoodhealth.org
Acute-care hospital offering a full range of services in Englewood.

Englewood Volunteer Ambulance Corps.

South Van Brunt (next to Police station)
 201-569-7962
Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians and First Responders.

Flat Rock Brook Nature Center

443 Van Nostrand Ave. 201-567-1265
flatrockbrook.org
150-acre preserve and environmental education center situated on the western slope of the Palisades.

Friends of John T. Wright Arena

Mackay Park 201-568-3133
Helps to improve the facilities of Englewood's only ice-skating rink and ensures programming that serves the city's residents.

Northern NJ Community Foundation

1 Grand Avenue – Suite 3
 201-568-5608
Promotes art and culture as powerful means of bridging diversity and bringing people together.

Office of Concern Food Pantry

St. Cecelia's Church
 55 W. Demarest Ave 201-568-1465
Dedicated to serving the invisible poor in our area

Planned Parenthood of Central & Greater North Jersey

46 No. Van Brunt Street 201-894-0966
Provides high quality, affordable reproductive health care

Southeast Center for Independent Living (SESCIL)

228 Grand Avenue
201-569-4080 sescil.com
Provides myriad services for adults 55+, including programs that exercise body and mind. Only local senior center that provides such medical services as podiatry, dentistry and chiropractor.

St. Paul's After School Choir Program

113 Engle Street 201-568-3276
Tuition-free professional choral training, voice and piano lessons, leadership development, academic tutoring, and mentoring to children and teenagers

Urban League for Bergen County

12 Tenaflly Road 201-568-4988
Dedicated to empowering the economically disadvantaged residents of Bergen County and surrounding areas to elevate the standards of living in historically underserved urban communities.

Vantage Health System

93 W. Palisade Ave. 201-567-0059
Services elders with mental health, addiction, developmental and eldercare challenges

Visiting Nurse Association (VNA)

15 Engle Street 800-862-3330
Provides home health and hospice care in partnership with Englewood Health

Vincent K. Tibbs Child Development Center

183 William St. 201-568-3937

West Side Infant Teen Program

192 West Demarest 201-458-2571
Provides child care and counseling services to teen mothers and their families

Women's Rights Information Center

108 W. Palisade Ave 201-568-1166
Provides extensive services in employment and career development as well as assistance with affordable housing, peer counseling, legal consultations and appropriate referrals.

YWCA of Bergen County

Hackensack (main office)
201-444-5600 x 400
Offers swim classes at the Crowne Plaza Hotel.

Transportation

Access Link

1-800-955-2321

Hearing Impaired: 1-800-772-2287

24-hrs access: 973-275-5555

NJ Transit provides curb-to-curb transportation to eligible people with disabilities located within 3/4 mile from bus routes. Reserve in advance.

American Cancer Society

20 Mercer Street, Hackensack
201-343-2222 or 201-457-3418
Transportation for cancer patients

Bergen County Community Transportation

178 Essex St, Lodi, NJ 07644
201-368-5955
Provides door-to-door scheduled transportation for elderly and frail residents of Bergen County.

EZ Ride - Ryde4Life

144 Park Place East, Wood-Ridge, NJ 07075
201-939-4242, option 4
www.ryde4life.org
Provides on demand transportation using Lyft for adults 18 years and older. No smartphone required. Monday - Friday 8am - 8pm, Weekends 8am - 5pm

GoGoGrandparents

855-464-6872
gogograndparent.com
Offers Uber and Lyft transportation to individuals over 50 years old anytime 24 hours/day. No smartphone is necessary. Subsidies may be available

Veterans Services

iTNNorthJersey

205 Hillcrest Ave., Wycoff, NJ 07481

(201) 398-6885

itnnorthjersey.org

Membership based Senior Transportation using volunteer drivers in Bergen County

NJ Find A Ride

www.njfindaride.org

Finds agencies that provide transportation.

NJ Transit Reduced Fare Program

973-491-7112

www.reducefare@njtransit.com

Seniors or people with disabilities are eligible to pay no more than one-half the regular one-way fare on all interstate bus, rail routes, and most interstate bus and rail routes into adjacent states (NY and PA).

Lyft

www.lyft.com/cities/new-jersey-nj

On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card

Uber

www.uber.com

On demand 24/7 car service. Sign up by downloading app on your cell phone and set up account with your credit card

Also:

Check with your local religious organizations. They may provide transportation services

Driver Safety Programs

AARP Driver Safety Course

www.aarpdriversafety.org

Online course enhances driver safety and may lower the cost of automobile insurance.

Driver Evaluation Program of The Jewish Home Family

Email: driving@jewishhomefamily.org

201-518-1174

Can assess driving abilities and recommend adaptive equipment to maximize safety. Open to people of all faiths.

United States Department of Veterans Affairs

151 Knollcroft Road, Lyons, NJ 07903

908-647-0180

Division of Veterans Services

One Bergen County Plaza, Hackensack

201-336-6325

Advises, guides, and assists Bergen County veterans and their dependents on the many veterans programs, services, and entitlements.

Veterans Affairs Benefits Administration (Regional Office)

20 Washington Place, Newark, NJ 07102

800-827-1000

Federal benefits for veterans and dependents. Call to inquire about services/benefits.

Veterans Health Benefits

N.J. Veterans Administration Health Care System

800-315-7909

Call toll-free for information and application packet. The VA Hospital is located in East Orange.

VA Healthcare Enrollment (New Jersey)

888-954-3553

Veterans Affairs Clinic

385 Prospect Avenue, Hackensack

201-342-4536

Veterans Memorial Home Paramus

1 Veterans Drive, Paramus

201-634-8200

Community Transportation for Veterans

178 Essex Street, Hackensack

201-368-5955

Transportation to VA hospitals and health care sites.

Veteran Employment Federal Positions

www.usajobs.gov

www.fedshirevets.gov

www.vaforvets.va.gov

Financial Assistance for Homebound Veterans

Aid and Attendance and Housebound Benefits

Newark Regional Office
20 Washington Place, Newark, NJ 07102
800-827-1000
www.veteranaid.org www.veteranaidbenefit.org
www.vba.va.gov

Property Tax Exemption for Disabled Veteran

Tax Office-City Hall
2-10 North Van Brunt St., Englewood
201-871-6607
Full exemption from property taxes on a principal residence for certain totally and permanently disabled war veterans and their unmarried surviving spouses or partners.

Senior Veterans Tax Freeze

800-882-6497
Apply through the State of New Jersey

Veterans Deduction on Property Taxes

Englewood Tax Office
2-10 North Van Brunt St., Englewood
201-871-6607
Annual deduction of up to \$250 from taxes due on real or personal property paid to qualified war veterans and their unmarried surviving spouses.

Legal Services for Veterans

Northeast New Jersey Legal Services

190 Moore Street-Suite 100, Hackensack
201-487-2166
www.northeastnjlegalservices.org
Provides legal services to low-income and homeless veterans in the areas of health, housing, public benefits, consumer rights and employment.

Volunteer Services **In or near Englewood**

Bergen Volunteer Center

64 Passaic St., Hackensack
201-489-9454
*Engages volunteers to meet community needs. Online database matches prospective volunteers with hundreds of volunteer positions in Englewood and other communities in Northern N.J. The Center's **Redefining Retirement** program focuses exclusively on helping those who are retired find meaningful volunteer positions.*
www.bergenvolunteers.org

Englewood Volunteer Ambulance Corps.

South Van Brunt (next to Police station)
201-569-7962
Responds to 911 calls; provides emergency basic life support; staffed by volunteers certified as Emergency Medical Technicians/First Responders.

Jewish Family & Children's Services of Northern NJ

1485 Teaneck Road, Teaneck
201-837-9090
*Seeks volunteers for several varied and interesting positions. **RSVP** focuses on volunteers age 55+*
www.jfcsnnj.org

North Jersey Villages

201-888-7736
North Jersey Villages is a member of the Village to Village Network. www.vtvnetwork.org
Intergenerational volunteers share their expertise and talents to develop neighborhood networks that foster friendships, exciting opportunities, and practical help for older adults who are choosing to age at home in Bergen County. Find out more at www.northjerseyvillages.org

Note:

Most of the Nonprofits listed on pages 28-30 engage volunteers. Call for information about volunteering with them.

Home Safety Checklist

How well does your home meet your needs?

Steps/Stairways/Walkways

- Are they in good shape?
- Do they have a smooth, safe surface?
- Are there handrails on both sides of the stairway?
- Do you have light switches at the top and bottom of the stairs?
- Is there grasping space for both knuckles and fingers on railings?
- Are the stair treads deep enough for your whole foot?
- Would a ramp be feasible in any of these areas if it became necessary?

Floor Surfaces

- Is the surface safe?
- Nonslip?
- Any throw rugs or doormats that might slip underfoot?
- Is carpeting loose or torn?
- Are there changes in floor levels?
- If so, are they obvious or well-marked?
- Do you have to step over any electric, telephone, or extension cords?

Driveway and Garage

- Is there always space to park?
- Is it convenient to the entrance?
- Does the garage door open automatically?
- Windows & Doors
- Are windows and doors easy to open and close?
- Are locks sturdy and easy to operate?
- Do doorways accommodate a walker or wheelchair?
- Can you walk through the doorways easily?
- Is there space to maneuver while opening and closing doors?
- Does the front door have a view panel or peephole at the right height?

Appliances, Kitchen & Bath

- Is the room arranged safely and conveniently?
- Do the oven and fridge open easily?
- Are stove controls clearly marked and easy to use?
- Is the counter the right height and depth?
- Can you work sitting down?
- Are cabinet doorknobs easy to use?
- Are faucets easy to use?
- Do you have a handheld shower head?
- Are the items you use often on high shelves?
- Do you have a step stool with handles?
- Can you easily get in and out of the tub or shower?
- Do you have a bath or shower seat?
- Are there grab bars where needed?
- Is the hot water heater regulated to prevent scalding or burning?

Lighting & Ventilation

- Are there enough lights, and are they bright enough?
- Do you have night lights where needed?
- Is area well ventilated?

Electrical Outlets, Switches, Alarms

- Can you turn switches easily on and off?
- Are outlets properly grounded to prevent a shock?
- Are extension cords in good shape?
- Do you have smoke detectors in all key areas?
- Do you have an alarm system?
- Is the telephone readily available for emergencies?
- Does the telephone have volume control?
- Can you hear the doorbell ring all throughout the house?

Checklist courtesy of AARP

Summary of Transportation Options on pages 30-31

Organization	Phone	Website	Email	Description	When Provided	Cost
Bergen County Community Transportation	201-368-5955	co.bergen.nj.us/554/Community-Transportation	n/a	Provides a safe, trouble-free, scheduled transportation system for persons with disabilities, seniors, and frail residents of Bergen County.	Call to schedule at least 10 days in advance. Operates 8:30-4:30 but can make arrangements for earlier, later and weekend appointments or activities.	No charge; donation requested.
GogoGrandparent	855-464-6872	gogograndparent.com	support@gogograndparent.com	On demand transportation services by Uber and Lyft accessible with a land line telephone.	Available on demand 24 hours/day, 7 days/week, 365 days/year. Car usually arrives within 10 minutes.	Uber and Lyft fares plus a small fee.
ITN North Jersey	201-398-6885	itnnorthjersey.org	info@itnNorthjersey.org	Provides a community-based, quality transportation service for seniors age 60+ and adults with visual impairments; drivers are screened and trained volunteers.	Provides rides in cars of volunteers 24 hours/day, 7 days/week, 365 days/year. Schedule at least a day in advance. Service depends on availability of volunteer drivers.	Membership fee plus per-ride charge; discounts may be available
NJ Transit	973-275-5555	njtransit.com	n/a	Provides scheduled bus, rail and light rail services throughout New Jersey. Comprehensive point-to-point information easily available online or by telephone.	Scheduled service. Check the schedule for a particular bus or train to determine exact timing and location.	Discount available for those age 62+ or people with disabilities. Call for details.
NIITIP@Rutgers	848-932-4499	njitip.rutgers.edu	njitip_info@njitip.rutgers.edu	The New Jersey Travel Independence Program (NIITIP) @ Rutgers help increase the independence and self-sufficiency of people with disabilities, older adults and others by empowering them to use the public transit system safely and independently. Provides instruction for groups or one-on-one.	Schedule programs in advance. Workshops are offered at times mutually convenient to the individual or the organization requesting the program.	No charge
RydeLife	866-208-1347	Erride.org	Ryde-life@erride.org	Provides rides with Uber and Lyft for individuals over age 18 throughout New Jersey.	Rides can be scheduled in real time or in advance. Service is available from 8 AM-8 PM Mon-Fri, and 8AM-5PM weekends.	Membership fee plus per-ride charge

INDEX

A+ Urgent Care.....	17
AARP Driver Safety Course.....	31
AARP Grief & Loss Program	4
AARP NJ.....	1
Absolute Insurance Management	11
Access Link	30
Accreditation Commission for Health Care, Inc.....	23
Act Now Foundation.....	14
Activities in or near Englewood	1
Actor's Fund Home	27, 28
Addiction and Recovery/Reachnj.org.....	16
Adjustment to Vision Loss Project	17
Adler Aphasia Center.....	5, 14
ADRC-Aging & Disability Resource Connection/Reverse Mortgage Information ..	11
Adult Care Brief Bank/Kaplen JCC on the Palisades.....	8
Adult Continuing Education	4
Adult Day Care Programs.....	26
Adult Protective Service.....	6, 9
Adult Reach Center /Kaplen JCC on the Palisade	6
Advance Housing Inc.....	21
Affordable Rent-Subsidized Properties	20
Aging & Disability Resource Connection (ADRC)	1, 22
Aging Care Association Care Management	26
Aid and Attendance and Housebound Benefits	32
Alternatives to Domestic Violence	9
Alzheimer's Association.....	14
Alzheimer's New Jersey	7, 14
Alzheimer Disease Education & Referral Center	14
Alzheimer's or Dementia Homes	27
American Cancer Society.....	14, 30
American Heart Association	15
American Medical Alerts	23
American Medical ID	23
American Parkinson Disease Assoc.....	15
American Red Cross	8

Americas Unidas Multicultural Senior Center.....	3
Animal Shelter/Bergen County Animal Shelter.....	8
Antiochian Orthodox Church.....	19
Arbor Terrace of Teaneck.....	26
Area Agency on Aging.....	1
Armenian Nursing & Rehabilitation Center	27
Arthritis Foundation N.J.....	14
Arts For Life-NJ.....	1
Arts Horizons.....	1, 29
Artus Park.....	2
Artworks - The Naomi Cohain Foundation	29
Assisted Living Facilities	27
Assistive Technology.....	23
Assistive Technology Center Johnson Public Library	17
Baptist Churches.....	17-18
Bay Alarm Medical Alert.....	22
Bereavement Services	4
Bergen Co. Div. of Mental Health Services	16
Bergen Community College.....	4, 15
Bergen County Agencies & Services	1
Bergen County Bar Association, Inc.....	24
Bergen County Board of Social Services.....	1, 8, 10, 13
Bergen County Community Transportation	30
Bergen County Department of Health Services.....	1, 13
Bergen County Division of Senior Services	1, 24
Bergen County Division on Disability Services	1
Bergen County Health Care Center	28
Bergen County Housing Coalition	21
Bergen County Jail.....	8
Bergen County Office of Emergency Management.....	8
Bergen County Senior Lunch Program.....	3
Bergen County Shelter	9
Bergen County Wellness Check Program	24
Bergen County's United Way Compassion Fund.....	9
Bergen Family Center	1, 3, 17, 25, 26, 29
Bergen Performing Arts Center (BergenPAC).....	1, 28
Bergen Pines/Bergen Regional (see New Bridge Medical Center).....	6, 14, 27

Bergen Volunteer Center	32
Bergen Volunteer Medical Initiative.....	16
BergenResourceNet	22
Bethany Presbyterian Church	19
Better World Books	8
Big Brothers Big Sisters Pickup Service.....	7
Bright Side Manor.....	27
Brightview	26
Bristol Assisted Living.....	26
Broad Ave. Courts.....	2
Buckingham at Norwood.....	27
Buddies of New Jersey.....	15
Business Services	5
Calvary Cares Community Development Corp.....	29
Cambridge Ave. Park.....	2
Cancer Care, Inc.	15
Care 2 Caregivers	5, 6
Care Management	25
Care One At Cresskill.....	27
Care One At Teaneck.....	27
Care Plus NJ, Inc.	6
Caregiver Coalition of Bergen County.....	5
Caregiver Support Services	5
Caring About The Strays (CATS)	7
Catholic Charities-Older Adult Services.....	25
Center for Food Action	13, 29
Center for Hope and Safety.....	9
Century 21 Concept 100 /Home Valuation	21
Chamber of Commerce.....	5, 29
Charismatic Christian Church	18
CHEER Program/ Visiting Homecare	23
Chore Volunteer Handyman Service	20
Christian Science Church and Reading Room	18
Chronic Disease & Disability Health Issues.....	14
Church of God of Prophecy.....	18
Church of Jesus Christ Apostolic	17
Church of Jesus Christ of Latter Day Saints	19

Church of the Atonement - Episcopal.....	25
City MD Urgent Care.....	17
Clubs & Social Groups	7
Comfort Partners	12
Commission on Accreditation for Home Care	23
Community Baptist Church of Englewood	17
Community Chest.....	29
Community Health Accreditation Program.....	23
Community House Call Providers	24
Community Mental Health Law Project	24
Community Seventh Day Adventist Church	19
Community Transportation for Veterans	31
Congregation Ahavath Torah.....	19
Congregation Shomrei Emunah.....	19
Consumer Credit Counselling.....	10
Cooling Assistance.....	12
COPSA Alzheimer’s Resource Center	14
Council on Affordable Housing (COAH)	20
County Manor Health Care & Rehabilitation	28
Crisis hotline: 201-262-HELP (4357).....	1
Crisis Services.....	6
Crystal Lake.....	2
Cuts USA.....	23
Day Away Holy Name Medical Center	26
De-Cluttering Your Home	7
Denning Park.....	3
Dental Services	15
Depot Square Park.....	3
Diabetes	15
Division of the Deaf & Hard of Hearing	16
Division of Veterans Services	31
Donate Books.....	8
Dorot Caregivers’ Connection.....	6
Driver Evaluation Program /Jewish Home Family	31
Driver Safety Programs.....	31
Drop-off Donated Goods.....	8
Dunning Park.....	3

East Hill Synagogue.....	19
Easter Seals Senior Employment Program	10
Ebenezer Baptist Church	18
Economic Development	5
Economic Security Initiative	10
Elder Abuse	6
Elder Hostel (Road Scholar).....	2
Eleanor Harvey Park	3
Elks Ideal Lodge #470	7
Emergency Services.....	8
Employment Opportunities	9
Englewood Assembly of God.....	18
Englewood Baptist Church	18
Englewood Church of God in Christ.....	19
Englewood Department of Health.....	13
Englewood Dept. Of Parks & Recreation	2
Englewood Grace Church	18
Englewood Health Center	16
Englewood Health	4, 13, 15, 28, 29
Englewood Health Chaplain	17
Englewood Housing Authority.....	20
Englewood II	20
Englewood Police Department	8
Englewood Public Library.....	8, 10
Englewood Rotary Club.....	7
Englewood Spanish Seventh Day Adventist	19
Englewood Tax Office	11
Englewood Volunteer Ambulance Corps.	29, 32
English as a Second Language	10
Episcopal Church	18
EZ Ride	30
Fair Housing Council	21
Fairleigh Dickinson University	4
Family Caregiver Alliance.....	5
Family Promise of Bergen County.....	9
Financial Assistance for Homebound Veterans.....	31
Financial Benefits & Assistance	10

First Baptist Church of Englewood	18
First Presbyterian Church/Englewood	19
First United Methodist Church.....	19
Five Star Premium Residences of Teaneck	26, 27
Flat Rock Brook Nature Association.....	2, 29
Food Pantries.....	13
Food Stamps	13
Fort Lee Senior Center.....	3
Friends of Grace Seniors.....	4, 26
Friends of John T. Wright Arena.....	29
Funeral-Burial Support Program (Medicaid).....	10
Galilee United Methodist Church	19
Gallen Center’s Caregiver Support Group	5
Garden State Equality	24
Garrity Field	3
General Information	1
Genesis Community Baptist Church	18
GLARP - Gay & Lesbian Association of Retiring Persons, Inc.	25
Glenbrook Park.....	3
GoGoGrandparents.....	31
Good Morning Englewood.....	24
Goodwill Industries	7
Grandparents as Caregivers.....	6
Grandparents Raising Grandchildren Support Group.....	6
Greater Bergen Community Action.....	10, 21
Greater Englewood Housing Corporation	20
Green Drop Pickup Service.....	7
Grooming Services (In Home)	23
Habitat for Humanity	21
Habitat for Humanity ReStore	8
Hackensack Meridian Health	13, 15
Hackensack Senior Center	3
Hackensack University Medical Center Audiology Department	15
Healing Space –YWCA.....	9
Health & Wellness Programs	13
Hearing Aid Assistance to Aged & Disabled	16

Hearing Loss.....	15
Hearing Loss Association of New Jersey	16
Heightened Independence & Progress (HIP)	17, 26
HIV/AIDS.....	15
Holy Name Hospital Asian Dementia Center	14
Holy Name Medical Center	5, 14, 28
Home Care & Hospice Association of NJ	28
Home Equity Conversion Mortgages.....	11
Home for Armenian Aged.....	27
Home Health Care Services	23
Home Improvement Loan	20
Home Improvement, Safety & Repairs	20
Home Modifications/Home Repairs	20
Home Safety Checklist	33
Home Valuation.....	21
Homeless Prevention Program.....	21
Hospice Service/End of life	28
Hospitals.....	13
Houses of Worship	17
Housing-related Services.....	20
Housing Authority of Bergen County	21
Housing Choice Voucher (Section 8).....	20
Housing, Health & Human Services Center	9
Income Tax Assistance	22
In-Home Caregiver Education and Support Program.....	5
In-Home Emergency Response Systems	23
In-Home Physician Services.....	24
In-Home Services.....	23
Information & Referral Services.....	22
Inglemoor Center.....	28
Institute for Learning in Retirement	4
Institute for New Dimensions	4
iTNNorthJersey	31
Jehovah's Witness Congregation of Englewood	18
Jesus Christ is God's Church.....	18
Jewish Family & Children Services of Northern NJ	9, 13, 23, 26, 32
Jewish Home Assisted Living	27, 28

Jewish Home at Home.....	21, 26
Jewish Home Family	5, 9
Joint Commission on Accreditation of Healthcare Organizations	23
Joy Christian Fellowship.....	18
Kaplen Family Senior Residence.....	26
Kaplen JCC on the Palisades	2, 6, 4,
Kesher-Community Synagogue of Tenafly & Englewood.....	19
King Gardens.....	20
Kinship Navigator Hotline.....	6
Kol HaNeshamah.....	19
Korean-American Senior Citizen Association of New Jersey.....	4, 10
Korean Churches.....	18
Korean Community Centre	4
Korean Community United Methodist Church	18
Kosher Meals on Wheels.....	24
Lambda Legal	25
Lead Remediation Program:	21
League of Women Voters	7
Legal Assistance	24
Legal Services for Veterans	32
Legal Services of New Jersey.....	24
Leonia Recreation Center.....	4
LGBT Houses of Worship.....	25
LGBTQ Resources	25
Life Alert NJ	22
Lifeline Utility Credit Program.....	12
Lifesaver International program of the B.C. Sheriff's Office.....	14
Long Term Care Services	25
Low Income Home Energy Assistance Program (LIHEAP)	12
Lupus Foundation of America Pickup Service	7
Lutheran Church	18
Lyft	31
Mackay Park.....	3
Madison Park.....	3
Martin Luther King, Jr. Senior Center.....	3
MD Partners	17
Meals on Wheels.....	24

Medicaid	10
Medical Alert Devices.....	22
Medicare Health Insurance.....	10-11
Medicare Made Easy.....	11
Medicare Prescription Drug Plan Costs	11
Medicare Rights Center – Medicare Interactive	11
Mehfil-e-Shahe Khorasan	19
Memory Care Living at Cresskill	27
Mental Health	16
Mental Health Service for Care Management	26
Methodist Church	19
Metro Community Church	18
Mision Bautista Hispana	18
Moms Meals	24
Mormon – Church of Latter Day Saints	19
Morris Park.....	3
Mount Calvary Bapatist Church.....	18
Mount Olive Baptist Church	18
Muslim/Mosque	19
N.J. Property Tax Relief Programs	11
National Alliance for the Mentally Ill.....	16
National Council of Jewish Women Thrift Shop	7
National Council on Aging.....	22
National Institute on Aging/National Institutes of Health	22
National Institute of Home Care Accreditation.....	23
National Multiple Sclerosis Society.....	15
National Organization for Empowering Caregivers	5
National Stroke Association	15
New Bridge Medical Center	6, 14, 27
New Eyes for the Needy, Inc.....	17
New Jersey State Employment Services	9
New Jerusalem Baptist Church	18
NJ 2-1-1	22
NJ Commission for the Blind & Visually Impaired	17
NJ Department of Community Affairs (DCA)	20
NJ EASE (Easy Access, Single Entry).....	22
NJ Find A Ride.....	31

NJ Protection and Advocacy	24
NJ Self-Help Clearing House	5, 16
NJ SHARES	12
NJ State Library Talking Book & Braille Center	17
NJ State Rental Assistance Program	21
NJ Transit Reduced Fare Program.....	31
Nonprofit Organizations in Englewood	28
North Hudson Community Action Corporation.....	17
North Jersey Villages	32
Northeast New Jersey Legal Services.....	25, 32
Northern NJ Community Foundation.....	2, 29
Not-for-Profit Thrift Shops	7
Nursing Home Volunteer Advocacy Program	26
Nursing Homes	28
Office of Concern - St. Cecilia Church	13, 30
Ombudsman	26
One-Stop Career Center	9
Orthodox Christian Church.....	19
Parkinson’s Support Group	6
Partnership for Prescription Assistance	11
Pawsitively Furever Dog Rescue Center	8
Payment Assistance for Gas & Electric (PAGE).....	12
Pentecostal Churh.....	19
Pharmaceutical Assistance Programs	11
Pharmaceutical Assistance to the Aged & Disabled (PAAD)	11
Philips Lifeline.....	23
Pindle East	20
Planned Parenthood of Central & Greater North Jersey	30
Post-Stroke Program, B.C. Division of Disability Services	15
Presbyterian Churches	19
Prime Timers	25
Project Literacy Greater Bergen County	4, 10
Property Tax Deduction/Credit	11
Property Tax Exemption for Disabled Veterans	32
Psychiatric Emergency Screening Program 201-262-HELP (4357)	6, 16
Quality of Care Issues	26
Ramapo-Bergen Animal Refuge, Inc.	8

Re-Launch Career Services	9
Reachnj.org.....	16
Rebuilding Together North Jersey.....	21
Refuge Temple Church of God in Christ.....	19
Rental Assistance & Tenant Services	21
ReServe North Jersey.....	9
Residential Health Care Facilities	27
Respite Care Services.....	6
Reverse Mortgage Counseling.....	11
Richard & Catherine Nest Adult Activity Center	3
Road Scholar (Elder Hostel).....	2
Roman Catholic Church.....	19
Ryde4Life	30
Safely@Home	21
Safe Link Wireless	23
SAGE NJ-Services & Advocay for GLBT Elders	25
Salvation Army.....	8
Salvation Army Community Church	18
Section 8 Housing Voucher Program	21
Senior Activity Centers.....	3
Senior Community Service Employment Program (SCSEP)	10
Senior Farmers Market Program.....	13
Senior Gold Prescription Discount Program.....	11
Senior Law Project.....	24
Senior Net Program/Kaplen JCC on the Palisades.....	4
Senior Source.....	2
Senior Veterans Tax Freeze.....	32
SeniorHaven for the Prevention of Elder Abuse	9
SESCIL.....	2, 3, 4, 16, 30
Seventh Day Adventist.....	19
Shared Housing Program.....	21
Shiloh AME Zion Church	17
Sickle Cell Disease	15
Social Security	12
Southeast Center for Independent Living	2, 3, 4, 16, 30
St. Cecilia's Roman Catholic Church.....	19
St. John's Lutheran Church	18

St. Mark's Church - Episcopal	25
St. Paul's Lutheran	25
St. Paul's Church – Episcopal	18, 25
St. Paul's After School Choir Program.....	30
State Health Insurance Program (SHIP)	11
Statewide Respite Care Program	6
Stroke.....	15
Sunrise Assisted Living.....	27
Supplemental Security Income (SSI).....	12
Synagogues	19
Teaneck Nursing Home.....	28
Teaneck Senior Center.....	4
Telephone Reassurance & Friendly Visitors.....	24
Temporary Relief for Utility Expenses (TRUE)	12
Tenaflly Senior Center	4
Transportation	30
Transportation Summary Chart	34
Triangle Park.....	3
True Vine Christian Center.....	18
Trumble Park.....	3
Tyron Park.....	3
Uber	30
Unemployment and Disability Insurance.....	9
Uninsured.....	16
Unitarian Universalist Congregation of the Palisades	19, 25
United States Department of Veterans Affairs	31
Up With Housing.....	20
Urban League for Bergen County.....	22, 30
Urgent Care Centers.....	17
Utility & Telephone Assistance	12
VA Healthcare Enrollment (New Jersey)	31
Vantage Health System.....	5, 30
Vantage Health System Caregiver Support Group	5
Vantage Health System/Northern Valley Adult Day Health Center.....	16, 26
Verizon New Jersey Communications LifeLine.....	13
Veteran Employment Federal Positions	32
Veterans Affairs Benefits Administration	31

Veterans Affairs Clinic	31
Veterans Deduction on Property Taxes	32
Veterans Health Benefits	31
Veterans Memorial Home Paramus.....	31
Veterans Park	3
Vietnam Veterans of America.....	8
Village to Village Network.....	32
Vincent K. Tibbs Child Development Center	30
Vincent K. Tibbs Senior Building.....	20
Vision Loss	17
Visiting Homemakers of Bergen County	3
Visiting Nurse Association	30
Visiting Physician Services, member of VNA Health Group	24
Vocational Rehabilitation Services for the Disabled	9
Volunteer Services	32
Weatherization Assistance Program.....	12, 21
West Side Infant Teen Program.....	30
Westmoor Gardens	20
Winter Termination Program	12
Woman's Club of Englewood	7
Women's Rights Information Center	8, 10, 22, 30
YMCA of Greater Bergen County	2
Young Nak Presbyterian Church	19
Yul Bang Mission Church.....	18
YWCA Bergen County.....	2, 30

Please let us know of any errors or omissions in this Directory.

Age-Friendly Englewood

Email: agefriendlyenglewood@gmail.com

Phone: 201-591-5162

Website: www.age-friendlyenglewood.org



Freedom
Home Healthcare SM



- ✓ Licensed Home Health Care
- ✓ RN Supervision & Coordination
- ✓ 24/7 Live On-Call Service
- ✓ Complimentary Social Worker
- ✓ Hourly, Live-In & Respite Care
- ✓ Serving all of New Jersey

1.866.7FREEDOM

(1.866.737.3336)

www.freedomhh.com



facebook.com/FreedomHomeHealthcare

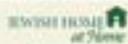
Thanks to the City of Englewood, NJ
for supporting the
Age-Friendly Englewood project



Welcome to the Family!



Where you need us, when you need us.



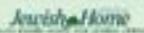
At home we provide all aspects of home care, safety and stimulation.

201-750-4247
jewishhomeathome.org



At our River Vale residences we provide good living and many levels of care.

201-666-2370
jhalej.org



At our rehab and skilled nursing facility we care for you like family.

201-750-4234
jewishhomerockleigh.org

Need more information? Call: 201-784-1414 Visit: jewishhomefamily.org



**MALESARDI
QUACKENBUSH
SWIFT & COMPANY LLC**
CERTIFIED PUBLIC ACCOUNTANTS

ROBERT E. SAYDAH

THOMAS J. FLANNERY

RAYMOND J. VANARIA

KELLY L. CASSIDY

DAVID J. O'BRIEN

155 North Dean Street
Englewood, New Jersey 07631
PH: 201.567.4100 • FX: 201.567.3461
www.mqscpa.com



Bank

America's Most Convenient Bank[®]

1-888-751-9000 | www.tdbank.com

Age-Friendly Englewood

Thanks



for generous support of
our efforts to make
Englewood GREAT
for all ages.

IMPORTANT NUMBERS

Emergency	911
City Hall/City Manager	201-871-6637
Mayor	201-871-6666
Police (non-emergency)	201-568-2711
Fire (non-emergency)	201-568-6301
City Clerk	201-510-8213
Health Department	201-568-3450
Library	201-568-2215
Public Works	201-568-3401
Recreation	201-568-3472
Tax Collector	201-871-6607

www.cityofenglewood.org

For information about programs and services that help NJ residents in need:

dial 211 www.nj211.org

To get involved and give back:

Bergen Volunteer Center

201-489-9454

www.bergenvolunteers.org

Jewish Family & Children's Services of Northern N.J.

201-837-9090

www.jfcsnj.org

AGE-FRIENDLY ENGLEWOOD

c/o Community Chest of Englewood

122 South Van Brunt St.

Englewood, NJ 07631

www.age-friendlyenglewood.org

agefriendlyenglewood@gmail.com

201-591-5162