



## Cuba: Havana

June 24-29, 2020

\$3,899 (double occupancy, incl flights)

\$699 (single supplement)

**BOOK NOW 888.747.7501**



### Occupational Therapy, Physical Therapy & Rehabilitation Journey

CAREER ENRICHMENT

*Cuba is a country steeped in mystery. Connect with the warm Cuban people while enjoying a unique mix of vibrant music, eclectic art, and 1950s cars. Delve into the complexities of Afro Cuban customs and thought. Form your own opinions as you revel in Cuba's culture, people, and spirit. A journey to Cuba is like no other! Are you ready to leave your preconceived ideas at the door and embrace the local culture? It's an experience you won't regret!*

#### Program Highlights

- 6 days & 5 nights in Havana
- Enjoy a **cooking class** at a local restaurant.

#### Professional Interaction

- Explore Cuba's rich cultural heritage as you learn about **Cuba's healthcare system** including site visits to local clinics and interaction with various experts in the field from the **Ministry of Health**.
- Learn about occupational therapy, physical therapy, and rehabilitation programs on the island while spending time with staff at a **rehabilitation center or polyclinic**. Learn about Cuba's health care while exchanging ideas on programs for providing basic therapy to children and resources for families.
- Discuss OT, PT, and rehabilitation access to care while visiting a facility such as **La Castellana Medical Center** which provides resources and specializes in vocational training for the disabled.

#### Community Connections & Cultural Immersion

- Chat with local shop owners in **Old Havana** and learn from local historians about this UNESCO World Heritage site.
- Meet local Cubans of all ages during an evening **neighborhood block party**.
- Explore a local market while you learn about production of the handicrafts from **local artisans and owners**.

#### License Regulations

- *Under current guidelines, this program conforms to OFAC requirements for hands-on, professional exchange in Cuba.*



**Why Nanda Journeys?**  
*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

#### Journey Leadership: **Karen Jacobs, EdD, OT, OTR, CPE, FAOTA**

Dr. Jacobs is a Clinical Professor of Occupational Therapy and the Program Director of the On-line Post-professional Doctorate in Occupational Therapy Program at Boston University in Boston, Massachusetts. She is a past president and vice president of the American Occupational Therapy Association (AOTA) and was a 2005 recipient of a Fulbright Scholarship to the University of Akureyri in Akureyri, Iceland. She holds a Master of Science degree from Boston University and a Bachelor of Arts degree from Washington University in St. Louis, Missouri.

#### Ready to go?

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