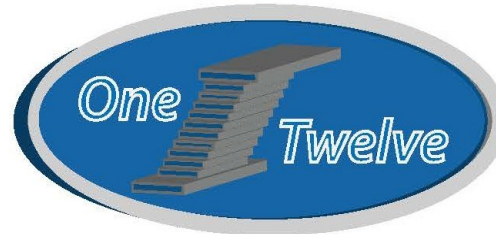
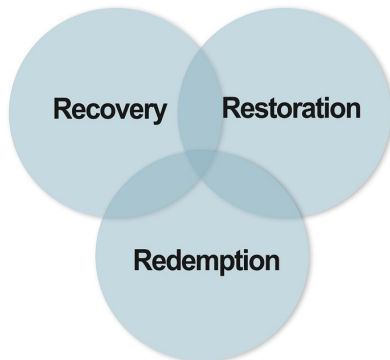


## *Treatment Services & Transitional Housing*

*One Twelve is an affordable residential treatment center for men, designed to assist the alcohol and drug dependent individual in the transition to a sober and productive life. The typical length of stay is 90 days.*

*12-step recovery, coupled with clinical counseling services, are the cornerstones of healthy long term recovery from addiction. Our Minnetonka, MN treatment center also focuses on the benefits of proper nutrition, exercise, and other life skills.*

[www.onetwelve.org](http://www.onetwelve.org)



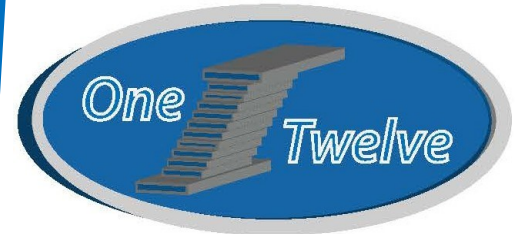
### **One Twelve**

12218 Lake Street Extension  
Minnetonka, Minnesota 55305  
Phone: 952-513-7475  
E-mail: [info@onetwelve.org](mailto:info@onetwelve.org)



[www.facebook.com/treatmentcenter](http://www.facebook.com/treatmentcenter)

[www.onetwelve.org](http://www.onetwelve.org)



### *Drug & Alcohol Treatment Services*

*One Twelve is a residential 12 Step based program for men, helping addicts and alcoholics transition from treatment to long term recovery while building a strong sober support network.*



**Tel: 952-513-7475**  
**[www.onetwelve.org](http://www.onetwelve.org)**

## One Twelve

### Drug & Alcohol Treatment Services

One Twelve uses evidence-based practices that have worked for millions of alcoholics and addicts. We offer genuine hope for long term recovery and a return to personal responsibility. We help men “develop a manner of living which demands rigorous honesty” (AA text, Pg. 58).

One Twelve offers a safe home where men can identify and work through issues that have caused problems in their lives. One Twelve offers a home with structure and consistent rules.

Addiction is a progressive disease, and it runs in families. One Twelve teaches the principles of a healthy recovery and a lifestyle of integrity.

***Don't quit before the miracle happens.***



### Our Program

One Twelve offers addiction treatment services located in Minnetonka, Minnesota. Our residential program is designed to allow the client to work evenings & weekends while receiving treatment services. We encourage and assist with employment searches. Transport is available to medical appointments. Referrals and connections are available to many other support and social services. We offer individualized treatment programs to meet our clients' needs. One Twelve's Primary Program provides the following:

- 12 Step Based Program - AA/NA steps & traditions, meetings, speakers, sponsors
- Individual, Group and Family Therapy
- Relapse Prevention
- Addiction Education
- Anger Management
- Therapeutic Recreation
- Health & Wellness Education
- Spirituality Support
- Meditation
- Employment Search Assistance
- Life Skills Education

We currently provide services to adult men. We are affiliated with Westside Sober Living, enabling an easy transition from treatment to safe, sober housing.

### Chemical Use Assessments (Rule 25)

#### What is Rule 25?

A Rule 25 Assessment is a comprehensive chemical use assessment tool, required by the State of Minnesota for its licensed treatment providers.

One Twelve provides affordable chemical health assessments. We also provide courtesy assessments for several counties.

#### Treatment Funding

We accept many forms of health insurance and Rule 25 funding. Co-pay's are generally collected at the time of service. We offer a discounted rate for underinsured individuals.

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