

Ashtead All Stars 2018/2019: Update No. 1

Sunday 9th September 2018

Dear all,

Welcome to the new season of AAS. And what a good start to the season!

At the end of August we had our first ever Pre-Season Training Camp with Jo Tripp. About 100 girls attended this Camp in total, and it was enjoyed by all.

Regular training commenced last week, and it was great to see the girls again after the summer. This weekend saw the first matches of the season. An U11 squad and an U12 squad attended a Season Opener Tournament in Brighton, and the AAS Ladies played their first matches of the Surrey League. The results are shown in the tables below.

SUSSEX PRE-SEASON OPENER

OUR TEAM	RESULTS	POSITION
U11 Team	9 matches, WON 6, LOST 3	3rd
U12 Team	9 matches, WON 8, DREW 1	SILVER MEDALLISTS

SURREY LEAGUE

OUR TEAM	OPPOSITION	RESULT	SCORE	STAR PLAYER
AAS Ladies A	Fairlands C	WON	53 - 18	Lauryn and Alice
AAS Ladies B	Worcester Park Lions B	WON	36 - 33	Amelia and Martha

THE WEEK AHEAD

The whole season's activities are detailed in the Fixtures and Training Schedule which is available to view on the website. I am regularly updating this document so please always look at the latest version. The changes made on each version are detailed at the beginning of the document. Here is the link. <http://www.ashteadallstars.com/info.html>. And here is an extract for the week ahead.

10/09/2018	Monday	6 - 7pm	Outdoor Training: U12s and U15/U16s
		7 - 8pm	Outdoor Training: U13s and U14s
12/09/2018	Wednesday	6 - 7pm	Outdoor Training: U10s
		7 - 8pm	Outdoor Training: U11s
		6 - 7pm	Indoor Training for ALL U13s
		7 - 8pm	Indoor Training for ALL U15/U16s
		8 - 9.15pm	Indoor Training : AAS LADIES
15/09/2018	Saturday	10am	KINGSTON LEAGUE (Home): AAS ladies A v Focus B
		11.30am	KINGSTON LEAGUE (Home): AAS ladies C v Putney Ladies C
		1 - 4pm	Farnham Summer League re-arranged matches for U11 and U12s
		2 - 3pm	MINIS

We are hoping to be in the Leatherhead Advertiser this week, so do have a look on Thursday.

I hope you all enjoy the week ahead,

Kind regards,

Jane Arnett

Chairperson and Coach, Ashtead All Stars