**Contact Lens Wearing Schedule**

Manufacturer Lens Wearing Schedule Should I Sleep Replace Every in Them?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Alcon | Air Optix w/Hydraglyde | Daily wear; remove nightly | No | 30 Days |
| Alcon | Air Optix Dailies | One day – throw away | No | Day |
| Alcon | Aqua Comfort Dailies | One day – throw away | No | Day |
| Alcon | Dailies 1 Total | One day – throw away | No | Day |
| Alcon | Air Optix Astigmatism | Daily wear or extended wear up to 6 nights | Yes – if wearing as extended | 30 Days |
| Alcon | Air Optix Night & Day | 30-day continuous wear | Yes | 30 Days |
| Alcon | Air Optix w/HF MFs | Daily wear or extended wear up to 6 nights | Yes – if wearing as extended | 30 Days |
| Alcon | Precision Dailies | One day – throw away | No | Day |
| Alcon | Air Optix Colors | Daily wear; remove nightly | No | 30 Days |
| Alcon | Freshlook Colors | Daily wear; remove nightly | No | 2 Weeks |
| Alcon | Freshlook Color Blend | Daily wear; remove nightly | No | 2 Weeks |
|  |  |  |  |  |
| Bausch and Lomb | Bio-True 1-Day | One day – throw away | No | Day |
| Bausch and Lomb | Eureka | One day – throw away | No | Day |
| Bausch and Lomb | Ultra Monthly | Daily wear or extended wear up to 6 nights | Yes - If wearing as extended | 30 Days |
|  |  |  |  |  |
| Clerio | H2OExtreme Daily | Daily wear; remove nightly | No | 30 Days |
| Clerio | H2O Extreme Monthly | Daily wear; or extended wear up to 6 nights | Yes – if wearing as extended | 30 Days |
| Clerio | H2O Extreme 54% | Daily wear; or extended wear up to 6 nights | Yes – if wearing as extended | 30 Days |
| Clerio | H2O Extreme 54% Toric | One day – throw away | No | Day |
| Clerio | H2O 59% XTRA | One day – throw away | No | Day |
|  |  |  |  |  |
| CooperVision | MyDay 1-Day | One day – throw away | No | Day |
| CooperVision | Preference Toric | Daily wear; or extended wear up to 6 nights | Yes – if wearing as extended | 30 Days |
|  |  |  |  |  |
| Johnson & Johnson | Acuvue Oasys | Extended wear up to 6 nights | Yes – if wearing as extended |  |
| Johnson & Johnson | Acuvue Oasys for Astigmatism | Extended wear up to 6 nights | 2  Yes – if wearing as extended |  |
| Johnson & Johnson | Acuvue Oasys Multifocals | Extended wear up to 6 nights | Yes – if wearing as extended |  |
| Johnson & Johnson | Acuvue Oasys Transitions | Daily wear; up to two weeks | No |  |
| Johnson & Johnson | Acuvue Oasys 1-Day | One day – throw away | No | ` |
| Johnson & Johnson | Acuvue Oasys Vita | Daily wear; remove nightly; replace monthly | No |  |
| Johnson & Johnson | Acuvue Vita for Astigmatism | Daily wear; remove nightly; replace monthly | No |  |

(\*) Recommended only for children 8-12 years old for myopia control.