



SCRIPTURE of the DAY

Isaiah 60: 1-6

Psalms 71: 1-2, 7-8, 10-13

Ephesians 3: 2-3, 5-6

Matthew 2: 1-12



As we seek the pastoral pathways of building trust through prayers, dialogue and faith expressed in actions, what can we learn from the readings? Let us reflect on the gospel account of the Magi. Their journey exemplifies the very essence of trust. Taking a courageous leap of faith into the unknown, the Magi use science and astrology to seek something greater than themselves. By following the Star which eventually leads them to the Manger, the Magi exhibit trust in God's guidance. The stark difference in having the glorious sign, and the reality of a lowly Manger do not deter them from bowing down to honour the Infant Christ, and offering him the very gifts Isaiah foretold: gold, frankincense and myrrh. After the encounter at the Manger, the Magi trust a dream, warning them not to return to Herod, but to follow another route.

As we start the year focusing on family, may the Epiphany story offer us some guidance. Strong witnessing of the faith starts in the family, and often comes with challenges as young couples come together to build their lives together. Realities start to sink in after the honeymoon period. Chores, children, finances, educational needs, peer pressure, the list goes on. Yet, the **home is the first school of trust. It is where we learn humility, forgiveness, build trust and lean on each other.** Strong prayer life helps members of the household to stay Christ-centred as they learn to discern the signs God uses to guide them.

For the larger family, the Church, the Magi story shows that God reveals Himself to all peoples. That the family of God is not based on ethnicity, but on a shared response to His Light. It is heartening to know of the dialogues and collaborations the Church has with the different races and communities. Through frequent dialogues, the family of God breaks down barriers of race, religion, and creed.

May the Light that has come continue to guide us in all circumstances. ✦

✦
"Family is the domestic Church in which we learn to live out the richness of relationships between persons, in their diversity."

FD #35

INTERNAL CIRCULATION ONLY
BUL 01/2026

Published by: Archdiocesan Pastoral Institute (API) | Email: api@archkl.org

NEWBEC

NEW WAY OF BEING CHURCH | The Epiphany of the Lord | 4 January 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: FAMILY: Building Trust

The Light That Has Come

The prophecy of *the light that has come* echoes a divine initiative. Isaiah's vision of God's light is a beacon for the nations of the world. In the gospel narration, we see the fulfilment of this vision. The child in the Manger in Bethlehem is revealed as the source of the light that has come for all peoples. This is Epiphany, the Solemnity we celebrate today.





**PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community**

Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.(Priest address)
1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omphip.org

**ANNOUNCEMENTS:
PASTORAL STATEMENT FOR
DISPENSATION from fasting
and abstinence on
Ash Wednesday, 18 Feb. 2026**

The Catholic Bishops' Conference of Malaysia, Singapore and Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei hereby gives dispensation from fast and abstinence on Ash Wednesday, 18/2/2026. However, the tradition of celebrating the liturgy of Ash Wednesday on that day is to be maintained with the imposition of ashes.

All Catholic faithful are encouraged to perform their fast and abstinence on another day during Lent except on Good Friday, which is already a day of fast and abstinence. Wishing you the Lord's abundant blessings.

(H.Em William Cardinal Goh
President, Episcopal Regional Liturgy Commission.)

**NEW REGISTRATION &
PARENTS SESSION on**

Sun. 11 January, 2026 for
mandarin catechism @
10 a.m. in Wisma Liguori.

**# Sun. 18 January, 2026.
Registration for
catechism Std. 1**

**(and other new) registration,
must submit a copy of the baptism
certificate during registration.**

Those who are currently with OMPH catechism do not need to submit a copy of their baptism certificate.

Registration FEE & BOOK

Primary – RM30/-.
Secondary – RM35/-.

PARENTS' SESSION (E)-

Meeting of all parents with the child's class Teacher on
Sun 18 Jan,2026 @ 10a.m
in the parish hall.

PARISH ACTIVITIES & MEETINGS: (JAN 2026)

- * 6/1/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 7/1/2026 - 8.00 p.m. - Caritas OMPH (St.Mk.Rm.)
- * 7/1/2026 - 8.00 p.m. - Chinese Apostolate (ven Francis Xavier Rm.)
- * 8/1/2026 - 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
- - RCIA (BM) (Wallace Rm.)
- * 9/1/2026 - 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 10/1/2026 - 9.00 a.m. - Chinese Lit. Formation program (ven Francis Xavier Rm.)
- * 10/1/2026 - 10.00 a.m. - Infant Baptism Session & Rehearsal (St.Mk.Rm.)
- * 11/1/2026 - 7.00 p.m. - Parish Pastoral Council (St.Mk.Rm.)
- * 13/1/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 13/1/2026 - 8.00 p.m. - Liturgical Committee (St.Mk.Rm.)
- * 15/1/2026 - 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
- - RCIA (BM) (Wallace Rm.)
- * 16/1/2026 - 8.00 p.m. - RCIA (C) (ven Francis Xavier Rm.)
- * 17/1/2026 - 8.00 a.m. - Chinese Apostolate (Deaery mtg.) (ven Francis Xavier Rm.)
- * 27/1/2026 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- * 27/1/2026 - 8.00 p.m. - Liturgical Comm. (St.Mk.Rm.)

JANUARY/FEBRUARY/MARCH 2026 COFFEE MORNINGS:

- 4/1/2026 - Chinese Apostolate
- 18/1/2026 - Maintenance Team
- 25/1/2026 - Youth Ministry
- 1/2/2026 - OMPH Tamil CCR
- 8/2/2026 - BEC St. Alphonsus Liguori
- 15/2/2026 - Eucharistic Ministers
- 22/2/2026 - BEC St.Monica
- 1/3/2026 - Lectors/Commentators.
- 8/3/2026 - Tamil Liturgy
- 15/3/2026 - Tamil Apostolate
- 22/3/2026 - Altar Servers

BIBLE REFLECTION & HOME GATHERING:

- * 21/2/2026 - 8.00 p.m. - BEC St.Peter (C) (Cafeteria)

ETERNAL HAPPINESS TO:

- + Stephanie Eng departed on 22 December, 2025.



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT
11.00 A.M. – 12 NOON in
the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

Next Infant Baptism:
11 January 2026 at 7.45 a.m.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNES:

* Christopher a/l Phillips &
Eeragani a/p Perumal

Tamil Catholic Marriage Preparatory Course 2026

(TCMPC)

1. Feb Fri 20 to Sun 22
 2. May Fri 8 to Sun 10
 3. Aug Fri 21 to Sun 23
 4. Nov Fri 6 to Sun 8
- (venue) Domus St.Anne,B.M

REVIEW MEETING: OMPH FAMILY CHRISTMAS CELEBRATION

Date: **Monday, 5 January 2026**

Time: 8:00 p.m.

Venue: Parish Hall

We invite all those involved in the planning, ticket sales, stall management, and everyone who contributed to the success of the OMPH Family Christmas Celebration to attend this review meeting.
The purpose of this gathering is to reflect on this year's event and discuss ways to improve for the 2026 celebration.

Your feedback and ideas will be invaluable in making next year even better.

Kindly make every effort to attend.

INVITATION TO SERVE IN PARISH MINISTRIES

Dear Parishioners,
We warmly invite all parishioners to step forward in faith and become disciples by serving in one of our parish ministries. The parish needs your gifts and talents. Through prayer and discernment, consider joining at least one ministry where you feel God is calling you to serve.
Together, let us build a stronger, more vibrant parish family rooted in love and service.

Pray. Discern. Commit. Serve.

PARISH PASTORAL COUNCIL MEETING

(date) **Sun. 11 Jan.,2026**

(time) 7.00 p.m.

(venue) St.Mark's room

RENEWAL OF COMMITMENT of MINISTRIES

- * English speaking ministries on Sat. 10/1/2026 & Sun. 11/1/2026.
- * Tamil speaking ministries on Sun. 11/1/2026 at 10 a.m.
- * Chinese speaking Ministries on Sun. 11/1/2026 t 11.30 a.m.

SACRAMENT OF CONFIRMATION

(date) **Sun. 18 Jan.,2026**

(time) 8.00 a.m. Mass.

Come and pray for our students who will be confirmed on that day.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(4 January 2026) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
(All in *English* unless stated otherwise.)

SUN.4 THE EPIPHANY OF THE LORD (Year A)

8.00 a.m. Mass (BM)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

MON.5 Monday after Epiphany (Wk 2)

7.00ap.m. Mass

TUES.6 Tuesday after Epiphany (Wk 2)

7.00 a.m. Mass.

WED.7 Wednesday after Epiphany (Wk 2)

7.00 a.m. Mass.

THURS.8 Thursday after Epiphany (Wk 2)

7.00 a.m. Mass

FRI.9 Friday after Epiphany (Wk 2)

7.00 a.m. Mass.

SAT.10 Saturday after Epiphany (Wk 2)/B.V.M

7.30 a.m. Mass. (Novena intentions)
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.45 p.m. Mass. (E)

SUN.11 THE BAPTISM OF THE LORD (Year A)

8.00 a.m. Mass (E)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

ST.MARY'S CHAPEL, TERSUSUN

* Sun. 4/1/2026 - 8.00 a.m. - Mass in Tamil.

2nd COLLECTION: 4/1/2026 - For the poor of the parish.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year C) (WEEKDAY READINGS : Year 1)

SUNDAY 4 (4 January – 11 January, 2026)
(a) Is 60: 1-6. (Ps 71: 1-2, 7-8, 10-13)
(b) Eph 3: 2-3, 5-6
(c) Mt 2: 1-12

MONDAY 5 (a) 1 Jn 3: 22 – 4: 6. (Ps 2: 7-8, 10-11)
(b) Mt 4: 12-17, 23-25

TUESDAY 6 (a) 1 Jn 4: 7-1-10. (Ps 71: 1-4, 7-8)
(b) Mk 6: 34-44

WEDNESDAY 7 (a) 1 Jn 4: 7-10. (Ps 71: 1-4, 7-8)
(b) Mk 6: 45-52

THURSDAY 8 (a) 1 Jn 4: 19 – 5: 4. (Ps 71: 1-2, 14-15, 17)
(b) Lk 4: 14-22 or,
(a) Ezk 47: 1-2, 8-9, 12. (Ps 46: 2-3, 5-6, 8-9)
(b) 1 Cor 3: 9-11, 16-17
(c) Jn 2: 13-22

FRIDAY 9 (a) 1 Jn 5: 5-13. (Ps 147: 12-15, 19-20)
(b) Lk 5: 12-16

SATURDAY 10 (a) 1 Jn 5: 14-21. (Ps 149: 1-6, 9)
(b) Jn 3: 22-30

SUNDAY 11 (11 January– 18 January, 2026)
(a) Is 42: 1-4, 6-7. (Ps 28: 1-4, 9-10)
(b) Acts 10: 34-38
(c) Mt 3: 13-17