

Nicky's Nest Newsletter



A newsletter for the kids of the
CCMC Med 4 Pediatric Oncology & Hematology Division

GENEROUSLY GIFTED BY THE NICHOLAS PEDONE FOUNDATION

Reflection of Fall 2020



Special Events During the Week:

Monday

-3pm DIY with Danielle
on MeTV

Tuesday

-11am Pictionary on MeTV
- 2pm Doodle Time

Wednesday

-3pm Bingo on MeTV
-Ice Cream Cart

Thursday

-Theme Day
with Crafts & Activities
-2pm Wheel of Music

Friday

3pm Bingo on MeTV

Saturday

-Art Cart crafts

What's New in Nicky's Nest?

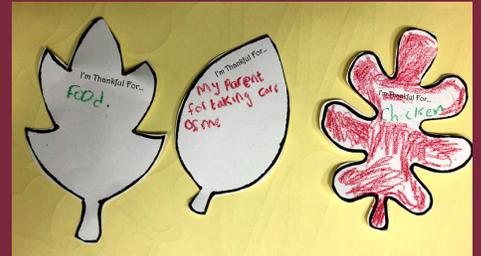
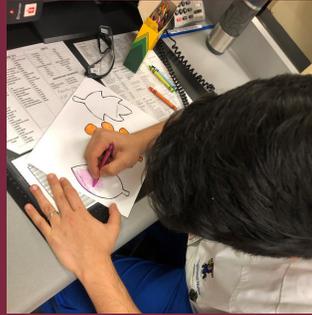
Fall Festivities!

We love the fall season here at *Nicky's Nest*! There are so many exciting things to do. As we continue to bring supplies and games bedside to the kids, we engage them in fun activities and help them adapt to all the changes experienced over the last few months. Fall is full of new colors, fun activities, and exciting holidays. *Nicky's Nest* provided crafts for the kids to do. It really helped the kids get into the fall spirit. Crafts included making thankful trees, painting leaf dishes, and having paint parties! We had so much fun celebrating Fall! Take a look at how we spent this cozy season!

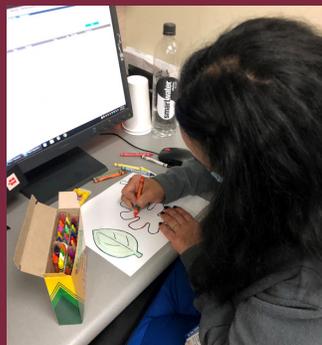
Theme Days

Thankful Thursday!

Despite the many changes we have had to get used to, we continued to focus on the things we are truly thankful for! No matter how big or small, we can find things that make us happy each and every day. What are you thankful for? It could be something as simple as your cozy blankets or favorite toy. Maybe you are thankful for your family or friends who have supported you while you were here. Whatever it may be, we made sure to highlight that on this day through reflective writing activities and of course, crafts from *Nicky's Nest*! Our staff and kids like Amelia, enjoyed writing about the people and things they were thankful for this season and every day!



Our *Nicky's Nest* Child Life Assistant, Brandi did some fun fall crafts with our friend Amelia! She had so much fun making a thankful tree and picking specific colors to identify different people.



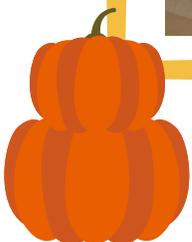
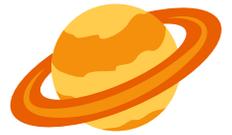
Want to know how to make tie dye leaves?

1. Grab coffee filter leaf, markers, a cup of water, string, and a paintbrush or cotton swab.
2. Color the coffee filter leaf as much as you can using different color markers.
3. Dip the paintbrush or cotton swab in the water; then, drip the water onto the leaf.
4. Repeat this step until you start to see the colors blend together. Let dry.
5. Hang your colorful leaf with string or tape to make a beautiful decoration.





HALLOWEEN!



Halloween was a blast with our outer space theme! Overnight, the staff decorated the halls with stars hanging from the ceiling, and drawings of astronauts and aliens. Brandi, the Child Life Assistant, handed out supplies from **Nicky's Nest** so the kids could decorate their doors to celebrate! There were paper spaceships, aliens and planets on all the doors! Even the parents wrote inspirational words on their space decorations.

Staff and patients dressed up for reverse trick or treating. Different departments from the hospital came to walk door to door to meet the kids with goodie bags. Our friend, Ojay was so excited while he waited for them. Patrick was happy he got to meet Buzz Lightyear! Even Elsa from Frozen came to say hi! It was an out of this world experience for everyone!



Fall is here!

SPECIAL EVENTS

PAINT PARTY

The Child Life Assistant, Brandi, hosted a Paint Party using art supplies provided from *Nicky's Nest*! To go along with a fall theme, Brandi helped kids create a pumpkin painting with a colorful tree. Brandi and Dana, the Art therapist, walked door to door to drop off paint kits. They even got to see the finished products after the event. Kids and families tuned in to MeTV to follow along with step by step instructions. The best part about art is that there are no rules! Some followed along, while others did their own thing which we love!

Fall crafts from *Nicky's Nest* are everyone's favorite thing to look forward to during the day! Making silly turkeys, thankful trees, and beautiful fall picture frames are just a few of the creative pieces that the kids made this season. Every child got a pumpkin to paint so they could really get into the spirit! Patrick made his pumpkin super festive. Special events like Halloween bingo is a huge hit during the month of October as well!



LET YOUR CREATIVITY SHINE



ART SHOW COMING SOON!
IF YOU WOULD LIKE TO HAVE YOUR ARTWORK DISPLAYED IN THE SHOW, SUBMIT YOUR ARTWORK TO YOUR CHILD LIFE SPECIALIST.



The kids had a hoot painting these cute ceramic owls!

Tie Dye leaves are super fun to make. They are a great way to decorate your room and make it festive!



Custom picture frames make the perfect gift for parents!



POSITIVITY CORNER



WHAT MAKES YOU

POSITIVE ABOUT CHANGE?

Fall is a reminder that change comes to us in many ways. Change is natural and proves that things are constantly transforming around us and also within us. We don't always have control over these changes. Sometimes we have to try to learn to go with the flow as things begin to shift. How do you stay positive during these changes?

To help with changes, we could share our experiences with people we trust. We can create closer relationships with those we love by helping to support each other. Reaching out to those around us can bring us closer together. Everyone handles change in their own unique way. Share some ways that you handle change. We can always try to find small beauties within every situation. Are you spending more time with loved ones now? Are you learning new skills? Are you becoming stronger and learning that you can do things you never thought you could? Can we find things we are thankful for, no matter how small they may be?

Fight hard, smile big!

Fall Word Scramble

- VASRHET _____
- PEPAL _____
- MINKUPP _____
- KAER _____
- YURTEK _____
- TUNAUM _____
- FLAE _____
- ORANC _____
- LAFLL _____
- DAYREIH _____
- HQASUS _____



We would love to hear how you are staying positive about change! Write a few ways here and you can share them with your Child Life Specialist.
