



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
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(food for thought) (Bulletin12 February, 2023)
 Gospel: Mt 5: 17-37 **"The Other Mountain"**

CLERGY MEETING –

All priests will be away for their Clergy meeting, there will be no 7 a.m Mass on Wed. 15 February, 2023. All mass intentions booked will be said outstation.

PREPARATION FOR LENT (T)

Spiritual Talk in Tamil by Rev.Fr. Joseph Stephen on Thursday, 16 Feb., 2023 at 8 p.m. in the Parish hall.

OMPH LENTEN RETREAT 2023

organised by OMPH-CCR
"HEARING THE LORD'S VOICE IN YOUR LIFE"

by Rev Fr Joseph Stephen, CSsR at 7.30pm in OMPH Church on **February, Tues 21st 2023 . March, Wed 1st, 8th and 15th, 2023** Please bring along your Bible. **Register at parish office or place completed form in box provided inside church.**

REQUEST FOR OLD PALM LEAVES

If you have the previous year old palm leaves we need it for Ash Wednesday. Please bring in by Thurs 16 Feb., 2023 and leave it in the box provided. Thank you.

ETERNAL HAPPINESS TO:

+ Peter Joseph a/l Thivambu departed on 31 January, 2023.
 + Lourdesamy a/l Innasmuthu departed on 5 February, 2023.
 + Alexis a/l Selvarajoo departed on 5 February, 2023.

ASH WEDNESDAY – 22 Feb., 2023

Mass at 7a.m. & 8 p.m.(E)(church)
 Tamil Mass at 8.00 p.m.(parish hall)

STATIONS OF THE CROSS (Fridays during Lent) on 24/2/23

followed by Mass (E)
 @ 7.30 pm (E) – OMPH church.
 @ 7.15 pm (T) – Parish hall.

RITE OF SENDING/ENROLMENT –

"Signing of the Book of Elect"- Our Catechumens are now reaching the end of their Catechumenate. On Sat. 25 Feb., 2023 during the 6.45pm Mass, the Catechumens who seek Baptism at Easter will have their names "enrolled" in the Book of Elect.

RITE OF ELECTION – 1st Sun. of Lent

The Rite of Election for District of Perak will be celebrated at Church of Our Lady of Lourdes on 26 February, 2023 at 5 p.m. with Rt Rev Bishop Sebastian Francis

LENTEN SACCRIFICE to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk power, noodles, tin biscuits, etc.....

MEETINGS/ACTIVITIES:-

- * 12/2/23 @ 10 am – BM Apostolate (parish hall)
- * @ 11.30 am- Tamil Eucharistic Ministers (Mk.Rm.)
- * @ 2.00 pm – RCIA (BM) –Mk. Rm.)
- * 13/2/23 @ 7.30p.m – Caritas OMPH (Mk Rm.)
- * 14/2/23 @ 8 p.m – Legion of Mary (C)(Mt.Rm.)
- * 15/2/23 @ 8 p.m – Chinese Apostolate (Mk.Rm.)
- * 16/2/23 @ 8p.m – RCIA (E) (St.MkRm.)
- * @ 8 p.m – RCIA (T) (St.Paul Rm.)
- * @ 8 p.m – RCIA BM (Francis Xavier Rm.)
- * @ 8 p.m – Preparation for Lent (T) (hall)
- * 17/2/23 @ 8 p.m – RCIA (C) (St.Francis X.Rm.)
- * 19/2/23 @ 1.30p.m – Rehearsal RCIA (church)
- * @ 11.30 am – Tamil Apostolate (Mk.Rm.)
- * @ 2.00 pm – RCIA (BM) (Mk.Rm.)
- * 21/2/23 @ 7.30pm – OMPH Lenten Retreat
- * 21/2/23 @ 8 p.m – Legion of Mary (C)(Mt.Rm.)
- * 23/2/23 @ 8p.m – RCIA (E) (St.MkRm.)
- * @ 8 p.m – RCIA (T) (St.Paul Rm.)
- * @ 8 p.m – RCIA BM (Francis Xavier Rm.)
- * 24/2/23 @ 8 p.m – RCIA (C) (St.Francis X.Rm.)
- * 25/2/23 @ 6.45pm – Rite of Sending (RCIA)
- * 26/2/23 @ 5 p.m – Rite of Election (LOLO church)

COFFEE MORNINGS 2023

- * 12/2/2023 – BEC St.Monica (T)
- * 19/2/2023 – Young People Choir.
- * 19/3/2023 – Eucharist Ministers.
- * 26/3/2023 – Caritas OMPH

BIBLE REFLECTION & HOME-GATHERINGS:-

- * 16/2/23 – 8pm BEC St. Peter- Cafeteria area.

INFANT BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance

MARRIAGE: Please contact the Parish Priest at least **SIX MONTHS** in advance.

In today's passage from Matthew's Gospel we listen to a passage within the Sermon on the Mount. As the Sermon unfolds, Jesus leads us higher and higher up another mountain, a different kind of mountain. His words move us onto the loftier planes of greater faith and love. Jesus is very specific here. if we choose to follow Him, then it isn't enough just to avoid murder, or adultery, perjury or divorce. He challenges us to heroic love - a love that will not simply settle for keeping the letter of the law.

Living the Gospel could change the quality of life at home, at work, at play and at worship. But this is no easy task. Heroic love cannot be bought in a bargain basement. It is the result of climbing, higher and higher. It involves profound commitment, real self-sacrifice and, most of all, a loving, personal loyalty to Jesus.

. Human actions have specific consequences. We are free to live our lives as Jesus asks, or not. As difficult as these choices may be at times, our faith leads us to hear words of encouragement: "trust in God, you too will live."