

# SCG Shalom Club Community Calendar

## June 2021

### Center for Senior Enrichment

The Center for Senior Enrichment (CSE), under the auspices of Jewish Family & Children's Service, provides weekday Zoom programming for all older adults throughout the Valley, exploring music, movement, history, art and more during the month of June.

Zumba Gold is new this month on Tuesdays at 9:30 am. A great way to keep fit, this fun dance class is for active older adults looking for a Zumba-type class with lower intensity. It focuses on balance, range of motion and coordination. Other Movement and Dance classes are offered Monday, Wednesday, and Fridays, including everything from chair yoga and ballet to Latin Fusion dances.

On June 15 at 11 am, noted architect, author and tour guide, Oscar Israelowitz, leads a tour of the Big Apple with his delightful program: Wandering Jews of New York City. Visit the Lower East Side, Jewish Harlem, South Bronx, Jamaica, Crown Heights and more, with a special stop over at Ellis Island.

You're in for a theatrical treat on Thursday, June 17, 11 am-noon, when Debra Rich Gettleman shares her angst, joy, humor, and talents in her one-woman show "What I did on my COVID vacation," provided for us by the Herberger Theater Lunch Time Theater.

Holocaust educator, Dr. Ettie Zilber, presents a 4-part series: Because Mama Told Us-Two Generations of Holocaust Memoirs, starting on June 23 at 1 pm. With recorded tales from 1941-50, Dr. Zilber shares stories of the ghetto in Lithuania, to the concentration camp, the death march through Poland and reunification of survivors.

And we have a fascinating look at WWII Sweetheart Jewelry with Jan Krulick-Belin on Tuesday, June 29, 11 am-noon. Jan will give background on these patriotic and sentimental gifts and share examples from her personal collection.

Fridays include a Welcome Shabbat program at 11 am, with Rabbi Nitzan Stein Kokin of Congregation Beth El on June 4, and other special guests the following Fridays.

Classes and programs are open to all older adults in the Greater Phoenix area. New offerings are added each month. All are free and available on Zoom.

For a complete list of classes, visit [www.jfcsaz.org/cse](http://www.jfcsaz.org/cse)

For questions, contact [seniorcenter@jfcsaz.org](mailto:seniorcenter@jfcsaz.org) or call Jennifer Brauner at 602-343-0192.

## **Tikvah West Valley Hadassah**

Please visit Tikvah West Valley Hadassah on Facebook, for information on current and upcoming events. Please Like our page.

You will be kept informed as to what is happening in Hadassah and you can leave suggestions on the page with regards to what you would like in the future. Also, you will see pictures of past events. Tell your friends about the page and if they visit it and "like" it, we will contact them with information about potentially becoming a new member of Hadassah.