



September 2025 Newsletter



Dear Sunrise Community,

Happy Autumn. The school year is off to a wonderful start, and the students are settling more into their classroom routines. The teachers enjoy getting to know the new students and are reconnecting with the returning students as well. To help promote your child's success at Sunrise, it is important to keep morning drop off routines consistent to ensure a smooth transition from home to school.

Sunrise Parent Representatives

Sunrise has three Parent Representatives who are liaisons between the school and the parent body. Classroom A Parent Representatives are Manisha Pellore (Mihira's mom) and Erica Dicrescentis Cucino (Nora's mom) and Classroom B Parent Representative is Stephanie Rogers (Henry's mom), who also serves on the school's Board of Directors.

Our Parent Representatives can be reached at ParentRep@MySunriseMontessori.com

Earlier this month, the reps organized Sunrise's first Family Meet-Up at the playground at Fletcher Field. The meet-up was well attended, and the children and families enjoyed meeting one another outside of the school environment. A few photos were posted on the [Sunrise Parent Facebook page](#). If you would like to join the Sunrise Parent Facebook page (it's a private page - only members can see who's in the group and what they post), please click the link to join and participate in the posts at Sunrise Parent Community Facebook.

Thank you to Erica, Manisha, and Stephanie for helping connect with the Sunrise Parent Community. Their goal is to continue building the communication throughout our school year!

Upcoming Classroom Student Communication Updates



On Visiting Day, each family received a folder that included information about Student Communication Updates and Parent Conferences. You will receive your first student communication update via email during the week of October 10th. Updates will provide you with information on how your child is doing within the classroom environment.

After you receive your child's communication update, please send an email confirmation back to your child's teacher. The head teachers want to make sure you have received the report, and they are happy to answer any questions you may have. The updates are an excellent communication tool for parents and teachers to remain connected throughout the school year.

Celebrating 20 years of Montessori preschool and kindergarten programs in Franklin!

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

www.MySunriseMontessori.com

Other Upcoming News & Events

Holidays and Traditions in the Classroom – What to Expect

At Sunrise we recognize the importance of family traditions and honor various cultural celebrations throughout the year. During the fall season in the Montessori environment, the students will scrub pumpkins and gourds, cut open a pumpkin to learn the parts of the pumpkin, make push-pin pumpkins or jack-o-lanterns, practice pumpkin pounding, read fun seasonal stories and much more.

With the upcoming Halloween holiday, we discourage students from wearing any Halloween costumes or accessories during school for Halloween even though this holiday is celebrated by many families; it is a great event for families to participate together at home and/or out in their community. We appreciate your understanding in advance!

Additionally, both classrooms provide opportunities for families to visit their child's classrooms throughout the month. You can find sign-up links in the classroom newsletters. Please do not hesitate to connect directly with your child's teachers with any questions about signing up!

Outdoor Clothing



As the season changes, your child's outdoor clothing and footwear should as well.

Please remember to send a jacket as appropriate for the season (or the weather for that day) and children should always wear appropriate closed shoes (no toes or heels exposed) for safety reasons. It is a good idea to label your child's outdoor clothing as well.

Student Absence and Illness Policy

Please contact the office either via email or by phone in the event that your child will be absent for any reason. Additionally, please alert the school if your child has a contagious illness. Sunrise strives to keep our families and staff informed of any contagious illness to prevent further spreading within the program. We appreciate your diligence in this matter. It is important that sick children remain out of school when they are ill or have not fully recovered from an illness. This decreases the likelihood that germs will spread. Look for the following signs or symptoms if you suspect your child is sick before bringing him/her to school...

- A temperature of 100 degrees or more, even if your child "feels fine". Additionally, your child must be fever free for 24 hours (without the use of fever reducing medication) to return to school.
- Chills, fever, or any other signs of illness
- Unexplained headache or muscle aches
- A persistent cough – germs spread quickly when children cough and cover their mouths with their hands and then touch materials.
- A runny nose with thick yellow or green mucus
- Red, itchy eyes which may or may not appear to be conjunctivitis (viral or bacterial)
- If your child has vomited within the past 24 hours
- If your child has diarrhea or persistent loose stools within the past 24 hours
- If your child appears lethargic or is not acting in his/her normal manner and is overly tired.
- Any evidence of a viral or bacterial infection which may be contagious such as strep throat, chicken pox, fifth's disease, etc.

Please refer to the [Sunrise Parent Handbook](#) to learn more about our school policies.

Sensation Station Visits begin in October

Sensation Station is located within the Hayward St. complex and provides an indoor play environment that promotes strength, coordination, social communication, functional mobility, social-emotional regulation, and sensory processing. Sunrise is excited to offer this enrichment program to students. Our group visits will begin in October. The classrooms have been discussing what to expect with the students to help prepare for the visit.

Classroom B visits on Wednesdays and Classroom A visits on Thursdays (both days are from 9 – 10 am).

Please dress your child in comfortable clothing (they will be climbing, swinging, running, jumping, etc.) and comfortable footwear. Additionally, if it rains, please send your child to school wearing a raincoat and rain boots if necessary (no umbrellas). It is important that your child arrive no later than 8:45 am to walk around the back side of the complex to Sensation Station with their classmates. Thank you for your cooperation with this.

Curriculum Night – Thursday, October 9th from 6:30-7:30pm

Curriculum Night will be held for both Classroom A and B from 6:30-7:30pm within each classroom. The event is for **parents only** to attend (we are unable to provide childcare). Curriculum Night is a wonderful opportunity to hear about the Montessori Approach to Education from the Head Teachers and to learn more about what a typical day looks like in your child's classroom. If you plan to attend and/or if you have any questions, please send an RSVP directly to me at HeadofSchool@MySunriseMontessori.com

First Professional Development Day Friday, October 10th – No school for students; no extended care

You may have noticed on the school calendar that on October 10, November 10, January 2, March 20, and April 17 there will be no school or extended care program for Sunrise students. These are in-house teacher/staff workdays. During these Professional Development Days, the teachers participate in team meetings, they deep clean the classrooms, change curriculum materials, and create lessons and materials. These days are busy and support the success of our program.

Plan Ahead for Student Sunrise's Picture Day on Tuesday November 4th - Vicario Studios

Since 2010, both individual student and classroom group portraits have been scheduled with Mr. Paul Vicario. Paul's studio is located right next to our school in the Moseley Complex, and the students often greet Mr. Vicario from the playground.



You may choose to have your child participate in the individual and the classroom group photos; an order form envelope from the studio will be sent home ahead of time for you to place your order. Even if you choose not to purchase individual photos, your child will still participate in the classroom group photo that morning.

On the morning of the photos (around 9am), the students walk over to the studio (one classroom at a time) with their teachers until their photos are completed. This takes about 30-40 minutes per classroom. If you have any questions or comments, please reach out to me.



Ways to support Sunrise Montessori School

Sunrise is a 501c3 non-profit organization. Our program operates on tuition, grants and donations from our community members. Our school is governed by a volunteer Board of Directors, made up of our co-founder(s), and former and current parents. We rely on the generosity of others to help support our program. Your contributions and support are greatly appreciated.

1. **Sunrise Amazon Wish List** – a great way to support Sunrise's classrooms

If you like to shop online, this is a great way to support our classrooms. Classroom and program material items are added each month to purchase and ship directly to our program. Please check out the following link:

[Sunrise-Amazon-Wishlist](#)

2. **[Sunrise Venmo Donation Option Venmo | Sunrise Montessori School Inc.](#)**

Sunrise accepts donations through our Venmo option. Last year we created this donation option for our Spring Fair ticket sales and/or to make general donations. We are excited to continue this donation option. If you donate through Venmo, you may choose to highlight which area you would like to support:

- Sunrise Staff Professional Development Fund – donating to this fund helps support our staff to participate in quality professional development opportunities such as The Montessori Event 2026 through the American Montessori Society (AMS) held this year in March in Washington D.C. and the Montessori Schools of Massachusetts (MSM) Conference held in January at Dean College. Professional development is a requirement for our staff, and it is important that every member be provided the highest quality of training to best serve the students and families within our program.
- Classroom Materials, Supplies and/or Outdoor Playground Development – donating to this option helps contribute to keeping our classrooms and playground updated and beautiful. Material replacements are often costly in a Montessori environment as many of the materials are ordered through specific companies. Maintaining and updating our playground with quality materials is our highest priority. We appreciate our family involvement and commitment to our program. Please reach out anytime with questions or comments.

CELEBRATING 20 YEARS!

**PRESCHOOL &
KINDERGARTEN PROGRAMS**



31 HAYWARD STREET - FRANKLIN, MA

Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our “**Parent Corner**”. This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.

As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.



Head of School

Andrea Rossick:

Headofschool@MySunriseMontessori.com

Head Teachers

Samantha Renaud, Montessori Head Teacher

Classroom-A@MySunriseMontessori.com

Emily Hill, Montessori Head Teacher

Classroom-B@MySunriseMontessori.com

Sunrise Parent Representatives:

Erica Cucino, Stephanie Rogers & Manisha Thanneeru

ParentRep@MySunriseMontessori.com

CALENDAR OF EVENTS

Wednesday, October 8: Scholastic orders due.



Thursday, October 9: Curriculum Night. All families are encouraged to attend.

Friday, October 10: Professional Development Day. No classes, no extended day program. This is an in-house work day for all staff.

Monday, October 13: Columbus Day / Indigenous Peoples Day holiday. No classes, no extended day.

Tuesday, November 4: Photo day

Monday, November 10: Professional Development Day. No classes, no extended day program. This is an in-house work day for all staff.

Tuesday, November 11: Veteran's holiday. No classes, no extended day.



Pizza Fridays: October 3, 10, 17, 24 & 31

Sensation Station: Classroom A attends on Thursdays; Classroom B attends on Wednesdays



Classroom A Newsletter September 2025

Dear Classroom A families,

It has been a great start to the school year! The children are so excited to make new friends, and we start our day by greeting each other upon entering the classroom. Once everyone has arrived and transitioned, the children begin their work cycle.

Before going outside in the morning, our class has circle time. We greet each other and talk about the months of the year and the days of the week; we also discuss the weather and the temperature each day. The classroom is a very active and social environment - we discuss **Grace and Courtesy** lessons by exploring and practicing patience and manners, and the children learn the classroom rules. Returning students often help new students in the classroom.



This month, the children have been exploring our **Everyday Living** shelves. Everyday Living is an essential curriculum area for young children as they develop their concentration, coordination, independence, and organization. These works help children build their pincer grip for writing and develop concentration for other, more advanced tasks. The children's favorite work in this area has been the apple polishing and apple cutting work.

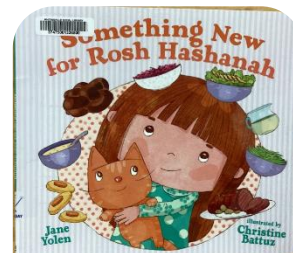
In **Geography**, the children are learning the seven continents in a three-part matching work. The children are engaged with our land, air, and water work.

In **Science**, the children have been learning about the apple's life cycle, and they especially enjoy the work involving plants and animals.



September 21st marked the **International Day of Peace**. In our classroom there is a peace table with a labyrinth rug. On the peace table is the peace rose which is a visual aid to help the children when they disagree. This rose helps children express their thoughts and feelings in a variety of situations. It takes practice, but soon the children realize that they can solve many disagreements on their own. As the class reflected on the theme of peace, we read "Peace" by Baptiste Paul & Miranda Paul.

This month Rosh Hashanah was observed from September 22 to September 24. The children learned that Rosh Hashanah is a celebration of the Jewish New Year. At circle time, we read “Something New for Rosh Hashanah” by Jane Yolen.



Kindergarten Corner



Our kindergarteners further explored the life cycle of an apple and made their own apple life cycle bookmark.

In **Language** the children are working with the first basket of sandpaper letters (a,m,b,t,f). They wrote each sound out in their notebook, and a fun activity involved “taking a trip around the world” that starts with the sound “m”.

Sign-up links

Throughout the school year, our classroom honors birthdays. Please schedule your child’s birthday celebration now via the following link:

[Birthday Walk Sign Up Classroom A](#)

As part of our parent involvement, our classroom encourages guest visitors. This opportunity will begin in October. If you or someone special in your child’s life would like to sign up to be a guest visitor, please sign up via the following link:

[Guest Visitor Sign Up Classroom A](#)

Flower arranging is an excellent way for the children to make the environment their own as it is a part of the **Everyday Living** curriculum. We invite you to sign up for a week during which your child may bring in a bouquet of your choice! Please sign up here:

[Flower Sign-up 2025-2026](#)

Your child’s teachers,
Ms. Samantha, Ms. Marieliam, Ms. Karen

September Birthdays

Happy Birthday to Aaryash and Avery!





Classroom B Newsletter September 2025

Dear classroom B families,

Happy Fall, everyone! We've had a great start to the school year! The children are excited to make new friends and reconnect with friends from last year. Each morning, the children greet their teachers at the door, then the children find their cubby, place their belongings away, and finally wash their hands. After washing their hands, the children begin the work cycle. They may choose to work independently or with a classmate in one of the different areas of our environment: **Everyday Living, Sensorial, Math, Language, Science, Geography, and Art.**



This month, we focused on apples! We have many apple-related works, such as apple puzzles, apple scrubbing, and apple cutting. We also conducted an apple taste test, where the children tried different types of apples and discussed their varying tastes and textures. We tried a Honeycrisp and a Granny smith. We learned that some apples are tart, while others are sweet; some apples are soft, and others have a crunchier texture.

Walking the Line



We have been practicing walking the line. This Montessori activity helps children learn balance and muscular coordination. The activity also promotes cognition development as the children concentrate as they control their movements. Currently our activity incorporates a jug of water, which is heavy for small hands. One child at a time will pick up the jug of water and walk along the red tape line. Once they reach the end, they will place the first jug down and pick up the second jug to make their way back on the line.

Sensation Station

Beginning in October our class will visit Sensation Station every Wednesday. Located within the Moseley Complex, Sensation Station specializes in occupational therapy. We will use this space as a play gym and for practicing breathing/meditation skills. As we will be walking there as a class, please ensure your child is wearing appropriate shoes and clothing (shoes that are comfortable to walk in and easy to take off and on).

Our class will walk over to Sensation Station promptly at 8:45 a.m. as a group. It is also very important that children arrive at school on time, as the class begins at 9:00 a.m.

Rosh Hashanah

Rosh Hashanah started this year on September 22 at sundown. Rosh Hashanah is the Jewish New Year, lasting for two days.

Estie's mom joined our class to celebrate Rosh Hashanah with apples and honey which are foods that are often enjoyed during Rosh Hashanah in the hope of a sweet and fruitful New Year.



We also learned that on Rosh Hashanah, we eat round foods such as round Challah bread, pomegranates and apples. This symbolizes the cycle of life and the beginning of the New Year. Thank you, Jenna and Estelle, for teaching our class about your special traditions!

If you would like to sign up to visit the classroom to read a book or share about a holiday your family celebrates, please sign up here: [guest visitor sign-up: classroom B](#).

Class Pet



Earlier this month, the children participated in naming our class hamster. We heard so many suggestions for the name for our hamster. We placed all the names in a bowl and picked one out at random. Her name is Tiggy! (Tiggy is also the name of our pizza day tiger puppet.) The children have been enjoying watching her eat, sleep, and run on her wheel!



Flower Arranging

The children enjoy flower arranging! With flower arranging, the child selects a vase and one or two flowers, fills the vase with water, and then trims the flowers to fit their chosen vase. When they are all finished with their flower arrangements, they pick a table to place their arrangement. Aside from the satisfaction that children feel when arranging flowers, this activity helps with manual dexterity, develops concentration, sparks creativity and provides a sensory experience as children choose flowers with different colors, shapes, fragrance and size.

Thank you to Luciano, Henry, Reid, and Elaine for providing flowers this month! If you would like to bring in a bouquet of flowers for the class, please sign up here: [Flower Bouquet sign up: Classroom B](#)



Kindergarten Corner



In the kindergarten afternoon each day, we start by reading a chapter from an early reading chapter book. We are currently working our way through the *Magic Tree House* series by Mary Pope Osborne. The children look forward to this part of the afternoon! This is a time to decompress before beginning the kindergarten work.

We have been working on beginning sounds in kindergarten. As we work our way through each Sandpaper Letter basket, the children begin to recognize beginning sounds. Here, one of our Kindergartners is working on sorting objects by their beginning sound.



Birthdays!



This month, we celebrated Deniz's birthday! Happy birthday, Deniz! If you would like to sign up for your child's birthday walk, please sign up here: [Classroom B birthday walk sign-up](#)

Sincerely, Ms. Emily, Ms. Marianne, Ms. Jessica



September 2025 Extended Day Newsletter

September was a very busy month for us in Extended Day. The afternoon time provides children with a relaxed environment where they may choose to socialize, play games, build with blocks and other manipulatives or simply spend some quiet moments at the end of their day. During the week we also incorporate planned activities such as those listed below. If your child doesn't currently stay for the afternoon Extended day program either on an occasion basis or on a regular schedule, join the fun!

In **Art**, we worked on crafts about emotions, kindness, transportation, and some open-ended crafts like beading and collages.

In **Science**, we did two experiments about air pressure. The first one was called The Underwater Paper Towel Experiment. For this we used a clear container with water and then placed a paper towel inside a clear cup and pushed it snug to the bottom. Then we put the cup upside down in the water until it was covered, then pulled it straight out and the paper towel was still dry. The science behind this is based on atmospheric pressure. Atmospheric pressure is the force exerted by the weight of the atmosphere of the earth. When you place the cup upside down in the water the atmospheric pressure pushes down on the water, preventing it from entering the cup. As a result, the water cannot get to the bottom, and the paper stays dry. The children were fascinated by this!

Our second experiment was called Rising Water. For this we placed a candle on a shallow dish and poured a small amount of colored water. Then we lit the candle and placed a glass jar over it. After a few seconds the flame went out, and the water rose. The science behind this is based on air pressure. Air pressure is the weight of all the air molecules pushing down on everything. The flame from the candle heated the air inside the jar causing it to expand and create high pressure inside the jar. To create balance, some air escaped and when the flame went out, the air cooled down inside causing the air outside to have higher pressure forcing the water rise.

Ms. Jessica and Ms. Amanda



The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.