

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – Mar 2013

Time: 3 Hours

Max. Marks: 45 Marks

Nutrition

Q.P. Code : 1755

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary
(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define nutrition. Explain the factors affecting food & nutrition.
2. Define proteins. Explain in detail the digestion, absorption, metabolism & storage of proteins.

SHORT ESSAYS (Answer any Five)

5 x 5 = 25 Marks

3. Nutritional problems in India
4. Food standards
5. Function of carbohydrates
6. Menu plan for school going child
7. ICDS program
8. Vitamin A deficiency disorders

SHORT ANSWERS

5 x 2 = 10 Marks

9. Food adulteration Act (PFA)
10. Scurvy
11. Basal Metabolic Rate (BMR)
12. Dehydration
13. Dietary sources of fats
