

Product Specification Sheet



M100S(2)

M100S

(Standard Accessories: 2x pulley handles per pulley)

Functions:

The functional component of velocity is enhanced with help of speed pulleys. Low inertia pulleys (speed pulleys) allow you to change the speed of an exercise without the weights going ballistic. Increased speed acts as an increase in resistance making an exercise more difficult to do without adding any additional weight increments. Changing speed works the functional quality of coordination which is severely affected by injury.

Specifications:

Vendor Parts Number: M100S & M100S(2).

Construction:

6:1 weight-to-resistance ratio weights stack. The weight stack consists of 20x 5.0 lb. weights which translates into a resistance as low as 0.85 lbs. per weight plate.

The pulley is TIG welded and made of durable, powder coated high strength steel.

The 3/16" non-stretchable marine rope adjusts in height and length along an 84.5" - 2" interval rope adjustment bar w/ spring-loaded plungers.

The pulley comes with 3/4" solid steel, chromium plated, self-adjusting guide rods ensuring smooth tracking of the weight stack.

Assembly: None required.

Product Dimensions:

M100S & M100S(2): 84.5" (T)x 18" (W)x 8" (D), 150 lbs. & 300 lbs.

Shipping Dimensions:

M100S: 87"x 18"x 14", 225 lbs. (Class 70)
M100S(2): 87"x 18"x 24", 400 lbs. (Class 70)

SHIPS VIA TRUCK 

Warranty:

1-year bumper to bumper on all parts
5 years on all moving parts
Life time on frame.