

May

2021

Congregation Beth Israel

May

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Rice DF Green Beans GF DF V Fruit GF DF V	Bean Tostadas GF V Roasted zucchini & Squash GF DF V Fruit GF DF V	Spaghetti & Meatballs Celery & Carrots GF DF V Fruit GF DF V	Baked Chicken GF DF Mac & Cheese V Broccoli GF DF V Fruit	Pizza
Turkey Meatloaf Mashed Potatoes GF DF V Peas & Carrots GF DF V Fruit GF DF V	Bean & Cheese Quesadilla V Cauliflower Rice GF DF V Fruit GF DF V	Swedish Meatballs Butter Noodles V Green Beans DF GF V Fruit GF DF V	Tomato soup GF DF V Grilled Cheese V Cucumbers GF DF V Fruit GF DF V	Pizza
Turkey Pot Pie Sweet Bell Peppers GF DF V Fruit	Beef Soft Tacos DF Pinto Beans GF DF V Fruit	Salmon Cakes DF Zucchini & Squash GF DF V Fruit	BBQ Chicken DF Corn Pudding GF Green Beans GF DF V Fruit	Pizza
Baked Ziti Green Beans GF DF V Fruit GF DF V	Chicken Arepas GF Beans GF DF V Fruit GF DF V	Gnocchi with Meat Sauce Zucchini & Squash GF DF V Fruit GF DF V	Lentil Soup GF DF V Turkey & cheese sammy Fruit GF DF V	Pizza
No School Memorial Day			***Alternative meals available***	