

BHS Work/Life ASSIST

BHS Work/Life ASSIST is a robust member portal offering essential tools and information for employees and their families. The portal covers topics such as parenting, caregiving, aging, wellness, work and everyday life. It serves as an extensive reference library providing access to relevant articles, selfassessments, seminars, self-help articles, news items and much more.



Parenting

Adoption Child Care Developmental Stages Kids' Well-Being Education

<u>Aging</u>

Adults with Disabilities Aging Well Government Programs Housing Options Home Care Caregivers

<u>Balancing</u>

Personal Growth Communication Families Relationships Grief and Loss Mental Health Addiction and Recovery

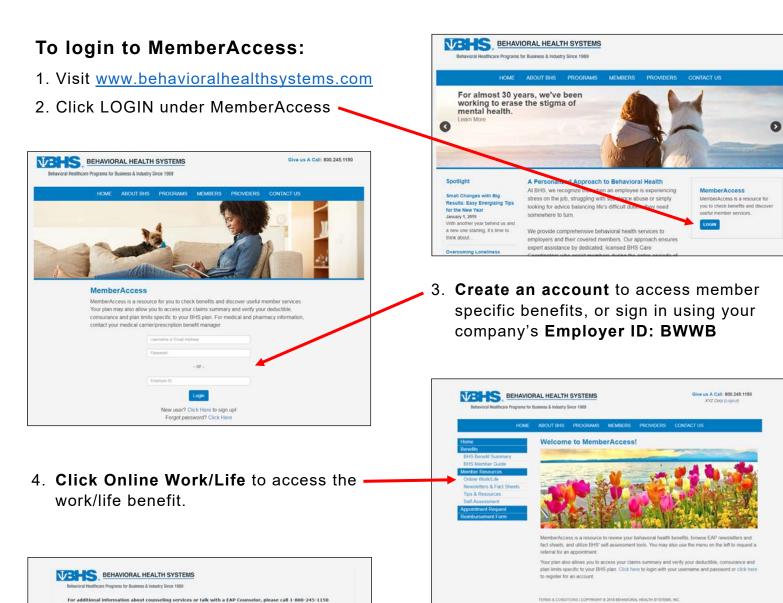
Working

Accomplished Employee Effective Manager Career Development Career Transition Training and Development Workplace Diversity Workplace Productivity Workplace Safety

<u>Living</u>

Consumer Tips Moving Financial Legal Safety Pets Travel and Leisure Time Fraud and Theft Go Green

Accessing BHS Work/Life ASSIST



5. Browse topics such as parenting, caregiving, aging, wellness, work and everyday life, as well as access an extensive reference library providing access to relevant articles, selfassessments, seminars, self-help articles, news items and much more.



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ONLINE SEMINARS

Online Seminars are an interactive

ELEARNING

elearning courses can be con