

WE WANT YOU TO COME TO OUR SENIOR APPRECIATION EXPO!

Join us the week of **September 20th – 24th** for our Senior Appreciation Week

Throughout the week we will be offering a membership special for new senior members joining the YMCA. **Bring your friends all week for free, and if they like it, they can join for just \$10/month for 3 months!** (Regular membership price resumes 1/1/22)

Our staff will be on hand to help you with any membership questions you may have, whether it be starting a new membership, insurance-based membership eligibility, punch cards, and everything in between! See our schedule of events and vendors below!

Events Schedule:

Mon. 9/20/2021 at 10:30am – A lecture on **Deep & Cleansing Breath** with Karen

Wed. 9/22/2021 at 12:00pm – **Donuts & Coffee** social hour

Fri. 9/24/2021 from 9:00–12:00am – **Senior Appreciation Exposition** with these vendors:

Wayne County Foster Grandparent Program, Catholic Charities, Geneva Housing, Authority, Legal Assistance of Western NY, Ontario County Board of elections, Ontario County Office for the Aging, & more!

Prizes at every
Silver Sneakers
Class, all week!

