



SNYDER PUBLIC SCHOOLS

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8-Man State Powerlifting Meet

February 20, 2019

Coaches,

Snyder will be hosting the 8-Man State Powerlifting Meet on Wednesday, February 20, 2019. This meet will be in the James Blaine Gym at Snyder. All OFBCA rules will be observed at this meet. Some coaches will be asked to judge but we will have some of our own judges to cover some of the racks. We will have 3 judges on squat and 1 judge for bench and deadlift.

Weigh in will be from 6:30 to 8:30 a.m. on the day of the meet with lifting beginning at 9:00 a.m. We will also have an early weigh in from 4:00 to 6:00 pm on the day before the meet. There will be a full concession stand with breakfast and lunch items to be purchased. Please do not bring ice chests in the gym. There will also be a hospitality room for coaches.....

Coaches meeting will be at 8:30 a.m.

Entry fee will be \$125 for each team or \$25 per lifter. Make checks payable to Snyder football.

H.S weight classes: 123, 132, 145, 157, 168, 181, 198, 220, 242, 275, hwt.

Additional contacts:

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