



澳洲弱能兒童協康會

Chinese Parents Association - Children With Disabilities Inc

# Gym/Fitness Class 體操健身班

Activities for Children with Disabilities

From 21/02/2022 開始



POLICE CITIZENS  
YOUTH CLUBS NSW

Wyatt Park, Church Street, Lidcombe Auburn

Every Monday (Fitness Gym Class) 5pm-6pm

每週一（健身課）下午 5 時至 6 時

Coached by Skilled gymnastics coaches 專業體操教練

Please complete the PCYC membership form submit to Maria.



**NDIS participants fee 費用 : \$35 per session**

Booking is essential please contact Maria 0402 941 090 vacancies are limited

請早日向 Maria 報名 0402 941 090 名額有限

**\*For athletes using the gym, carers & parents to stay with each athlete at all times**  
上課期間或使用健身器材，照顧者或父母需要陪伴及幫助運動員

Class will be decided base on the number of enrolments. 課班決定將定于報名人數。