

OFFICE OF THE BISHOP

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DIocese OF GRAND FALLS

Season of Lent, 2026

Dear Sisters and Brothers in Christ,

We can never underestimate the power of standing in solidarity with those in need.

All too often we feel helpless and powerless in the face of so much suffering in the world around us. We see the hunger and the poverty in which so many people live. We see people trying to make a living in the harshest of environments. We see the inequality of opportunities for women and girls in so many areas of the world. And we see economic systems that hold people in the grip of poverty and despair.

We want to help; we want to make a difference – but how? We often ask: “what can one person do in the face of such suffering, such great hunger, such great poverty?”.

STANDING IN SOLIDARITY

Development and Peace (CCODP) – Caritas Canada writes:

“We believe in the interconnection and interdependence of the whole human family.

We walk side-by-side with all who struggle for justice, taking up our cause together.



We share the joys and hopes, griefs and anxieties of the women and men of our time, and in particular those who are impoverished and marginalized by unjust systems, as we think and act in the spirit of community.”

STANDING IN SOLIDARITY THROUGH OUR LENTEN DISCIPLINES

Prayer in Solidarity gives us an opportunity to stand before God hand in hand and shoulder to shoulder with our sisters and brothers in Christ and pray for our sisters and brothers in need.

Fasting in Solidarity gives us the opportunity to share in the hunger and poverty of others; to share their experience and to become aware, in a very real way, of the daily circumstances of those in need.

Almsgiving in Solidarity gives us the opportunity to see that what we can give together is so much greater than what we can give alone.

As we begin our Lenten Journey, I encourage you to visit the Website for Development and Peace – Caritas Canada (<https://devp.org/en/>) and to become familiar with the tremendous work they do, to explore the Projects and Partnership in which they are engaged, and to Stand in Solidarity with our sisters and brothers. Please support Development and Peace – Caritas Canada.

May this Lenten Season help you to be prepared to celebrate Easter with joy!

In Christ

A handwritten signature in black ink, starting with a cross symbol and followed by the name 'R. Anthony Daniels' in a cursive script.

Most Reverend R. Anthony Daniels
Bishop of Grand Falls.