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DORLAND
MOUNTAIN ARTS

SUMMER 2023



Susan Davies

Do anything, but let it produce joy!

Walt Whitman

Happy Summer from Dorland Mountain Arts!

Dear Friends of [Dorland Mountain Arts](#),

After the coldest winter and spring in California in memory, summer's warmth will be welcome, for a change! The sage will be at its most fragrant, as Leslie's delightful botanical exploration highlights. And the rich and vibrant community of Dorland artists represented so well herein will continue to soak up everything Dorland has to offer: a feast for the senses, a respite for sensibilities.

Your loyal support, and your unique contribution to the fountain of creativity that is Dorland, have sustained us through thick and thin, for 44 years. Your donations have helped with fire abatement, trail development, and cottage upkeep... and as you know, maintenance is a never-ending labor of love. We are grateful for all you have done, and continue to do, for Dorland. Thank you!

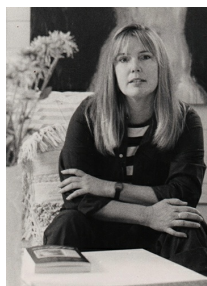
Curtis Horton Board President; volunteer since 1978

Nolan Winkler, Visual Artist

"I was a Dorland resident back in the day. Back before the big fire...Dorland was one of the first art residencies I applied for and received. It spurred this painter into other residencies around the country and out of the country. Spending a little time with strangers in different arts was so enlightening, it helped me

to expand my thinking processes and work. I will be forever grateful." ---[M. Nolan Winkler](#)

See Nolan's work and read more about life at Dorland before the fire [here](#).



We welcome your submissions for our Autumn Newsletter!

Send your publishing news, articles, interviews, essays, new art, announcements, links to music, etc. Be sure to include photos with captions.

Residents:

Send any quotes and memories of life at Dorland

SUBMIT WORK:

events@dorlandartscolony.org

Featured in Publications...

Diana Danielle

Diana's essay, 'I Was Ghosted by My Best Friend' was recently published in Newsweek. It begins: *"I met Lindsay at UCLA on a sunny day in January, 1985. Although we were in the same..."*

[Read More.](#)

April Davila

April Davila addresses writer's block in a Jane Friedman blog. *"Earlier this year, I took a week-long writing retreat at the Dorland Mountain Arts Colony..."* [Read More](#)

Lauren Eisen

Visual Artist [Lauren Lipinski Eisen](#)'s article *"Seed Cycles"* was published in the Spring 2023 issue of Wax Fusion. She says *"As an artist, my work is inspired by my fascination with the seed hybridizing process..."* [Read More](#)

JoBeth McDaniel

JoBeth's essay, *"Weaponized Empathy"* was published recently in *Open Mind*, a science magazine. " [Read More](#)

Debra Thomas-Zasadzinski

Work completed during Debra's DMAC residency in February 2023 is now selling in the Museum of Contemporary Art bookstore in the Château de Montsoreau, France. Read more about Debra's *"Love Letters to Montsoreau"* in her Interview in the [May 2023 Courier de Ouest](#).

Artist Sharings...

Monica J. Brown

[Monica J. Brown](#) invites us to SoNa Chicago Art Gallery. Located at 1527 N. Ashland Ave, the show runs until July 15. Come view the inaugural exhibition, a survey show of artists including Dorland resident Monica J. Brown. More Info about the exhibit [here](#).



Susan Davies

"Shake it Off" 36x12" oil on canvas (see newsletter banner) was selected for the People's Choice Award at the Winter Minnesota Artist Association group show. [See More](#)

Join us at for a Dorland Mountain Arts Residency!



View from Markham Cottage Porch--Frank Bevans

Submit your application for 2023 Residencies.

Hiking trails, views, secluded time to work on your projects.

Two pianos available: a Steinway B semi-concert grand piano and a Kimball baby grand.



[Residency Information](#)

[Cottage Availability](#)



View with Brittlebush

DONATE Support Creativity

Dorland's Mission statement is to provide a unique working retreat for visual artists, writers, and musicians



Elizabeth Refn

Elisabeth shared her painting "Bench Sitting": acrylic and oil stick on paper. Visit Elisabeth's [website](#).

Offerings

Cathy Elcik

[Cathy Elcik](#) recently launched a '100 Days of Summer [Accountability Community](#)' where you state your goals week to week and check in on your progress. Take a look at "[Your Writing Matters](#)," an essay on the power of believing that your writing truly matters and try out [Hibou](#), Cathy's newsletter for writers in the murky middle of their careers.

April Davila

Author and Writing Coach, [April Davila](#) offers a webinar: [Banish Writers' Block Forever](#).

Making Music

James Combs

"I really enjoyed my stay at Dorland last December. I made a music video for my new single "[High Pine Steeples](#)" while I was there and I thought you'd enjoy seeing it. I credited Dorland in the video and in my writing about it. I love your beautiful arts colony...Thanks again for everything. Cheers!" ---[James Combs](#)



Frank Horvat

"Here's a music video, '[From Oblivion to Hope](#)' that we produced of one of my compositions recently. (I thought that you and the SoCal community would get a kick out of this because of the snow.) Speaking of cold, one of the other exciting things

happening in my life next month is I'll be going on an Arctic Expedition/artist residency--[more info here](#)."

---[Frank Horvat](#)

inspiring creativity in a secluded, natural setting. The Residency Program provides a secluded working retreat for national and international artists, writers, musicians and composers.



For more information on how you can support Dorland: www.dorlandartscolony.org

WHAT GROWS AT DORLAND?

Black Sage

by Leslie Bevans



If you have taken walks along any of the nature trails at Dorland, you've probably brushed elbows with black sage. The plant has dark green leaves and when it flowers in late spring, early summer, the blooms are light purple, some would say, blue, maybe periwinkle. Sage is known for its pleasant fragrance but not everyone is attracted to the smell of sage. A long list of beetles, flies, snails, and moths have a natural aversion to the plant. Mosquitos are also repulsed by it. This makes it a good choice to add to your garden as it is a very pretty repellent.

Black sage is a drought resistant perennial. It grows quickly for the first few months and can get up to 6' tall. Because one plant can spread to 10' wide, it is an excellent ground cover and is very helpful for controlling erosion. It isn't unusual for a black sage plant to live for 15 years or more. So that means, if you, like me, have

Read Dorland Authors

Mary Camarillo



"I'm a pre-pandemic Dorland alumnus and have some good news to share. My second novel *"Those People Behind Us"* will be published in October of this year. The novel is shortlisted for a Hawthorne prize."

---[Mary Camarillo](#) ~ and [See More Here](#)

Lisa Cheby

[Lisa Eve Cheby](#)'s 2nd chapbook, [Buffy Averts as Mid-Life Apocalypse](#), was released in February by Dancing Girl Press. In May 2023, *Statement Magazine* published three of her poems: "*Doomsday Aphrodisiac*," "*Pluto's Emancipation*," and "*I didn't ask to be the center*." The latter two poems were written during a Dorland residency!



Eden Lepucki

[Edan Lupecki](#)'s novel, *Time's Mouth*, comes out on August 1, 2023. Much of it was written at Dorland. Read this [great write-up](#) about it in the LA Times.

Vince Montegue

"I'll be forever grateful to Dorland for the opportunity to explore and write. *Cracked Pot* describes a fragmented experience of grief and loss, and how I turned to working with clay which led to the transformation of private pain into the making of art. *Cracked Pot* was published in February 2023 by [Latah Books](#)."



---[Vince Montegue](#) ~ and [See More Here](#)



Jen Soriano

[Jen Soriano](#) was a Dorland resident last March of 2022. Her book, *NERVOUS*, comes out in August 2023. Check [Goodreads for more information](#).

Celebrate!

Barbara DeMarco Baret

[Barbara DeMarco-Barrett](#)'s podcast, [Writers on Writing](#), celebrates

walked on the nature trails at Dorland in the last 15 years, it is a good chance that we have brushed elbows with the same plants! (Our elbows probably smell identical. Go ahead, try to smell your elbow. See? Same as mine!)

White sage also grows at Dorland along the trails but isn't as prolific as its cousin, black sage. It's fairly easy to tell the two plants apart. The leaves of the black sage differ from white sage in that white sage leaves are lighter green, and have broader, smoother leaves than that of black sage.



Black sage flowers are pollinated by the usual crew: butterflies, bees, and hummingbirds. After pollination, the flower stem grows a tiny fruit, enjoyed for its sweetness by birds,

people, and other animals. Because black sage is a prolific evergreen, many creatures depend on its seeds and leaves, and stockpile dried vegetation to eat in the lean months of winter. If you can assure rich, well-drained soil, sage will thrive in your garden. Since the plant can grow from cuttings, seeds, or divisions, you don't necessarily have to purchase from a nursery. Black sage grows fast, it smells good, birds and bees love it...

Let's grow some! *Salvia mellifera* (black sage) is medicinally, spiritually, and fragrantly popular. Because of its anti-inflammatory properties, black sage is known to relieve pain and to reduce coughs and sore throats, so people make tea tonics from leaves and stems, or add seeds or leaves in cooking. When reasonable amounts are ingested, black sage is nontoxic. (There is a natural compound called thujone present in sage that can, in large doses, cause neurological problems like hallucinations and nausea. But too much thujone means that you've ingested a LOT of sage. So please take this into consideration before you decide to live on sage leaf salads). Otherwise, enjoy a sprinkling of tender leaves on your pizza, a nice



its 25th anniversary this year. "I started it on the radio when my son was 4; he's going to be 29 this year. Yikes!" During the pandemic, when the radio station was off limits, Barbara and her cohost, Marrie Stone, moved to podcast-only. Guests include Andre Dubus III, Lisa Cupolo, (a former Dorland resident), Richard Bausch, Ann Napolitano, Andrew Porter, and more.

Tressa Berman

[Tressa Berman](#)'s poem, [No Rain](#), is featured as a video poem in Issue 2 of a new online literary and visual art journal, *Wordswell*, founded by Beat poet Clive Matson. In 2022, she received the Judy Chicago Art Education Award, and has been conducting research toward an article for the project "Wo/Manhouse 2022 and Beyond: Feminist Transmissions of Artistic Placemaking..." [See More Here](#).



cup of tea, or a few blossoms of the black sage plant for a minty-sweet, peppery-over-toned, treat.



Black sage is also used by people in sacred rituals to heal, and to purify, places, people, and things. For instance, spaces can be cleansed or smudged with sage 'smudge sticks' or 'wands' in order to release and remove negativity. (Smudge sticks and wands are small, tightly tied bundles of sage stems and leaves). When ignited, allowed to burn for a bit, and then snuffed out, the resulting smoke lingers, like incense, and helps with the purifying or smudging ritual – and/or – simply leaves a room smelling fresh.

Obviously, the fragrance of sage smoke differs from the scent of the freshly picked leaves. Black sage is one of the most aromatic sages, (not the most strongly scented, that trophy goes to 'Musk Sage,' but black sage is right up there). So, what does black sage smell like? Well, if you blend 75% crushed peppermint leaves with 25% Italian seasonings (not including garlic or onions), you might come close to smelling the scent of black sage. Or, to experience black sage for yourself, you could just come to Dorland Mountain Arts and take a walk along one of the nature trails... Schedule your next Artist Residency today!

[READ ENTIRE ARTICLE](#)

Article and illustrations by [Leslie Bevans](#)

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