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Triangle North Healthcare Foundation 2019 Grant Cycle is Open

Triangle North Healthcare Foundation's Board of Directors has announced the launch of its 2019 grant cycle, now open through May 17, 2019.

The Foundation seeks programs and projects that will provide positive results in one or more of the five focus areas: Chronic Disease, Mental Health and Substance Use Disorders, Nutrition and Physical Activity, Reproductive Health, and Success in School as related to Healthy Lifestyles. Nonprofit organizations, government agencies, and schools are eligible to apply.

The link to the Foundation's online grant application is available at the website: www.tnhfoundation.org

Triangle North Healthcare Foundation, a regional healthcare grantmaking organization based in Henderson, NC, is a health legacy foundation that was established in 2011 following the merge of Maria Parham Medical Center and Duke Lifepoint.

The Foundation's mission-- *to encourage, support, and invest in quality efforts that measurably improve health in the Triangle North area*-- is achieved through funding strategic initiatives, programs, and projects that focus on improving health. The Foundation also supports programs that build capacity and develop leaders for nonprofits in the region.

The Foundation has launched a grant cycle each year since its grantmaking began in 2013. To date, the Foundation has invested over \$1.5 million in over 60 projects serving the four counties in the region, Franklin, Granville, Vance, and Warren.

According to the Foundation's Executive Director Val Short, the Foundation Board's hope is that through grantee organizations and the people they serve, the Board's vision for the future of our region will be realized... "to live in a healthy community."

"Our hope is that the Foundation's investment of grant funds in our communities will result in long lasting improvements in the health and wellbeing of our children and adults," Short said.

The Foundation staff is currently available to discuss ideas for grant projects or to assist with grant writing. Call 252-598-0763 to schedule an appointment. Information about current and past funded programs and projects is available on the website at www.tnhfoundation.org.

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

~Chronic Disease

~Nutrition & Physical Fitness

~Mental Health & Substance Abuse

~Reproductive Health

~Success in School as it Relates to Health and Wellness

GRANT LETTERS OF
INTEREST DUE

May 31, 2019

Girls on the Run, STRIDE Celebrate Season

More than 150 people participated in the 2018 Jingle Bell Run 5K, presented by the Henderson Family YMCA. The race was held on December 8 at Satterwhite Point and was the culminating activity for the fall season of Girls on the Run (GOTR) & STRIDE. In attendance were 85 registered community participants and running buddies, for STRIDE participants, 41 GOTR participants and 30 staff and volunteers.

GOTR participant, Gracie, says "I'm so thankful to come to Girls on the Run every Monday and Thursday. I learned so much like to be a leader, stand up for people, and that we can do all that. It shows everyone can be a leader." Chaya says of her experience, "We have learned to stop, breathe, think, respond and how to negative things into positive things and more! I love being in Girls on the Run. I can't wait to do it next year!!!!"

The Spring 5K run was held on May 4 in downtown Oxford. To learn more about Girls on the Run, contact the Henderson Family YMCA at 252-438-2144 or visit their website, www.hendersonymca.org.



Warren County OTC Giveaway Serves over 850 Individuals



NC MedAssist, in partnership with Triangle North Healthcare Foundation and the Warren County Health Department held an Over-the-Counter Drug Giveaway at the Warren County Armory on February 21, 2019. 786 individuals received free medication. Within that number 68 homebound individuals were served. 156 uninsured individuals will receive information about NC MedAssist and the free pharmacy services they offer. 76 volunteers were on hand to assist with over 15 being from local high schools. Warren county Health Department provided over 100 blood pressure screenings.



Seven vendors provided information:

- NC MedAssist
- Innovative Approaches Initiative, Granville- Vance Health Department
- Senior Center SHIP
- Lake Area Healthcare Behavioral Health Services
- Access East
- Securing Resources for Consumers, Inc.
- Warren County Health Department



The next OTC Giveaway will be held on Friday, August 30, 2019 in Louisburg in a location to be determined.





Who We Are

Located in Henderson, Triangle North Healthcare Foundation provides grants to nonprofits organizations, governmental agencies, and schools in Vance, Warren, Granville, and Franklin counties.

The Foundation's grant funding mission has been made possible by the endowment that was established after Maria Parham Health merged with the for-profit Duke-Lifepoint in 2011.

The Foundation will launch a new grant cycle in the spring of 2019, but in the meantime, the Foundation staff is available to discuss ideas for grant projects or to provide assistance with grant writing.

Information about our grantees and future grant opportunities is available on the website at www.tnhfoundation.org or call 252-598-0763.

Triangle North Healthcare Foundation Funds Scholarship for Bachelor Degree Nursing Students at VGCC

Triangle North Healthcare Foundation has given \$25,000 to the VGCC Endowment Fund to establish a presidential scholarship that will benefit students who want to pursue a four-year nursing degree but prefer to live at home.

Vance Granville Community College's RIBN program, which stands for Regionally Increasing Baccalaureate Nurses, is part of a statewide initiative established in 2008 by the Foundation for Nursing Excellence, to attract students to the nursing profession by making the degree programs economically accessible and feasible.

Vance Granville's RIBN program is a partnership with A & T State University, which provides local students access to a four-year nursing degree while they remain at home and attend classes at Vance Granville.

"These students are more inclined to remain in their home communities when they graduate," said Val Short, Executive Director of Triangle North Healthcare Foundation, "and we hope they will put their nursing education into practice by working as registered nurses in our communities.

Triangle North Healthcare Foundation is a nonprofit grantmaker based in Henderson, which serves the four-county northern piedmont region, including Franklin, Granville, Vance, and Warren counties. In addition to funding grants for local organizations that support health programming, the Foundation has endowed three additional scholarships at VGCC for local students pursuing health careers.



Triangle North Healthcare Foundation Executive Director, Val Short, left, and TNHF Scholarship Chair, Arline Richardson, right, present VGCC President, Dr. Rachel Desmarais, center, with funds to establish a presidential scholarship for nursing.