



**WILLISTOWN TROOP 78 FALL BACKPACKING TRIP
Delaware Water Gap/Kirkridge Shelter
October 13 and 14, 2018**

**Come and explore a portion of the Appalachian Trail!
A great way to help prepare for both Philmont and the Canada trip!**

BACKPACKING ITINERARY:

SHORT TREK (for young Scouts and new backpackers)

- Starts at Delaware Water Gap, PA; hike south to north on the AT to Kirkridge Shelter campsite. Fantastic views of the Delaware River. Distance: About 6 miles

LONGER TREK (for senior Scouts and experienced backpackers)

- Starts at Wind Gap, PA. Hike north to south hike on the AT to Kirkridge Shelter campsite. Scenic and challenging. Distance: About 9.3 miles

SUNDAY TREK

- Hike north to south from Kirkridge Shelter to Delaware Water Gap.

IMPORTANT: Both treks have rocky terrain. Wear hiking boots and wool or synthetic hiking socks. NO SNEAKERS ON THE TRAIL! See accompanying packing list.

SCHEDULE:

- Participants meet at the Cabin for a **6:30 AM** departure on **Saturday morning. DON'T BE LATE 'CAUSE WE WON'T WAIT!**
- Arrive back at the Cabin at approximately **Noon** on **Sunday.**

Turn the accompanying completed and signed permission slip in to your Patrol Leader by no later than Friday, October 5th if you will be attending. If your father is attending, he must complete the form as well and remit payment with the form. If you do not own or cannot borrow a backpack, the Troop has a few to loan, but **you must let your Patrol Leader know by the October 5th Troop meeting if you will need a backpack from the Troop!**

MANDATORY PACKING MEETING ON FRIDAY, OCTOBER 12TH. Patrol Leaders and Staff – report at 7:00 PM. All others – report at 7:30 PM. Bring your gear to the Cabin in a duffle bag that evening. See other side for details.

DADS WELCOME!

You must turn in the completed permission slip at the Troop meeting on October 5th, together with a check made payable to Willistown Troop 78 for the meal charge. **\$40 meal charge for fathers/adults who are NOT registered with the Troop; \$25 meal charge for registered fathers/adults.** Remit payment by check with the accompanying form. No charge for Scouts. **"No-show" Scouts will have \$35 deducted from their Scout Accounts.**

QUESTIONS? Call your Patrol Leader. **See you on the AT!**



WILLISTOWN TROOP 78 FALL BACKPACKING TRIP – WHAT TO BRING

FRIDAY, OCTOBER 12TH MANDATORY PACKING MEETING: For the packing meeting, bring your personal gear to the Cabin packed in a duffel bag. You will leave your duffel bag at the Cabin, and you will repack your personal gear, food and patrol equipment – including your tent – in your backpack. If you will be using your own backpack, please bring it to the packing meeting – but have your gear in your duffel bag!

WHAT TO BRING:

- Backpack (Troop has a **limited number available** for loan. **Let your PL know by Friday, October 5th if you need to borrow** one from the Troop)
- Sleeping Bag
- Pad
- Small flashlight, with good batteries
- THREE water bottles (bring them filled) – Nalgene or other unbreakable water bottles (like a Gatorade bottle filled with water) with at least 1 QT capacity each. Bring a full Camelbak/hydration system if you have it.
- Plastic drinking cup
- Mess kit dish, or plastic bowl (Tupperware works well); spoon or spork
- Toilet paper (partial roll. Pack in a plastic sealed bag)
- Toothbrush and toothpaste
- Small bottle hand sanitizer
- Pocketknife
- Compass
- Mole skin
- Hiking boots (to be worn)
- Camp shoes – sneakers recommended
- Wool or synthetic socks – wear a pair, bring two spare
- Change of clothes – synthetics rather than cotton
- Brimmed hat
- Small container of sunscreen*; Chapstick
- Warm hat and gloves
- Rain gear
- Jacket (not just a sweatshirt)
- Layers (sweatshirt or sweater that can be removed during hike)
- Bungee cords (2)
- Pack cover and trashbag or 2 large trash bags

* REMEMBER TO APPLY SUNSCREEN BEFORE ARRIVING AT THE CABIN ON SATURDAY MORNING.

Wear synthetic gear for the hike – not jeans and not sweatpants.

REMEMBER - LESS IS BEST, KEEP IT LIGHT. IF YOU WON'T USE IT, THEN LOSE IT!

Total weight of your pack (including tent and patrol gear) should not be more than be 25-30% of your body weight.

Dress in layers. The weather could turn quickly. Please Be Prepared for both cool and warm temperatures, and wet or dry weather.

RETURN THIS PAGE!

Please complete and return this permission slip below, with payment by check, to the October 5th Troop meeting per terms of handout.

Scout name and patrol: _____

Adult attendee name: _____

E-mail address and mobile phone number: _____

FEE:

- No charge for Scouts ("no-show" fee of \$35 for any Scout that commits to go but does not show up)
- \$40 for adults NOT CURRENTLY registered with the Troop
- \$25 for adults who ARE CURRENTLY registered with the Troop

\$_____ TOTAL **Make checks made payable to "Willistown Troop 78"**

THIS FORM MUST BE SIGNED AND RETURNED BY ANY ADULT ACCOMPANYING A SCOUT, AS WELL AS BY ANY ADULT ATTENDING WITHOUT AN ACCOMPANYING SCOUT.

If I am signing for a Scout: I am the parent/legal guardian of the Scout/guest named above, and my signature below constitutes my permission for my son to attend the October 13-14, 2018 Willistown Troop 78 backpacking trip. My signature below authorizes any registered Willistown Troop 78 leader in attendance to obtain medical treatment for my son if, in the discretion of such registered leader, such treatment is warranted. If my child does not attend the trip for *any reason*, I understand that we will be obligated to remit payment of \$35 to the Troop, which amount the Troop can elect to recover from any funds available in my child's Troop 78 Scout Account.

If I am an adult attendee: My signature below is also my agreement that my remitted payment will be forfeited in the event that I do not attend the trip *for any reason*.

(parent signature, or signature of adult attendee if submitted by attending adult)