

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
July 2017

225-749-4004
Info@RHELC.com
TaxID: 26-3480811

Monday		Tuesday		Wednesday		Thursday		Friday	
3	French Toast Sliced Peaches Milk	4	Cheese Grits Mixed Tropical Fruit Milk	5	Cinnamon Biscuits Sliced Pears Milk	6	Pancake & Sausage on a Stick Mandarin Oranges Milk	7	Buttered Toast with Jelly Fruit Cocktail Milk
10	Waffles with Syrup Sliced Peaches Milk	11	Buttered Grits Fruit Cocktail Milk	12	English Muffin with Jelly Sliced Pears	13	Buttered Biscuits Mixed Tropical Fruit Milk	14	Cereal Mandarin Oranges Milk
17	Cheese Toast Mixed Fruit Milk	18	Pancakes with Syrup Fresh Bananas Milk	19	Creamy Oatmeal Sliced Peaches Milk	20	French Toast Fruit Cocktail Milk	21	Cheese Grits Sliced Pears Milk
24	Pancake & Sausage on a Stick Mixed Tropical Fruit Milk	25	Maple & Brown Sugar Oatmeal Mandarin Oranges Milk	26	Cinnamon Toast Mixed Fruit Milk	27	Buttered Grits Sliced Peaches Milk	28	English Muffin with Breakfast Sausage Fruit Cocktail Milk
31	Waffles with Syrup Sliced Pears Milk								

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
<div>3</div> Chicken & Sausage Gumbo Steamed Rice Buttered Corn Sliced Pears	<div>4</div> Spagehetti with Meat Sauce Steamed Broccoli Fruit Cocktail Milk	<div>5</div> Tuna Salad on Bread Green Beans Mandarin Oranges Milk	<div>6</div> Oven Baked BBQ Pork Chops Cajun Rice Dressing Buttered Potatoes Pineapple Chunks	<div>7</div> Corn Dogs Green Beans Mixed Tropical Fruit Milk
<div>10</div> Meatloaf in Gravy over Rice Sweet Peas Sliced Pears Milk	<div>11</div> Baked Fish Fillets Mashed Potatoes Buttered Corn Applesauce	<div>12</div> BBQ Pork Chops Macaroni & Cheese Sweet Potatoes Sliced Peaches	<div>13</div> Hot Dog on a Bun Buttered Potatoes Mandarin Oranges Milk	<div>14</div> Chicken Stew over Rice Broccoli & Cheese Fruit Cocktail Milk
<div>17</div> Tuna Salad with Ritz Crackers Glazed Carrots Pineapple Chunks Milk	<div>18</div> Pork & Sausage Pastalya Sweet Potatoe Casserole Tropical Fruit Milk	<div>19</div> White Beans w/Sausage & Ham Over Steamed Riice Buttered Squash Fresh Bananas	<div>20</div> Oven Baked BBQ Chicken Macaroni & Cheese Lima Beans Mixed Fruit	<div>21</div> Sloppy Joe on a Bun Salad w/Ranch Dressing Sliced Peaches Milk
<div>24</div> BBQ Pulled Pork on a Bun BBQ Baked Beans Applesauce Milk	<div>25</div> Grilled Cheese Sandwiches Cut Green Beans Sliced Pears Milk	<div>26</div> Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Milk	<div>27</div> Taco Casserole Buttered Corn Mandarin Oranges Milk	<div>28</div> Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chumks
<div>31</div> Red Beans w/Sausage & Ham Over Steamed Rice Buttered Corn Mixed Tropical Fruit				

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
3 Ritz Crackers Mozzarella Cheese Stick Juice	4 Whole Grain Goldfish Crackers Juice	5 Teddy Grahams Juice	6 Vanilla Creme Cookies Juice	7 Cheese Crackers Juice
10 Whole Grain Goldfish Crackers Juice	11 Teddy Graham Crackers Juice	12 Vanilla Creme Cookies Juice	13 Cheese Crackers Juice	14 Oatmeal Cream Cake Juice
17 Vanilla Wafers Juice	18 Whole Grain Animal Crackers Juice	19 Mini Chocolate Chip Cookie Juice	20 White Cheddar Cheeze Its Juice	21 Ritz Crackers Mozzarella Cheese Stick Juice
24 Cheese Crackers Juice	25 Whole Grain Goldfish Crackers Juice	26 Teddy Graham Crackers Juice	27 Vanilla Creme Cookies Juice	28 Fig Newton Cakes Juice
31 Oatmeal Cream Cake Juice				

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