

Nogales, Arizona

FACT SHEET FY 2018

For 46 years, St. Andrew's Children's Clinic has provided free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country. The Clinic is held at St. Andrew's Episcopal Church in Nogales, Arizona.



Lizeth is 13 and lives in Nogales, Sonora. At only two months she received her first surgery for cleft palate at our Annual Cleft Palate/Cleft Lip Mission in Hermosillo, Sonora. At 6, Lizeth underwent a cleft palate repair. She will continue to visit our clinic for Speech Therapy and Orthodontal care.

St. Andrew's Children's Clinic is a non-denominational, non-profit organization, with a volunteer professional health care staff. The staff sees approximately 225-250 children the first Thursday of each month except July. Every October, in cooperation with Children's Surgery International and CIMA Hospital, 50-60 children (on average) have cleft palate/cleft lip surgery in Hermosillo, Sonora, Mexico. This special mission involves volunteers on both sides of the US-Mexico border who work with the medical team to give patients smiles and a much better life.

In 2018, with the help of generous donors and volunteers, St. Andrew's Children's Clinic provided the following:

- 3,681 Clinic hours by volunteer health care professionals
 - 4,342 Clinic hours by other volunteers
 - 2,300 patient visits
 - 85 first-time patients to The Clinic
 - 130 office visits (US and Mexico)
 - 97 lab tests (US and Mexico)
 - 65 cleft palate/cleft lip surgeries (57 children)
 - 8,310 professional health volunteer hours for cleft palate/lip surgeries
 - 600 dental visits
 - 9 eye doctor/surgeries
 - 29 orthopedic surgeries
 - 61 pairs of eye glasses dispensed
 - 29 round-trip flights and transportation to hospitals for patients
 - 35 prostheses
 - 130 pairs of corrective shoes and orthotics
 - 34 repaired hearing aids
 - 35 customized wheel chairs, walkers, and strollers
 - 230 donated wheel chairs distributed
 - 18 prescriptions, either for cornea transplants or dermatology patients
 - 9 iPads and software for augmentative/alternative communication patients
 - 11 round-trip flights donated
- also, medicated eye drops; Braille writers; strollers; speech and language equipment; nutritional supplements; physical, occupational, and speech therapy; dermatology and cardiology consultations; and many generous donations of blankets, diapers, and toys.

98% of all donations goes to patient care.

Cleft Palate/Cleft Lip Mission—2018

October 13-16 we traveled to Hermosillo, Sonora for our 14th Annual Cleft Palate/Cleft Lip Mission. This mission is a three-way partnership. Medical staff from Children's Surgery International, based in Minneapolis, provides the specialists and medical staff. Hospital CIMA provides surgical and exam rooms at a discounted rate.

Their volunteers, the Voluntario, pre-screen patients and organize files, and provide entertainment for the children. St. Andrew's Children's Clinic raises funding for the mission, provides nutritional supplements, special bottles/nipples, and speech therapy. Clinic staff also serve as interpreters throughout the Mission.

This year we had surgeries on three days. There were 62 surgeries on 57 children. Surgeries included cleft palate, cleft lip, pharyngeal flap, alveolar (bone) graft, and rhinoplasty.

This mission changes lives dramatically. When we take on a patient we commit to seeing that the child gets all the surgeries needed which can be as many as 6 for cleft palate patients.



In 2010, Angel (bottom left) from Hermosillo, Sonora received his first surgery for cleft lip and cleft palate at 8 months old. Now, 8 years later he had bone graft surgery. While waiting his mother couldn't help but thank all the doctors and volunteers by bringing a baby picture to show the drastic change.



Vincente (top) a six month old from Puerto Penasco, Sonora received his cleft palate and cleft lip surgery.

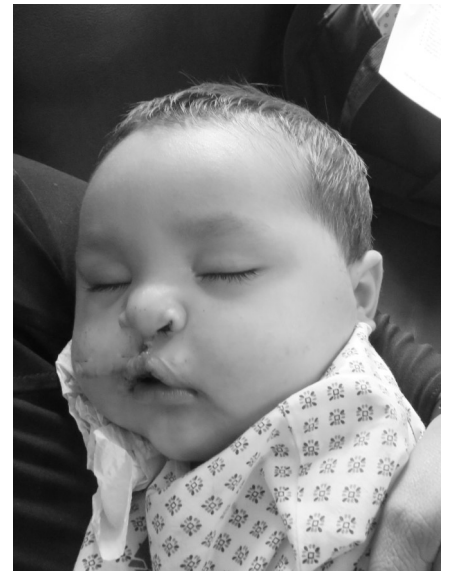
At the time of his release. His mother couldn't help but to look at her son in disbelief knowing her son had a better quality of life from that day forward.



Santiago (bottom) a one year old from Caborca, Sonora had a double cleft lip. While waiting for his surgery in post operating room he enjoyed taking pictures with all the volunteers.



After his surgery, he slept countless hours in his mothers arms. He will continue to visit The Clinic and will undergo future surgeries in the near future.



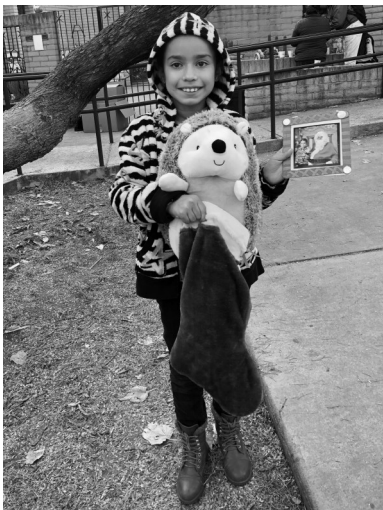
Then and Now

Dulce in the picture below was 4 years old. She was interacting with a tablet to help her with her speech impediment in the **Speech and Language Therapy Department**.

An iPad 4 with case and basic software costs about \$500 which are all provided to the children who need them all free of charge.



Dulce (bottom) age 9 is pictured at the Christmas Clinic with a new blush toy, a photo with Santa, and a Christmas stocking filled with goodies.



Luis Alberto in the photo above is 4 years old. He loves to play on the mats when he visits the **Occupational Therapy Department**. Luis wears a helmet to protect him from falls. A Soft-crown synthetic helmet cost up to \$35.

Luis is being demonstrated by the volunteer therapists upper body techniques to strengthen his body and mobility. Luis is now 11 years old and still enjoys his time on the mats.



Clinic Wish List

To donate any of the items below, please call the Clinic office in Green Valley at: (520) 648-3242 or e-mail office@standrewsclinic.org

- AA Batteries for speech/ language devices
- Bacitracin ointment
- Benefiber, Fibersure or Unifiber (non-gelling)
- Blenders
- Breakfast drinks
- Coloring books and crayons
- Clorox wipes
- Disposable diapers (esp. newborn size)
- Eyeglass frames (children's, used)
- Hand sanitizers
- Hearing aids (used) and batteries, pref. #13 & #675
- Hydrocortisone (1% ointment)
- Peanut butter
- Pediasure (generic okay)
- Physical therapy (exercise) balls (45 cm & 55 cm)
- Physio rolls "peanut balls" (30 cm & 40 cm)
- Powdered milk
- Prune juice—small cans only
- Simple picture books in Spanish
- Small mirrors & small toys/prizes for homework rewards
- Toys
- Trash bags with drawstring
- Umbrella strollers (available at Wal-Mart)
- Vitamins, children's chewable with iron
- Wipes
- Ziploc bags—quart size only

Volunteer drivers are needed to transport patients from the Border to the Tucson airport and return.

We also need volunteers for special projects.

To volunteer, call The Clinic office at (520) 648-3242.

Seasons of Giving

December Clinic is the best clinic that we have all come to love. The children look forward receiving gifts from our donors and volunteers. The volunteers look forward to the Christmas clinic, too. They love to see the shy smiles from children like Jesus from Nogales, Sonora that loved his new remote control truck given to him by The Tucson Doll Guild that celebrated their 16th years of handing out 220-240 toys to the children.



The Children received wooden toys from The Woodworkers of Green Valley, dolls, sweaters, stuffed animals from Sts. Peter and Paul Catholic School in Tucson, books in Spanish, basketballs, and remote control cars.

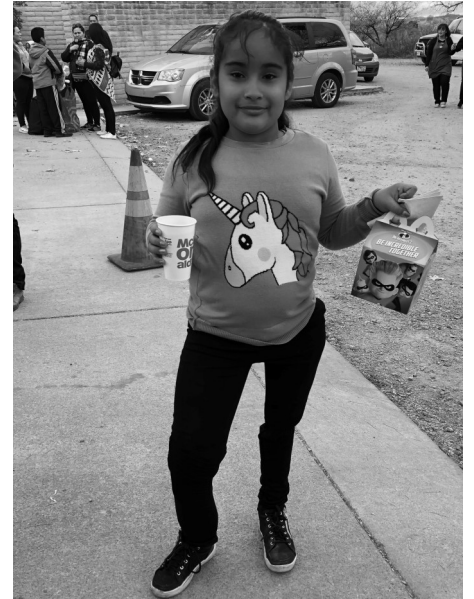
Staff (bottom) from Arizona Hearing Specialists, Tucson and Green Valley, are volunteers in the **Audiology Department**. They hold an Annual Donation drive each November and collect clothes, toys, non-perishables food to give to the children at our December Clinic.



Students from Nogales High School came to hand out toys, candies, and set up a "Meet and Greet" with Santa. Here Luis is pictured taking a photo smiling from grin to grin.



Kassandra loved to receive a happy meal with drink included to tame her hunger while she waited to see the volunteer therapists.



Two sisters (bottom) received new toys from the Tucson Doll guild.



Patients Need Different Services



Carlos and Karla are a set of twins that come to The Clinic. They are 5 years old and live in Imuris, Sonora. Carlos comes to the Nutrition Department and Karla comes the **Nutrition, Orthopedics, Vision, and Physical Therapy Departments.**



Mercedes (top) age 7, from Alamos, Sonora is hard of hearing. She is having her ears checked in the **Audiology Department.**

Ivan (bottom) is 12 years old, Nogales, Sonora, and has hip luxation. He smiles as he finishes his appointment in the **Orthopedics Department.**



Fayle (top) is 7 and lives in Nogales, Sonora. Here she is being taught to use a Braille writer by our **Vision Department** volunteer. The Clinic provides patients with Braille writers if needed.

If you would like to make a donation to buy a braille writer for a child, the cost is about \$250; we purchase used braille writers on e-bay.

Please Visit Us

Clinic Day tours for groups of 4-6 people are offered to the public (please see our calendar on the last page). The Clinic takes place at St. Andrew's Episcopal Church, 969 W. Country Club Drive, Nogales, Arizona. Take exit 8 off I-19 to Country Club Drive (the first traffic light) and turn right. You'll see the Church on the left.

Reservations are needed for tours. To reserve your place on a morning tour, please call The Clinic office in Green Valley at: **(520) 648-3242** or e-mail: office@standrewsclinic.org

Each tour will begin with a video overview of The Clinic in operation. Then, a volunteer guide will lead the tour through The Clinic. Visitors are asked to refrain from taking photographs

without permission.

Please note: From the Welcome Table, you will need to walk several hundred yards over our unpaved, uneven and slightly uphill driveway to the Ramada for the video and beginning of the tour. You will find that there are several congested areas in The Clinic. Please give right-of-way to Clinic patients and volunteers. Thank you!

White Elephant and the Clinic

Every year we are invited to participate in the White Elephant Parade in Green Valley as one of the many recipients of funding from this organization. This year the parade theme was, "Making Music Together."



Our float featured a trio of Mariachis, a large elephant covered with white paper flowers, a poncho and matching Sombrero.

All the volunteers were so thankful that all their dedicated work payed off. We won first place in our division.



In December The Clinic Staff attended the White Elephant Distribution Day where we received \$45,000 as one of many area organizations who received funding through grant submission.

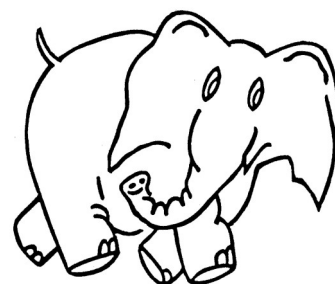
In the picture below, Laura Romero the Executive Director of The Clinic thanked the White Elephant and its volunteers for their continued support all these years.

We are grateful to the White Elephant and all our donors who make it possible to provide the much needed medical care that our children need.



Laura was accompanied by a longtime clinic patient Rodrigo Cortes and his mother, Consuelo. He first came to The Clinic at 2 years old and had right fibular hemimelia. At 3, his foot was amputated and a year later he received his prothesis.

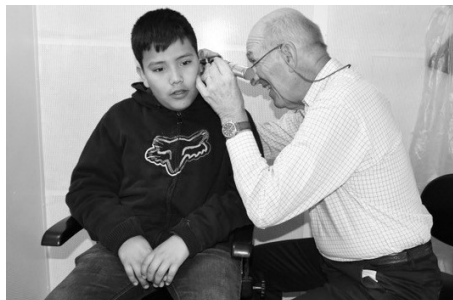
Consuelo, is thankful for all the years The Clinic has taken care of her son that she herself volunteers each month and even helps with projects like the White Elephant Parade to help other children like her son.



Like us on Facebook! See more photos and get more news at: St. Andrew's Children's Clinic.

Patients Need Different Services

Alvaro age 12, from Caborca, Sonora is having his ears checked in the **Audiology Department**.



In the photo below, Dr. Hendrickson teaches two patients new techniques with their iPads in the **Augmentative/Alternative Communications Department**.



Silva is 11 years old, lives in Caborca, Sonora, and has cerebral palsy. She was being fitted for new shoes in the **Orthotic and Prosthetic Department**.

Corrective shoes for one child are \$100 that are given to children to aid in leg and foot discrepancies.



Valentina a 3 year old from Nogales, Sonora has cerebral palsy and is underweight. She is a patient in the **Nutrition Department** and **Pediatrics Department**. Her mother receives nutritional supplements to increase calorie intake.

There are several ways you can give to St. Andrew's Children's Clinic, either directly or indirectly.

- Enclosed envelope; send check or we will charge to your credit card.
- PayPal from our web site: www.standrewsclinic.org. Click on the **Make a donation** button on the Home page and again on the Donation page.

Remember the Clinic and for Memorials

Looking for a way to honor someone special in your life? A contribution to The Clinic is a nice way to honor someone special—to say thank you, happy birthday, happy anniversary, etc. It will also help patients who need The Clinic's services.

Send your check in the envelope enclosed with this newsletter. Include the information about the memorial or honoring. The Clinic office will send the person notice of the memorial or honoring.

For memorials listed in obituaries, please include our correct name and address: St. Andrew's Children's Clinic, P.O. Box 67, Green Valley, AZ 85622.

Clinic Calendar

The Clinic meets on the first Thursday of every month except July.

- August 8 (Clinic)
- September 5 (Clinic)
- October 3 (Clinic)
- November 7 (Clinic)
- December 5 (Clinic)

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Yadelle Valencia

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Dorothy Sturges

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The mission of St. Andrew's Children's Clinic in Nogales, Arizona is to provide free, specialized medical care to children living in Mexico who cannot get the care or afford the care they need in their home country.

Marcos is a patient in the **Nutrition and Pediatrics Departments**. He received his 1st surgery for cleft palate in October 2018.



St. Andrew's Children's Clinic receives funding from individuals, churches, organizations, corporations, and foundations. No government funding is received from either the United States or Mexico. Of donations received, 98% goes to direct patient care.