



THE ESSEX CORINTHIAN YACHT CLUB

OFF-SHORE

IDEAL 18 FLEET NEWS & EVENTS

Ladies sailings has been carried over by popular demand. Contact Cindy Gibbs for details by calling (860) 391-5400 or using the contact form at www.essexcorinthian.org/ladies-sailing-program-contact-form.html.

At the Essex Yacht Club Ideal 18 Rum Challenge in mid-July 11 boats from both both clubs competed.

Cindy Gibbs placed second to Carter Gowrie that day, while Jon Gibbs and Tom Atkinson were unfortunately doing a few circles.



This summer we promoted Tuesday night racing for the first time. Ideal 18 skippers John Abbot, Peter Emblin, Sue Watts and Hilary Loftus have all won races, Sue took honors for one night, and on another rounded out a Corinthian sweep of the first three places with returning skippers Cindy and Jon Gibbs. Glenn Jacobsen has joined our crew roster and looks forward to more opportunities. EYC Thursday night Ideal 18 Spinnaker racing has had some success on occasion too.

The club boats will also be available for the Willets, Clark, and Birch Memorial River Races this fall.

On September 10th EYC will host the EYC/ECYC Team Race. Teams for these events will be assigned by the Fleet Captain, please contact Tom Atkinson if interested.

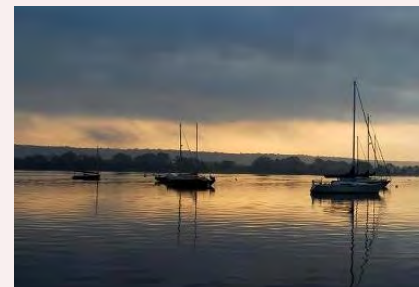
For Fall Frostbiting, we expect to continue to be able to accommodate all qualified skippers and crews. Teams of a skipper, crew, and alternate crew, signed up at least a week before the season begins, get first shot at regular scheduling.

Two of our boats are fully rigged and available everyday for use by member skippers and their guests, providing that they have been pre-qualified to do so by Tom Atkinson, Ed Birch or Cindy Gibbs. As set up, you can be underway in minutes. We have noticed a number of our members getting out to sail, even during the 4th of July Parade.

All crews and guests must sign the waiver and contact information forms, and sign out/in their boat on the bulletin board in the River Room as well! Please report any problems with or damage to the boats immediately to the Fleet Captain!

IMPORTANT DATES:

- **August 10th:** Corinthian Jazz Band
- **August 16th:** BOG Meeting
- **August 17th:** Russ Becker & John Birt
- **August 21st:** Round the Buoy Regatta (EYC)
- **August 24th:** Corinthian Jazz Band
- **August 26th/27th:** Leukemia Cup
- **September 5th:** Labor Day Cookout & 32nd Club Anniversary
- **September 10th:** Inter-Club Ideal 18 Team Race
- **September 20th:** BOG Meeting
- **September 24th:** Cross Sound Challenge



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE



Fellow Corinthians!

Jon Gibbs

As mentioned above, ECYC is hosting the team race with EYC on Saturday, September 10th. This race consists of three boats from each club sailing a best-of-seven series with each team making tactical use of the rules to hinder the other team's boats in order to help their team mates. Last year ECYC won the event with four races to two.

We need volunteers and boats to help with this event. Jim Francis has agreed to head the race committee. The candidates needs to have very good knowledge of the racing rules in the unlikely event a protest is filed. The protest committee does not go out on the water - they only need to be available after the last boat returns to the dock. We also need two mark boats. These would need be relatively small open cockpit powerboats with low freeboard and physical skippers who don't mind getting wet hauling the marks.

To my knowledge, ECYC has never hosted an Ideal 18 race. This is a good opportunity for club members to get involved in running a race with a close-up view of the action. EYC has run the races in the past and it is our turn to step up and prove we can do it as well.

Please contact me at fleetcaptain@essexcorinthian.org if you can help out.

FYI, you will see only two boats at the dock for the next six weeks as we have hauled one to do some heavy duty maintenance on the bottom.

One more note: The Essex Harbor Commission has asked us not to sail through the mooring field due to the danger of colliding with moored boats. This is a risk when the current is running strong. Please be careful and abide by ECYC's regulations for Ideal 18 sailing.

Tom Atkinson

Fleet Captain

Email: fleetcaptain@essexcorinthian.org

2016 ECYC REGATTA SEASON CONTINUES!

Round the Buoys Friendly Series:

While the wind gods have not been cooperating, this series continues to fulfill its intended purpose of bringing like-minded yachtsmen and women together to share their passion for sailing, improving their skills and celebrating a day on the water. The first race was cancelled due to an excess of breeze and the second was finally abandoned by the RC after about an hour of trying to get a race started. For the crews of the 9 participating boats, however, the after-party went on at ECYC as planned and a really great time was had by all. Thanks, especially, to Laurel Stewart for giving her time and talents to arrange the party on our behalf!

The next and final race of the 2016 series will be held on **Sunday, August 21st** - please mark your calendar and plan to join us for an afternoon of friendly competition and camaraderie with our friends at EYC. The party will be held at EYC.



Tartuca's Crew

Essex Rum Challenge:

The Essex Corinthian Yacht Club was very well represented at EYC's annual ECSA-sanctioned regatta held on a perfect day for racing, this past July 23rd.



Congratulations go out to Peter Harding, EYC RC Chair and all at EYC involved in putting on a first class event! Our club had entries in each of the non-spinnaker divisions and, indeed, brought back a number of trophies. Leading the ECYC

As I walked down the dock this past weekend, I noticed that one of our Ideal 18s was hauled out and realized it is time to get them ready for Fall sailing. This means we need to focus on some of the great upcoming events.

Upcoming Events for August and September:

Round the Buoys Regatta on Sunday, August 21st.

This series is designed for all levels of sailors to enjoy a friendly afternoon of sailing a course. After the race, everyone gathers back onshore with our neighboring club to share stories of the day.

Leukemia Cup Skippers Meeting is next on Friday August 26th at

North Cove Yacht Club. There is a cocktail party and silent auction. The following day Saturday, August 27th, is the 2016 Leukemia Cup Regatta with a well-attended after race party for a truly special cause.

Our Labor Day Cook-Out is on Monday September 5th. It is also the club's 32nd anniversary! We will need volunteers to make this happen, so please reach out to Vice Commodore Ruth Emblin for all the details on how you can help.

Intra-Club Ideal 18 Team Race on Saturday September 10th. This event is a favorite amongst the Ideal 18 sailors and is well sailed by our members.

ECYC 2016 Cross Sound Challenge is on Saturday, September 24th.

This is our biggest event of the season. Last year we won an ECSA award for the best post-race party! We hope to have some new sponsors this year which we will announce soon. All members and their friends are welcome to sign up for this Awards/After Party. Again, this year it will be held at Brewers Essex Island Marina. If you would like to help with this important club event please reach out to us.

Membership Update:

We are doing well on the search for new members, but like all clubs we are always looking. We are currently down seven members from last year, so please keep up the good work by continuing to look for folks who might enjoy our club. If you bring in a new member, make sure they feel comfortable. Help them meet other members and remember, new members are always welcome at the Commodore's Table.

Hope you have a great month!

Steve Rodstrom

Commodore



WEDNESDAY NIGHT MUSIC CONTINUES!

Please join us for Music on Wednesday Nights at the Corinthian Cafe!

| | |
|-----------|---------------------------|
| August 10 | Corinthian Jazz Band |
| August 17 | Russ Becker and John Birt |
| August 24 | Corinthian Jazz Band |
| August 31 | Matt McCauley |



Russ Becker & John Birt:



Russ Becker - Flute, Clarinet, Jazz Improvisation - has been an active musician on the Connecticut music scene for many years. He has been a member of the Stamford Symphony, the Hartford Civic Orchestra, Radio Piece 3 (progressive jazz/rock), Collectively Speaking (jazz), The Bob Hughes Big Band, and The Art Cellar Sax Quartet, as well as countless other ensembles covering a broad spectrum of musical genres. He currently performs regularly with the Russ Becker Quartet. Russ considers teaching his most important and rewarding musical endeavor, and loves working with students of all ages and skill levels.

Jeff Going - Celebration

parade to the podium was Peter Emblin. Tartuca placed first in Division 4 and also had the lowest corrected time in the regatta, also winning EYC's Tom Lentini Award. Jeff Going on Celebration took second in Division 5 and Tim Brewer on Tesoro was third in Division 3.



Tim Brewer - Tesoro



ECYC's Team Tartuca

Leukemia Cup:
The Connecticut Leukemia Cup will be held on August 27th. Vice Commodore Ruth Emblin and ECYC's Team Tartuca are vying to retain their status of highest fundraising boat in support of the Leukemia & Lymphoma Society, which they have earned for the last two consecutive regattas. You may have seen the Leukemia

Cup trophy residing in our trophy cabinet. Whether you intend to enter the regatta or not, you can throw your support for this important cause behind Team Tartuca by going to www.leukemicup.org/pages/ctwhv/ct16/Tartuca and making a donation to support the team!

Cross Sound Challenge:

Our ECSA award-winning after party and sanctioned regatta is scheduled for Saturday, September 24th. This year's edition of the XSC, ECYC's premier on-water event will certainly not disappoint! USCG permit has been filed and the Mudheads (in the names of Greg Gilmartin and Frank Murphy) have again been retained as Principal Race Officers for the event. The post-race party will once again be held on Essex Island and will feature live music, food, drink and dancing in celebration of another great day on the water.

Race Committee Members and Interested Friends:

We are seeking help on the water and at the party to assist with the event. On the water, we need two additional boats to accompany Commodore Rodstrom (Osprey will again be our RC Signal Boat). We need a nimble, near-shore center console or runabout to set out the start/finish pin and another boat, capable of a swift LIS crossing, to be a mark boat for the day. No experience is necessary (vhf comms are necessary) - it's simple and fun to do.

We continue to organize other on and off-water logistics, sponsorships, etc.

If you'd like to support the event through individual sponsorship or volunteerism, please contact me at racechair@essexcorinthian.org.

Tim Brewer

Race Committee Chair

Email: racechair@essexcorinthian.org



On-Shore & Entertainment Update:



Our 4th of July Harbor Parade and Cookout

was a great success thanks to Commodore Steve Rodstrom who arranged the parade and Entertainment Committee member Pat Atkinson



John Birt - Guitar, Mandolin, Electric Bass, Banjo - completed his Master's degree at The Hartt School of Music where he studied with internationally recognized pedagogue and performer, Richard Provost. He has participated in several master classes presented by Oscar Ghiglia, Andrew York, Odair Assad of the Assad Duo, and Scott Tennant of the Los Angeles Guitar Quartet. He has proven his versatility on many stages throughout the world. John's performances have included solo and chamber repertoire that extends from the Renaissance to the present, including several premieres by American composers. A native of Rhode Island, John was a self-taught musician before entering Rhode Island College in the fall of 2007. Outside of school, John founded a seven-piece Irish group that recorded two full-length albums and continues to perform throughout New England. Russ and John will entertain you on July 6th!

Matt McCauley is a repeat performer during our musical Wednesday nights. He will play a variety of jazz and easy listening tunes perfect to accompany your Wednesday night dinner!



The Corinthian Jazz Band certainly doesn't need an introduction - its musicians have entertained us for years! We are looking forward to performances every other week. Please check our event calendar for details!

You can find the complete music program at www.essexcorinthian.org/ecyc-music-program.html

Wednesday dinner menus will be included in your weekly menu e-blast!

GALLEY NEWS

Summer has not disappointed this year, and there were many evenings when our clubhouse and deck have been packed almost beyond capacity. This can, at times, stress our small galley to the point when meal delivery becomes delayed. Anything you can do to help the galley will also help make the meal service go more smoothly. Please remember to **enter your table number** on your meal ticket so the waitstaff does not have to go searching for you, and clearly **separate appetizers from your entrees by making a thick line between them** - unless you want everything served at the same time. Please **print legibly** - you do not have to read your meal order to Ed if you print it in a way he can actually decipher - which will again speed up processing of your order.

Larger tables are requested to either **put in their orders as soon as they arrive**, or stagger their tickets by ordering appetizers ahead of time, then submitting their entree order. Because the galley has only a limited amount of space for prepping, staggered meal deliveries may happen at high traffic times. We apologize, but hope you will understand. You can see the galley staff working hard in a rather small space, trying to serve 50 to 60 meals (or more) per evening as quickly as possible.

Another option is to **order an appetizer platter for the entire table ahead of time** - some of us have been doing this successfully by calling Monique ahead of time and placing an order with an approximate time of arrival. This way your platter will be ready for you when you get to the club.

Enjoy your evening among friends, open a bottle of wine, and relax in our beautiful location!

Looking forward to seeing you at the club,

Catherine Gazikas

Galley Liaison

Summer Galley Hours:

Lunch:

Wednesday, Thursday, Friday and Saturday (self-service):
11.30 am to 2.00 pm

Dinner:

Wednesday (self-service) and Friday (table service):
6.00 pm to 8.30 pm
Sunday (self-service):
5:00 pm to 8.00 pm

Brunch:

who took the lead in organizing the cookout. I would also like to thank the many volunteers who helped us set up and break down. We hosted over 100 people at our party, who enjoyed the views, food, drinks and music provided by DJ Joe "the Vaz" Vazington. We had such an overwhelming response to our invitation that we were forced to turn people away - which is not something we like to do but a necessity when dealing with occupancy limits for our clubhouse. For future events, please remember to **sign up early** to guarantee your spot!

Our next big event is the **Labor Day Cookout & 32nd Anniversary Celebration** on Monday, September 5th. After feedback from members regarding the Sunday event we have held on Labor Day weekends in the past, we decided to move the cookout to the actual Labor Day in order not to break up the holiday weekend for those of you who take



advantage of the long weekend to travel. We hope that this change will bring in some of you who have not been able to participate in this event in the past. We will once again offer bbq and all fixin's, and hope you will enjoy this event as much as you enjoyed our 4th of July party! Details will follow soon. As always, in the best of the Corinthian Spirit, we are looking for a few volunteers to help with this event.

And then, of course, there is the **Post-Race Party for our Cross Sound Challenge on September 24th**. We have once again secured Brewer Essex Island Marina for the party. The format will be very similar to last year's, we will be serving food appropriate to the time of year, and a lot of drinks! "Take Two" will be our musical performers. As in prior years **we are looking for event sponsors** to help us defray some of the cost so we can offer a truly great event. Last year we won an award for the best post-race party on the ECSA circuit, and we really would like to keep that plaque hanging in our dining room! So help us make it even better than last year!

Please contact me at vicecommandore@essexcorinthian.org if you would like to help out with either, or even better, all our events!

And while I am on the subject of events, the **Leukemia Cup Regatta and all its pre- and post-race events** are coming up in less than two weeks. ECYC is a primary sponsor of the Leukemia Cup Regatta in cooperation with Duck Island and North Cove Yacht Clubs, and I have been the co-chair for the event for several years together with Roger Bauman of DIYC.



The pre-race **Skippers Meeting/Cocktail Party/Silent Auction** to benefit the Leukemia & Lymphoma

Society is hosted by the North Cove Yacht Club on **Friday, August 26th at 6 pm**. You are invited to this free event even if you are not competing in the regatta. Several ECYC members have donated auction items that might interest you and will be sold for a very important cause. There will be appetizers and drinks, information on the work of LLS and the good company of "yachts" from all over Connecticut!

The **Leukemia Cup Regatta is held on Saturday, August 27th, first warning at 11:00 am**. Even if you are not sailing you are invited to the **Post-Race Party at Brewer Pilots Point Marina, starting at 5 pm**. Early bird tickets are on sale until August 12th, go to www.leukemicup.org/ctwhv/ for more details and to purchase tickets. If you want to enter your boat in the regatta, you can do so at Yachtscoring.com

Another bit of information about the **Leukemia Cup**. As Tim Brewer mentioned above, **ECYC's Team Tartuca** has been campaigning in this charity event for several years. The official Leukemia Cup Trophy has been residing in our awards cabinet for the last two years. This trophy is awarded to the team with the highest fundraising total. We would be very grateful if you were to help us keep this trophy at ECYC as a symbol of what the Corinthian Spirit can accomplish.

You can make a credit card or PayPal donation to **Team Tartuca's fundraising page** at www.leukemicup.org/pages/ctwhv/ct16/Tartuca If you are uncomfortable with making online donations, we also accept checks (there is even an app for that....). Please seek me out to have your check donation registered for the team.

Your support will mean a lot to us on behalf of the many cancer

Sunday (self-service):
11.00 am to 2.30 pm - special brunch hours on selected holidays!

DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of comfort food to be enjoyed while the roaring fireplace takes the chill out of rainy April weather or enjoy the spring views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays. And Sunday night dinners will run through early fall!

FEEDBACK

We want to know what you think about our galley!

Menus are available at www.essexcorinthian.org/dining.html

We want your feedback about our galley activities. Please let us know what you think!
Email galleyliaison@essexcorinthian.org

Did You Know?

SUMMER CLUB HOURS IN EFFECT, MEMORIAL DAY TO LABOR DAY:

| | |
|----------------------------------|---------------|
| Tuesday, Wednesday and Thursday: | 9 am to 9 pm |
| Friday: | 9 am to 10 pm |
| Saturday and Sunday: | 11 am to 9 pm |

Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.

NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org/

IMPORTANT REMINDERS:

- If you registered for **paperless statement delivery**, please check your email for the latest account statement from ECYC. If not, why not consider going paperless? One less piece of paper to worry about! Please email Club Manager Jean Little to let her know your preferences.

LOCAL EVENTS OF INTEREST:

Interested in Cuba?

Havana Night at the Connecticut River Museum
August 13th - 7:00 to 10:00 pm

Enjoy the tastes and sights of Havana at this gourmet Cuban-inspired dinner served on the Museum's waterfront deck. The evening will feature a visual presentation by CRM Members Bob and Brenda Osborn, recently returned from a two month circumnavigation of Cuba. Seating is extremely limited. Tickets for this event are available on the Museum's online shopfront.

shop.ctrivermuseum.org/SearchResults.asp?Cat=1859



patients and their families who will benefit from your donation!

There are a lot of upcoming events on our event calendar, and we hope that you will enjoy them. We ask you to consider volunteering for one of them. As we are a membership-driven organization the philosophy is "all hands on deck" to make the 32nd year of our club successful and enjoyable for all! Check out the online calendar and select a club event you would like to become involved in!

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

Ruth Emblin

Vice Commodore & 2016 On-Shore Events
Email: vicecommodore@essexcorinthian.org
or events@essexcorinthian.org



House Committee Update:

The 4th of July boat parade and picnic was a huge success, wasn't that only yesterday? The place was packed and held up exceptionally well, supporting a good time by all. Thanks to Pat Atkinson with the great effort to put the event together. My little contribution was putting up the bunting, with the assistance of our amazing club manager Jean Little.

On the topic of Jean, she has become an absolute godsend to the endless building chores. Her ancient Volvo station wagon is really a toolbox on wheels. Whatever the task, it's amazing what she pulls out of that motorized tool box to "get 'er done". She keeps the plants alive, removes trash, changes light bulbs, puts up shelving, addresses plumbing issues, helps keep the appliances running, stays on top of gas/oil/power/communication services, keeps the place spotless overseeing the cleaning crew, and arranges the many vendor activities as they become necessary. I invite the entire membership to join me in a huge thank you to Jean for the everything she does at ECYC.

One more month of the lazy days of summer, I can't wait to become part of that lazy piece. Having said this, I suspect to remain in reactive mode for house committee issues and topics. Look to September to reignite the proactive portion of the agenda. Enjoy the remaining portion of summer 2016, make every day count.

Chuck Grusse

House Chair
Email: house@essexcorinthian.org

Membership Update:

July 2016 continued to attract new members, bringing our year-to-date total to 17. At its July meeting the Board of Governors approved the applications of:

Vicki Hanor and Charlie Bumar, of Manhattan and, most recently, Essex - who consider ECYC part of their family's heritage, thanks for countless visits over the years with Vicki's grandparents, long-time members Carl and Jean Hanor. Vicki and Charlie were proposed for membership by her sister, Pam Richards. Charlie is a senior executive with Simon Property Group who spent much of his childhood on the water in Florida. The couple are actively looking for a boat in order to take advantage of all that ECYC and our area waters have to offer.

Tony and Lynn Robaina, of Essex - proposed by Alexander Bell. Tony is a justice on the Superior Court bench who gladly trades his magisterial robes for leisure time as an avid saltwater fisherman. Tony and Lynn enjoy the water and its proximity to their home and, after an enchanting recent visit to ECYC, were encouraged to apply for membership by several friends. Tony has held civic and nonprofit leadership roles and is active in a number of professional associations.

Please extend a warm ECYC welcome to our newest members when you see them!

See you on the water!

Green Tip of the Month:



Sailors For The Sea Running "Green" Regattas

Sailors for the Sea is an international organization dedicated to reducing our negative impact on our oceans and waterways. They provide information on how to run clean events like regattas, raft-ups, and other get-togethers. You may have seen their posters hanging at last year's Cross Sound Challenge post-race party, next to our recycling bins.

So far, over 800 regattas, gams, rallies and cruises have registered as Clean Regattas. One part education, two parts activation, the Sailors for the Sea program unites and mobilizes sailors by offering support and resources to help conserve and protect the ocean. Whether it involves sailing, rowing or solar power - anyone hosting an event on the water needs to look at this program! More at <http://sailorsforthesea.org/programs/clean-regattas>

Our 2016 Cross Sound Challenge will again be registered with the Clean Regatta program. We hope that we will receive an official upgrade of our certification after this year's post-race party. How can you help? Make sure that you do not dispose of any trash in the water while racing, and please recycle cans and bottles. At the post-race party, we will provide clearly marked recycling bins for your convenience. We will once again use compostable drink- and dinnerware to reduce the amount of trash generated by our event.



Sailors for the Sea also publish a very useful Green Boating Guide with a lot of tips on how to ensure that our favorite activities do not end up polluting our environment. Please go to <http://sailorsforthesea.org/programs/green-boating-guide> to learn more!

The website also offers fascinating articles on underwater life, seabirds, weather, life near the water and more in its "Ocean Watch" section at <http://sailorsforthesea.org/programs/ocean-watch>

And to grow the next generation of ocean stewards, Sailors for the Sea dedicated an entire section to kids with Kids' Environmental Lesson Plan (KELP): <http://sailorsforthesea.org/programs/kelp>

As you can see, a website worth visiting!

Thank you for being an environmentally aware ECYC member!

Ruth Emblin

ECYC Fleet Communicator

Scott Konrad
Membership Chair
Email: membership@essexcorinthian.org



Commodore Steve Rodstrom's Osprey all dressed up for the 4th of July Boat Parade

The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.



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