

What is a Patient Centered Medical Home?

A medical home uses a team approach to providing total health care. Your medical home team will include your health care provider, others who support you, and—most importantly—you.

We incorporate evidence based guidelines, patient education and self-management support into individualized care-plans that allows the clinical team to provide the highest quality healthcare to our patients.

Visit our website for more information, as well as some useful tools and resources to help you on your journey to better health.

www.victorhealthassociates.com

Our Health Care Team:

Josephine Barrett, MD	Internal Medicine
Philip Meaker, MD	Internal Medicine Pediatrics
Kevin Penird, MD	Internal Medicine Pediatrics
Brian Piotrowski, MD	Internal Medicine Pediatrics
Karen Duffy, NP	Adult Care

To learn more about each of our providers, see the Primary Care Providers section of our website!

Contact Us:

Victor Health Associates

6532 Anthony Drive, Suite A, Victor, NY 14564
Phone: 585-924-2100 Fax: 585-398-1217
www.victorhealthassociates.com

After Office Hours:

In the case of a true emergency, call 911 or go directly to the nearest emergency room.

For other urgent matters, there is an on-call physician available by phone: 585-723-6612

For non-urgent questions, patients can message the providers or staff through their secure Patient Portal 24 hours a day, or contact us during office hours.

Victor Health Associates

Specialists in Pediatrics and Internal Medicine

Contact Us First!

P. 585-924-2100 F. 585-398-1217
6532 Anthony Drive, Suite A
Victor, New York 14564
www.victorhealthassociates.com

Office Hours:

Monday – Friday: 8:00AM - 5:00PM

To meet the demands of patients, we also offer:

- ◆ *7:45AM appointments on Wednesday's and based on request and provider availability*
- ◆ *Same-day appointments available Monday-Friday*
- ◆ *Online scheduling via the secure Patient Portal*

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Patient-Centered Primary Care

What is a Patient Centered Medical Home?

What can you expect from US?

In a medical home, you and your team will work together, where you are an active member of the team.

- ◆ Your team can answer questions and help you better understand your health care needs.
- ◆ If you need to get help from other doctors, your team can support you every step of the way
- ◆ When you have concerns about your health, your medical home team will work with you to determine the best way to deal with them.

What can YOU do to help?

- ◆ Talk with your team about your health questions.
- ◆ Tell your team about your medical history and other health care professionals who care for you.
- ◆ Follow the health care plan you and you team have talked about. Make sure you understand how to follow the plan. Set goals you can reach.

OUR SERVICES

- ◆ Primary Care: Adult and Pediatric
- ◆ Same-day appointments
- ◆ Preventative Health Exams
- ◆ Gynecologic Examinations
- ◆ Annual Physicals
- ◆ Adult and Pediatric Immunizations
- ◆ EKG and Spirometry Testing
- ◆ Chronic and Acute disease management
- ◆ Preventive Health Care
- ◆ Preoperative Clearance
- ◆ Care Management Services
- ◆ On-site access to behavioral health services
- ◆ Referrals to qualified healthcare professionals, laboratories, and imaging facilities outside of the Practice as necessary

CHECKLIST TO PREPARE FOR YOUR APPOINTMENT:

- ◆ Bring with you:
 - Bring with you a list of questions and concerns
 - Medication list and dosing
 - List of specialists seen with contact information
 - Current insurance card
- ◆ Medical Records: It is important we have a complete medical history. Complete a medical records release which is available on our website or at the office. With questions, contact our medical records department.
- ◆ Remember to: Keep your recommended follow-up appointments and stay up to date with preventative care services
- ◆ Pediatrics: Immunization and newborn screening information
- ◆ Physical Appointments: Complete the Health History Questionnaire and lab work as ordered prior to your visit. Detailed information is available on our website.

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Victor, NY 14564
585.924.2100

Please visit our website to learn more about the many services we offer.
www.victorhealthassociates.com

All patients at Victor Health Associates have equal access to care. Please contact us for a list of insurances we participate with.

Uninsured? You may qualify for no or low-cost coverage visit: nystateofhealth.ny.gov/