

Ann's Aquatics
Sunday PM Swim Classes
at Chevy Chase Pavilion
September 29th – December 15th
10 weeks for \$300
3:30 – 7:45 p.m.



4:00 & 5:30

Tucker's Tadpoles:

Beginners who need floatation devices, are fearful, or can't go under.



3:30 and 4:30

Tucker's Turtles:

Beginners who can swim a little without floatation devices.



5:00

Ann's Aquatots:

Water orientation through games and play for children 1-3 years of age. Parent participation required.



6:00

Tucker's Tunas:

Beginners who can swim across the pool but need work on breathing.



6:30

Ann's Alligators:

A more aggressive class for advanced beginners who can swim on both the stomach and back, in deep water, can go under, and are starting to dive.



7:00

Tucker's Tigersharks:

Advanced Swimmers. Basic emergency water safety and stroke technique emphasized. Diving skills. Swim team skills. (45 minutes, \$400)

Registration will begin Thursday, August 22nd at 10am

Enrollment is limited. Call (301) 230-2426.

Registration is through email only at Annsaquatics@gmail.com

Visit us at www.Annsaquatics.com

NO REFUNDS, SUBSTITUTIONS, EXTENSIONS OR CREDITS