

IMPACT

ON HEALTH

A NEWSLETTER OF TRIANGLE NORTH HEALTHCARE FOUNDATION

FALL 2019

In this issue

2019-2020 Grantees **P.2**

Scholarships Awarded **P.3**

Foundation Has New Home **P.4**

Board of Directors

2019-2020

Xavier Wortham, Chairman

Woody Caudle, Vice Chairman

Wanda Hunt, Secretary

Robert F. Noel, Jr. MD, Treasurer

W. Rodwell Drake, Jr. MD

Terri Hedrick

Chip Hight

Ruth Jones

Vanessa Jones

Dana Greenway

Emilee Johnson

Fatima Williams

Staff

Val Short,
Executive Director

Carolyn Powell,
Grants Coordinator

Office

208 N. Garnett Street
Suite A, Garnett Street Station
Henderson, NC 27536
252-430-8532
www.tnhfoundation.org



Working Landscapes received a grant to implement their “What’s Growing On” program in Granville County Schools. From left: Representing Working Landscapes, Juniper Cummings and Executive Director, Carla Norwood with TNHF Executive Director Val Short and TNHF Board member Dr. Roddy Drake.

Triangle North Healthcare Foundation Awards Over \$250,000 in Grants for Health

Triangle North Healthcare Foundation’s Board of Directors has awarded \$258,500 in grants to local organizations in the Foundation’s seventh annual grant cycle. With the 2019 grant award, the Foundation’s contributions to the community total over \$1.8 million since the Foundation began grantmaking in 2013.

The primary purpose of our grantmaking is to invest in organizations that share our mission to improve health in the region. The 2019 grant awards will fund 8 programs that focus on community health and health improvement throughout the four-county region. Our hope is that these grant awards will result in improved lifestyles and healthier outcomes for children and adults in Vance, Warren, Granville, and Franklin counties. Health and wellness are at the heart of the work our grantees will do.

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- ~Chronic Disease
- ~Nutrition & Physical Fitness
- ~Mental Health & Substance Abuse
- ~Reproductive Health
- ~Success in School as it Relates to Health and Wellness

Next Grant Cycle
Opens
Spring 2020

Contact Us to
Discuss Your
Grant Ideas

252-430-8532



Triangle Residential Solutions for Substance Abusers (TROSA) received a grant to support their two year residential recovery program that serves residents in the TNHF region. From left: TROSA Board member Felix McDaniel and TROSA's Associate Director of Development, Melissa Spil received the award from TNHF Executive Director Val Short and TNHF Board member Dr. Roddy Drake.

2019 Grant Recipients and Their Projects

Alliance Rehabilitative Care (ARC) – *Access to Dental Care* – Residents entering the substance abuse halfway house in Henderson will receive dental screening and preventive care, and when necessary more extensive dental treatment to prevent further decay and to promote overall health.

Henderson Family YMCA – 1) *Girls on the Run* – a self-esteem and healthy lifestyles program for girls & boys culminating in a 5k run/walk at the end of each semester; 2) *Safety Around Water* – teaches water safety and drowning prevention skills to 2nd graders in Vance County.

Continued on Page 3

NC Med Assist – Free Pharmacy Program & Over-the-Counter Giveaways – provides free medications and support for low income and uninsured individuals in the Triangle North Region. In addition; two over-the-counter medicine giveaways will be implemented this year in Vance and Granville counties.

Shepherd Youth Ranch – Trail to Success – provides skill building for youth suffering from grief, loss, abandonment and abuse. Partial scholarships will be provided to 10 youth who are referred by the school system or law enforcement who will enter into an intensive 24-week program, which consists of weekly group and monthly family sessions in a unique program that uses horses to help with therapy.

Strength and Mending (S.a.M) Child Advocacy Center – Child Forensic Interviews – provides a centralized, child-centered approach to investigation that reduces the risk of trauma to the children who are victims of abuse; increases opportunities for healing for the child and non-offending family members.

TROSA (Triangle Residential Options for Substance Abusers, Inc.) – Rebuilding Lives: Mental Health & Substance Abuse Recovery – provides a two-year residential recovery program with treatment, education, vocational training and care free of charge for residents of the Triangle North region who suffer from alcohol and substance abuse.

Working Landscapes – What’s Growing in Granville County— in partnership with Granville Vance Public Health & Granville County Schools, this program aims to improve the health of students in Granville County Schools by teaching about and consuming healthy, locally grown food.

TNHF Scholarship Recipients

At the annual scholarship recognition ceremony at VGCC held on October 3, 2019 three students were recognized with scholarships endowed by Triangle North Healthcare Foundation.



Rachel Spall, Sheniqua Pruden, and Rachel Shane are our newest TNHF Scholars! Spall and Pruden are students in the RIBN program, which stands for Regionally Increasing Baccalaureate Nurses, a statewide initiative established in 2008 by the Foundation for Nursing Excellence, to attract students to the nursing profession by making the four-year degree programs economically accessible and feasible.

Vance Granville’s RIBN program is a partnership with A&T State University, which provides local students access to a four-year nursing degree while they remain at home and attend classes at Vance Granville.

Shane is enrolled in the Associate Degree Nursing Program.

Triangle North Healthcare Scholarship Recipients. (L-R) Rachel Spall, Presidential Scholar Award, Wanda Hunt TNHF Board & Scholarship Committee Member, Sheniqua Pruden, Academic Achievement Scholar, Rachel Shane, Academic Achievement Scholar.



Who We Are Who We Are

Located in Henderson, Triangle North Healthcare Foundation provides grants to nonprofits organizations, governmental agencies, and schools in Vance, Warren, Granville, and Franklin counties.

The Foundation's grant funding mission has been made possible by the endowment that was established after Maria Parham Health merged with the for-profit Duke-Lifepoint in 2011.

The Foundation will launch a new grant cycle in the spring of 2020, but in the meantime, the Foundation staff is available to discuss ideas for grant projects or to provide assistance with grant writing.

Information about our grantees and future grant opportunities is available on the website at www.tnhfoundation.org or call 252-430-8532.

Triangle North Healthcare Foundation Has a New Home



Triangle North Healthcare Foundation's Board of Directors has announced the acquisition of the historic Henderson landmark, Garnett Street Station.

Through its newly formed limited liability company, Garnett Street Station, LLC, the Foundation closed on the property purchase on June 10. The property was purchased from Restoration Associates.

"We consider this an excellent investment for the Foundation, since it is an income-producing property," said Val Short, Executive Director for the Foundation. "We can also ensure this important historic treasure will be maintained and preserved for future generations," she added.

Current tenants at Garnett Street Station will continue to lease office and parking spaces. The Foundation is planning some renovations and improvements to the building, including replacing the platform at the back of the building, painting the exterior trim, and repairing mortar on the brick.

Built around 1885 as a railroad freight station and depot, the building stands on land that was originally deeded to the Raleigh & Gaston Rail Road Company by Lewis Reavis in 1837. The depot building was restored and converted to an office building in 1989 by Restoration Associates.

The Foundation relocated to Garnett Street Station in September and now occupies the office on the south end (Montgomery Street side) of the building, "We are very excited about having a permanent home for the Foundation, especially in this iconic symbol of Henderson's history and development," Short said.