



Daycare Newsletter

October 2019



Things are about to get SPOOKY!

Halloween is near!

This month we are focused on the colors of Fall, Thanksgiving, our Halloween Fundraiser and of course Halloween itself. We will take the children trick r treating on Lakewood and Hastings area.

We are so excited for our upcoming fundraiser – let the teachers know how many tickets you would like to buy to attend! We are also selling 50/50 tickets:

\$2.00/Ticket

3 for \$5.00

\$25.00 = Arm's length

Support your daycare in helping us raise \$5000.00 for new sensory equipment!

Reminders:

- AMCS Daycare is not responsible for any lost or stolen items, it is very important for you to label EVERYTHING.
- Monday, Wednesday and Friday are Hot Lunch Days, Tuesday/Thursday will be "Bring Your Own Lunch."
- We are a STRICT nut, (tree and coconut included) strawberry and shellfish free centre.
- Ensure you have completed a Hard Copy of the Emergency Card – please ask Teacher Mia for one.

Themes of the Month:

Oct 1-4

- Letter E
- Color Orange
- Fall

Oct 7-11

- Letter F
- Color orange
- Thanksgiving

Oct 15-18

- Letter G
- Color Green
- Apples

Oct 21-25

- Letter H
- Color Red
- Fall

Oct 28-31

- Letter I
- Color Red
- Halloween

2019 Dundas Street, Vancouver BC, V5L 1J5

Tel: 604.558.2627 x.7013 Fax: 604.558.2628 daycare@aboriginalmothercentre.ca

Web: www.aboriginalmothercentresociety.ca

Reminders Continued:

- Cut off for drop off time is at 9:30, unless you have called in advance explaining why you are late and it is not consistent, your child will not be accepted into the program after 9:30 a.m.
- Daycare closes at 5:30 – **we charge \$5.00 per minute past 5:30** which will need to be paid before your child may attend daycare again. This money goes to the staff member who has to stay late.
- **All parents will be expected to chaperone or participate as a Volunteer throughout the year at one of our field trips or fundraiser events.**
- Payments are due on the 1st of every month. Cheque or cash are accepted.

Other Organizations we work with that you may see inside the daycare from time to time:

Vancouver Aboriginal Supported Child Development (Vancouver Native Health)

B.C. Centre for Ability

Vancouver Coastal Health Inspectors

Our in-house Nurse on Wednesdays

Behavior Interventionists from Monarch House

Handy Man and Maintenance Workers

Speech and Occupational Therapists

Please keep in mind everyone who is in the daycare are allowed to be here, they all have their own criminal record check clearance.

Future Dates and Closures to Remember:

Friday October 11th – Thanksgiving Dinner Day
Wear your pajamas and get ready to get comfy and watch some classics while we cook up a great Turkey dinner for lunch ♥
Parents are more than welcome to join us.

Monday, October 14th – Closed for Thanksgiving

Friday, October 18th – Pumpkin Patch

Friday, October 25 – Lil Munster's of AMCS Daycare Burger & Beer Pub Night Fundraiser

October 31st – Halloween Party – Wear your costume

November 11th – Closed for Remembrance Day

December 20th - Christmas Concert

December 23rd – January 1st – Christmas Closure

Your child needs the following:

- Indoor and outdoor shoes
- Muddy Buddy
- Extra Set of clothing
- Diapers/wipes
- Remember to label all of your child's belongings.

Daycare will be hosting a Beer & Burger Night at the Great Bear Pub on Friday, October 25, 2019 6-9 P.M.
Tickets are \$25.00 Each and we will be having a Silent Auction, 50/50, Door Prizes and Best Costume!

Please ask staff for more info on how to purchase tickets!



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Daily and Weekly Schedules

*Please remember that 9:30 a.m. is cut off for daily drop off. Unless you have called in advance warning that you are late, your child will not be accepted at this point. **If your child shows up at 9:30, please ensure that they have already ate breakfast, as snack is over at 9:30 a.m.***

Daily Schedule

7:45-9:00 **FREE PLAY** Children are welcome to engage with table toys, blocks, water table, printing/coloring

9:00 – 9:30 **Morning Snack** Children enjoy a healthy breakfast style snack with teachers and friends

9:30-10:00 **Circle time** A staff member will lead an educational group time featuring important learning opportunities (cultural focus, calendar, weather, letters, numbers, animals etc.)

10:00-10:30 **Table Activities** Arts and crafts with teachers

10:30- 11:45 **Outdoor Play/Walk** Children spend time in the outdoor play area engaged in gross motor development.

11:45-12:00 **Transition to Lunch** Children are transitioned inside to wash up for lunch

12:00-12:30 **Lunch Time** Children enjoy a nutritious hot lunch with staff and friends

12:30-1:00 **Transition to Nap** Children are cleaning up lunch, using bathroom and looking at books

1:00-2:30 **Nap/Quiet Time** Children nap together in the big room, those who don't nap, ret on their mats until 2 and will get up and do quiet activities

2:30-3:30 **Afternoon Snack** Children wake up transition to bathroom and afternoon snack with teachers and friends

3:30-5:00 **Outdoor Time/Free Play** Children spend time engaged in art and outdoor play time or indoor play

5:00-5:30 **Quiet Table Activities or outdoor play**
Weather Permitting Children are engaged in quiet play or outdoor, until home time

Monday –

- Cultural Creations with Shelly in Great Room. We all head to the Great Room as a group and work on cultural projects with the Family Wellness Coordinator Shelly Love, we will be working on our own Mini Hand Drums for the first couple months.
- Special Helper of the Week will also be picked. The Special Helper will assist Teachers with Circle, Be First of Line to hold the door, assist with snack set up other duties through out the week.

Tuesday –

- Cool to Be Kind Tuesdays – we set goals for acts of kindness for the week.
- Playdough Making with Teacher Lindsie

Wednesday –

- Yoga Session with Mia. – We will be working on our forms and chi with Teacher Mia!
- Library Sessions will start up again as well. We will walk to and from the East Hasting Library Branch for story and group time.

Thursday –

- Baking with Teacher Stacey and Teacher Kaddie! Learning to Bake delicious desserts and baked goods.

Friday –

- Show and Tell Day – Two students who have been pre-selected on Monday will bring in an item to show friends at circle time.

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WEEK 1	A.M. SNACK	LUNCH	P.M. SNACK
TUESDAY	WAFFLES WITH APPLE SAUCE & FRUIT		APPLESAUCE & VEGGIES
WEDNESDAY	COLD CEREAL & ORANGES	Pancakes, Sausage & Eggs with fruit	CRACKERS CHEESE & MEAT
THURSDAY	Smoothies & Graham Crackers		FRUIT/VEGGIES & CRACKERS
FRIDAY	SCRAMBLED EGGS & TOAST WITH FRUIT	Home Made Pizza & Veggie Sticks	BAKED GOODS & FRUIT

WEEK 2	A.M. SNACK	LUNCH	P.M. SNACK
MONDAY	OATMEAL WITH FRUIT & MILK	Home Made Mac N Cheese with Hot Dogs	YOGURT & GRAHAM CRACKERS, VEGGIES
TUESDAY	WAFFLES WITH APPLE SAUCE & FRUIT		APPLESAUCE & VEGGIES
WEDNESDAY	COLD CEREAL & ORANGES	Salmon Cakes and Rice with Bannock	CRACKERS CHEESE & MEAT
THURSDAY	Smoothies & Graham Crackers		FRUIT/VEGGIES & CRACKERS
FRIDAY	SCRAMBLED EGGS & TOAST WITH FRUIT	Chicken Stir Fry with Rice	BAKED GOODS & FRUIT

- Veggies and Fruit are what is in season

WEEK 3	A.M. SNACK	LUNCH	P.M. SNACK
MONDAY	OATMEAL WITH FRUIT & MILK	Slow Cooked Beef Stew	YOGURT & GRAHAM CRACKERS, VEGGIES
TUESDAY	WAFFLES WITH APPLE SAUCE & FRUIT		APPLESAUCE & VEGGIES
WEDNESDAY	COLD CEREAL & ORANGES	Spaghetti and Vegetable Sauce with Garlic Bread	CRACKERS CHEESE & MEAT
THURSDAY	Smoothies & Graham Crackers		FRUIT/VEGGIES & CRACKERS
FRIDAY	SCRAMBLED EGGS & TOAST WITH FRUIT	Ham and Cheese Sandwiches and Veggies	BAKED GOODS & FRUIT

WEEK 4	A.M. SNACK	LUNCH	P.M. SNACK
MONDAY	OATMEAL WITH FRUIT & MILK	Chicken and Rice with Veggies	YOGURT & GRAHAM CRACKERS, VEGGIES
TUESDAY	WAFFLES WITH APPLE SAUCE & FRUIT		APPLESAUCE & VEGGIES
WEDNESDAY	COLD CEREAL & ORANGES	Beef Chow Mein with Veggies	CRACKERS CHEESE & MEAT
THURSDAY	Smoothies & Graham Crackers		FRUIT/VEGGIES & CRACKERS
FRIDAY	SCRAMBLED EGGS & TOAST WITH FRUIT	Chicken Nuggets and Veggie Sticks	BAKED GOODS & FRUIT

- Veggies and Fruit are what is in season

Please feel free to pack your child their own lunch if they do not like what is on the menu.

*Monday Lunch on the 1st week is Home Made Chicken Noodle Soup.

Any concerns or questions, please email Lindsie to set up a meeting.

We look forward to another successful year with you and your child/children.

Kukwstsétsemc

(Secwepemc way of saying "Thank You")

Hiskwe

(Coast Salish way of saying "Thank You")

Kleco Kleco

(West Coast way of saying "Thank You")

Lindsie, Mia, Kaddie, Stacey.