



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog

Month and Year July 20-24, 2020

Meal Patterns	Monday July 20	Tuesday, July 21	Wednesday, July 22	Thursday, July 23	Friday, July 24
Breakfast • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	Cheerios (wg) Toast (ww) Orange Slices Milk	French Toast (ww) Apple Slices Milk	Yogurt w/ Granola Toast (ww) Peaches Milk	Scrambled Eggs Toast (ww) Grapes Milk	Fried Rice (wg) Toast (ww) Banana Milk
AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Graham Crackers Grapes	Rice Cakes Apples	Muffin Cheese	Sliced Cheese Crackers	Pretzels Yogurt
Lunch • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods	Chili Con Carne w/ Cheese Corn Bread Peas Mandarin Oranges Milk	Pot Roast Mashed Potatoes Dinner Rolls (ww) Cooked Carrots Pears Milk	Ravioli Tomato Sauce w/ Sausage Bread Sticks Salad Fruit Cocktail Milk	Chicken Steak Rice Toast (ww) Corn Mandarin Oranges Milk	Tuna Sandwiches Chips Carrots Peaches Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Veggie Sticks Cheese Stick	Milkshakes Crackers	Quesadillas	Rice Cakes Orange Slices	Animal Crackers Raisins

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.