Pre-Teen/Teen Program Class List

Ballet (Vaganova based)

- Ballet Pre-Teen/Teen Intermediate: Mondays 8 9:15 pm (Ms. Caroline)
- Ballet Teen Intermediate/Advance: Thursdays 7:30 8:45 pm (Mrs. Camille)

Pre-Pointe

• Beginner/Intermediate Pointe: Mondays 7:15 – 8 pm (Mrs. Hyunmi)

* For this class, students must be at least 11 years old & up. They must also be assessed & gain teacher approval prior to enrolling in pointe. Students <u>MUST</u> take ballet in addition to this class. Email <u>info@nfernodance.com</u> for details. *

Modern (Horton, Graham, & Dunham based)

- Modern Pre-Teen/Teen Intermediate: Wednesdays 7 8:15 pm (Mrs. Camille)
- Modern Teen Intermediate/Advance: Wednesdays 8:15 9:30 pm (Mrs. Camille)

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• Hip Hop Pre-Teen/Teen: Tuesdays 6 – 7 pm (Mr. Tyone)

Acro/Tumble

- Acro/Tumble Beginners 1: Fridays 6 6:45 pm (Mr. Collin & Ms. Joy)
- Acro/Tumble Beginners 2: Fridays 6:30 7:15 pm (Ms. Kaniesha)
- Acro/Tumble Intermediate: Fridays 6:45 7:45 pm (Mr. Collin & Ms. Joy)
 Must do a skills assessment prior to enrolling in the intermediate level

Technique & Conditioning

• Technique & Conditioning Level 2: Mondays 6 – 7 pm (Mrs. Hyunmi)