

**The Anvil** A Quarterly Publication of the St. Paul AME Church Lay Organization – 3<sup>rd</sup> Quarter 2021 November – January 2022

Moving from Church to Ministry "...for the people worked with all their heart." –
Nehemiah 4:6





Season's Greetings
from Reverend and
Mrs. Hodges

- Message from our 1st. Lady, Mrs. Hodges
  - Season's Thoughts from Lay President
    - YPD
    - Upcoming
    - Recent Events
    - Bible Knowledge Activity
      - Featured Recipe
    - Preparedness Pop-Up!
- St. Paul AME Church, Raleigh, NC <u>www.stpaulamechurchraleighnc.org</u>
- St. Paul AME on Facebook <u>www.facebook.com/stpaulamearaleigh/</u> for video sermons
  - Western North Carolina Lay Organization <a href="http://wncclay.org/">http://wncclay.org/</a>

## Message from our First Lady, Sis. Delores Hodges Fraying the Distance



As we sat in the comfort of home, the telephone rang and on the other end was our youngest son. He was calling to inform us that his wife and two of their children had COVID. Our hearts sunk and we were torn between whether we should go to them or stay where we were. We thought if we go, we can't see them so we decided to stay where we were and start praying.

I am reminded of Jesus' parable to his disciples. He told them "always pray and not give up "Luke 18:1.

No request is too large or small for the Father. We prayed and communicated each day. Covid spread through the family, but God is faithful. He heard and welcomed our prayers. Healing power came into their

home and they are all doing well. It wasn't necessary that we be there, we just had to ask Jesus to send his healing power. Remember first, for and in everything go to **God** in prayer.

## Sister Delores Hodges

## Message from St. Paul AME Lay President Carol Davenport



## You are More than "Just a Layperson"

Hello, My Brothers and Sisters in Christ. I bring you love and greetings from the St. Paul AMEC Lay Organization. We pray all is well with you and your loved ones.

At our Lay Witness Sunday, the WNCC President, Sister Penny Oliver, challenged us to be more involved and take our role and responsibilities as Laypersons seriously. Have you ever heard a church goer say, "I'm just a layperson?" I have heard that statement. If you think you are "Just" a

layperson, I beg to differ with you. Do you have any idea what the role and responsibilities of a layperson really are?

The dictionary defines a layperson as a member of a religious organization consisting of all who are not part of the clergy. The term lay or laity, is often a synonym for amateur as opposed to professional or unqualified as opposed to expert. Church traditions have conditioned countless Christians to think of and call themselves "just laypersons." The word "just" means trivial or insignificant.

However, as Christian laypersons, we are members of God's family. As members of His family, we are all called to a ministry. The ministry takes place wherever we are; at home, church, work, public affairs or with friends. It is our responsibility to be Christ's witnesses in the world of social, economic, and political activity. We must contribute to the growth of the Kingdom of God by bringing the love and truth of Christ to the world. The Preachers and Pastors can't do it all.

Blessings and Love to You, Carol Davenport, Lay President

The Anvil is published, May (1<sup>st</sup> Qtr), August (2<sup>nd</sup> Qtr), November (3<sup>rd</sup> Qtr.), February (4<sup>th</sup> Qtr.)

Send content in MS-Word, or images files in .jpg or .png

to Pam Kelly pamkellyrtpnc@gmail.com or Cecilia Johnson crj3227@gmail.com

## **Lay Organization News**

**The St. Paul AME Lay Organization,** of Raleigh, NC, is comprised of the laity (non-clergy) of the church. It operates on all levels of the church: local church, conference, district, and connectional levels. The local activities include A.M.E. training at monthly meetings, coordinating the local effort for <u>AME-V Alert</u>, which includes A.M.E Public Service Announcements, and sponsoring Voter Education Webinars.

#### THE LAY ORGANIZATION MONTHLY MEETINGS 1st Mondays at 6:30 P.M.

Via St. Paul's Zoom Room <u>www.zoom.us</u> or call 929-205-6099

ID: 9199190001 Access: 518051

Annual Dues are \$20.

## **YPD**

"Growing, Glowing and Going for Christ"

The YPD performs community service at the Food Bank and delivers food to Seniors. They meet on the second Saturday of each month at 11:00 a.m. Upcoming youth training programs and opportunities for leadership experiences will be announced. Please contact Mrs. Lola Houston Hager, YPD Director for more information. She can be reached at 704.305.9101 or by email at <a href="mailto:lyhousto@yahoo.com">lyhousto@yahoo.com</a>

Below are photo highlights of St. Paul YPD members and community youth enjoying a good time at our annual "Trunk or Treat" Event on October 31st.



Visit our <u>Community Billboard</u> often for updates on St. Paul AME events and other events of community interest.





## **Recent Events**

Below are photo highlights of the St. Paul AME Striders from the 2021 Crop Walk at Knightdale Station, in Garner, on October 31st. We were blessed with great weather!











## BIBLE Knowledge contributed by Cecilia Johnson.

#### JACOB AND ESAU

1.	Who were	the	parents	of	Jacob	and	Esau	?
1.	AALIO MAGIC	เมาต	parcillo	ΟI	Jacob	anu	_	_sau

- 2. Esau was a skilled hunter, and Jacob was a quiet man who lived
- 3. What did Jacob use to purchase Esau's birthright?
- 4. When Esau realized Jacob had stolen their father's blessing, what did Esau resolve to do when their father died?
- 5. After Jacob served Laban for seven years to marry Rachel, Laban gave him his daughter\_\_\_\_\_\_ instead.
- 6. What was the new name given to Jacob after he wrestled with an angel at Jabbok?
- 7. When Jacob met Esau in east Jordan, they:
  - a. Declared war b. Embraced c. Spoke harshly
- 8. Name Jacob's two sons born to Rachel.
- 9. Jacob and Esau reunited to bury their father\_\_\_\_\_.

10. Jacob is regarded as the father of the Israelites, and Esau is considered the father of the . Answers on last page

## **Upcoming Events**

- November 1 21<sup>st</sup> Scholarship Harvest. <u>See flyer page 8</u> for information
- Beginning November 1, 2021 It's Popcorp time!!!



The funds received from our popcorn fundraiser will be used to support the many ongoing outreach and mission projects.

A HUGE Thank You to those who have already contacted me saying you will support the fundraiser. Remember we profit 50% of all sales.

We will host a Zoom call on Monday, November 1, 2021, at 7:30 PM to walk everyone through setting up

your own Pop-Up Store. All you need is a cell phone or iPad. Let's have some fun and raise money! Popcorn Setup Zoom call Link:

#### https://us02web.zoom.us/j/82214094197?pwd=V0dxRjROVHVCdjBycys4R0ZNNEpYUT0

- November 14th, Sunday, Veteran's Day Service, Sunday, "We Honor All Who Served"
- November 28<sup>th</sup>, Sunday, Men's Day Celebration. This is also the last "Point Day" of the year.

January 19-22, 2022 The Connectional WMS
 Executive Board Meeting will be held in
 January of 2022 in Atlanta, Ga.

#### **REGISTRATION:**

There will be NO on-site registration November 1, 2021- January 7, 2022 - \$260,00 January 8-14, 2022 - \$300

#### **SPECIAL EVENT:**

Scholarship Banquet - To replenish scholarship funding for AME deserving students. \$100.00

#### **HOTEL:**

Atlanta Marriott Marquis - \$149 plus tax per night

Please contact me if you have any questions. Faye Hooker 919 673-5614



## **Recipe**



# Sesame Chicken with Green Beans and Brown Rice

I am always thankful to receive a bag from the Interfaith Food Shuttle. It often includes Kirkland Chunk Chicken Breast. I'm impressed with the flavor and nutritional value of this pop-top product: Low Sodium & 13 Gr Protein per serving. And it's MADE in the USA! – contributed by Pam Kelly

Try this delicious "all food groups in one" recipe...and it freezes well!

- 1 Can Kirkland Chunck Chicken Breast or similar product
- ¼ pound fresh green beans ...or frozen
- 1 teaspoon grated ginger...or ½ tsp ground ginger
- 2 teaspoons minced garlic...or ½ tsp garlic powder
- ¼ cup green onions, minced
- 2 tablespoons sesame seeds
- 1 ½ tablespoons white wine or rice wine vinegar
- 1 ½ tablespoons soy sauce
- 2 teaspoons sesame oil

- Salt & pepper to taste
- 2 tablespoons vegetable oil
- 1 box brown rice...or white rice
- 1. Prepare rice according to instructions (Tip: Use the broth from chicken can to add to rice)
- 2. Drain and season chicken with salt and pepper and coat with sesame seeds
- 3. Heat 1 tablespoon of vegetable soil in large skillet over medium heat.
- 4. Add chicken to skillet to cook for a few minutes. Remove chicken.
- 5. Add remaining 1 tablespoon of vegetable oil in same pan. Add garlic, ginger and green onions and cook until aromatic.
- 6. Combine vinegar, soy sauce and sesame oil
- 7. Add the green beans and stir fry (high heat). When beans are almost cooked, add liquids above.
- 8. Place chicken over the rice. Pour the vegetable mixture over the chicken. Serve & ENJOY!



#### Parents & Youth

Be sure to check out our <u>Scholarships & Internships</u> page on the St. Paul AME Website for opportunities for students and graduates.

## Preparedness Pop Up!

## Winter Weather Preparedness Pantry

We are entering a winter season unlike any other, due to COVID-19. The resulting supply chain shortages are expected to last well into 2022. Also, Hurricane Season doesn't end until November 30<sup>th</sup>!

Try to establish a 21-day canned food supply as a regular habit, so you won't have to encounter panicked people at the supermarket! During power outages from winter



storms, restoration may take more than a week! Be prepared to "rough-it" for 14-21 days!

<sup>\*</sup> Have sufficient cash on hand in the event ATMs aren't available.

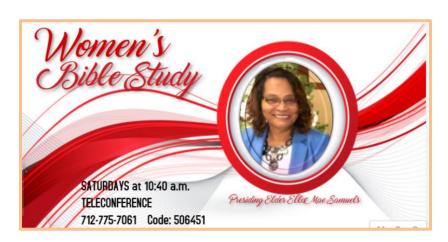
- \* Get ahead of the shortages. Replenish your canned goods with low-sodium proteins (beans, canned chicken, tuna, salmon), vegetables, and zero-fructose or low-sugar canned fruits. Keep one or more gallon water jugs in refrigerator at all times. Replenish from the tap.
- \* During winter, reserve your freezer space for nutritional frozen proteins, veggies, and frozen casseroles, while limiting frozen carbs (pies, breads, tater tots, etc.) If power goes out, at least you'll have items of greatest nutrition on hand to cook...or keep frozen outdoors!
- \* Stock up on zero-fructose or low sugar cereals and whole grains cereals. Store in airtight containers & use by expiration date to prevent "vagabond" drugstore beetle larvae infestation.
- \* Have alternate cooking source on hand, such as a Coleman Stove, in case you lose power! CAUTION: These stoves use butane bottle. Never use indoors without ample ventilation. <a href="https://thecampingstoves.com/can-a-portable-butane-stove-be-safely-used-indoors/">https://thecampingstoves.com/can-a-portable-butane-stove-be-safely-used-indoors/</a>

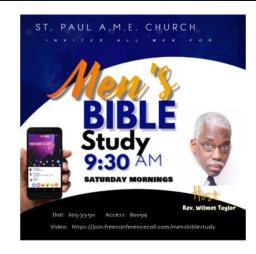
Remember! "Live by faith, today. Prepare, by faith, for tomorrow." – Pam Kelly



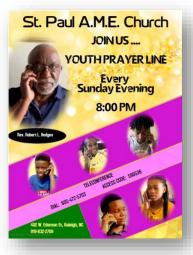


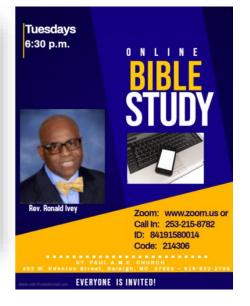












#### **BIBLE KNOWLEDGE ANSWERS**

- 1. Isaac and Rebekah (Genesis 25:21-26)
- 2. In tents/indoors (Genesis 25:27)
- 3. A bowl of pottage/bean soup (Genesis 25:31, 34)
- 4. Kill Jacob (Genesis (27:41)
- 5. Leah (Genesis 29:25-26)
- 6. Israel (Genesis 32:27-28)
- 7. B. Embraced (Genesis 33:4)
- 8. Joseph and Benjamin (Genesis 35:24)
- 9. Isaac (Genesis 35:29)
- 10.Edomites (Genesis 36:9)





Image courtesy of Black Art Depot



Stay safe, well, and blessed! Our next issue is in FEBRUARY 2022