

Substance Use Prevention Committee

Submitted by: Laura Mitchell, Chair (410)422-2694 operatingbudget@mccpta.org
November 28, 2018

It is the mission of the Substance Use and Prevention Committee to build alliances that help make every child's potential to build healthy, safe, successful and substance free lives a reality.

<u>Area</u>	<u>Representative</u>
At Large:	Laura Mitchell, Chair
BCC (Bethesda-Chevy Chase/Walter Johnson/Whitman)	
DCC (Blair/Einstein/Kennedy/Northwood/Wheaton)	
Central PTAs (Churchill/Richard Montgomery/Poolesville/Rockville/Wootton)	
North PTAs (Damascus/Gaithersburg/Magruder/Watkins Mill)	
NEC (Blake/Paint Branch/Springbrook And Sherwood)	
West PTAs (Clarksburg/Northwest/Quince Orchard/Seneca Valley)	

We still need representation from each area. Please help identify AT LEAST one person from your area to serve on this important committee.

Recent & Ongoing Activities

- Attended the November Brave & Bold Community Coalition meeting led by Patty Winters and joined by Dr. Jonathan Brice, MCPS Associate Superintendent via teleconference.
 - Brave and Bold was instrumental in bringing back recovery school to MCPS. [RAP \(Recovery and Academic Program\)](#) gives teens who have completed a drug treatment program a sober environment to complete their high school education with peer and professional support. The program has capacity for 40 students in recovery. Enrollment is currently at 8.
 - **Please share these links with your networks to help get the word out that RAP is free for any Montgomery County 12 – 17 (and some 18) year-olds striving to sustain their recovery from any substance use disorder:**
 - **1: General information, including links to application forms:**<https://www.montgomeryschoolsmd.org/departments/student-services/mentalhealth/rap.aspx>
 - **2. Printable brochure for hard or soft copy distribution:**https://www.montgomeryschoolsmd.org/uploadedFiles/departments/student-services/mentalhealth/RAP_Brochure_2018.pdf.
 - The recovery school works in tandem with [The Landing at Family Services, Inc.](#), which provides recovery services and substance free activities for students.
 - RAP is currently funded by a state grant of \$200,000. MCPS has applied to renew the grant. It is unknown at this time whether the state will fund the program in FY2020. However, Dr. Brice assured the group that the Recovery and Academic Program will be funded by MCPS if not by the state. We will watch this funding in the new budget and advocate for the continuance of RAP with the Board of Education and the County Council.
- Met with Betty Djawdan of [Arise & Flourish](#)
 - This organization that brings young persons in recovery into MCPS schools to educate students about their experiences and how they found help. *The mission of Arise & Flourish is to educate, to prevent abuse, to help those in need get treatment, and to provide financial support for those in need of treatment.*
- Met with Jade-Ann Rennie, Prevention Coordinator with [Montgomery County Collaboration Council for Children, Youth and Families, Inc.](#)
 - Discussed partnering to provide substance use education, prevention strategies and recovery information. They provide Access to Care, Social Justice and Youth Development services.
 - They have funding and a mandate to provide 5 forums throughout the county, specifically targeting prevention of opioid use. We hope to help them advertise their educational forums beginning in January, so please watch for that information and share it to your communities via email, connect ed, and social media.

- We are working with Ms. Rennie to include the Collaboration Council in the MCCPTA Health and Wellness Forum on January 12, 2019.
- Connected with Regina Morales, LCSW-C, Manager III, Montgomery County DHHS- Behavioral Health and Crisis Services. We have been invited to join the OIT Prevention workgroup, a part of the OIT (Opioid Intervention Team). Their goal is to Coordinate and increase substance use prevention activities in the community.
- Connecting with Erin Fashion, Narcan training coordinator for DHHS to provide Narcan training at the Health and Wellness Forum on January 12, 2019.
- Applied to represent MCCPTA on the [Montgomery County Alcohol and Other Drug Abuse Advisory Council \(AODAAC\)](#)
- Working with a local pharmacy to provide Narcan, the overdose reversal medication, at the Health and Wellness Forum on January 12, 2019.

Future Activities

- December 12, 2018 OIT (Opioid Intervention Team) Meeting
- **January 5, 2019 MCCPTA Operating Budget Testimony Workshop**
- **January 12, 2019 MCCPTA Health and Wellness Forum**
- Operating Budget Advocacy
 - December 18, 2018 Public Presentation of the Superintendent's Recommended Operating Budget
 - December 2018 through January 2019 * Sign-up period for speakers at Board of Education Public Hearings
 - January 9 & 14, 2019 Board of Education Public Operating Budget Hearings
 - January 17 & 24, 2019 Board of Education Operating Budget Work Sessions
 - February 12, 2019 Preliminary Adoption of the FY 2020 Operating Budget
 - March 1, 2019 Board of Education Budget Transmittal to County Executive/Council
 - March 14, 2019 County Executive Releases the FY 2020 Operating Budget
 - April 2019 County Council Budget Public Hearings
 - April – May, 2019 County Council Work Sessions
 - May 23, 2019 County Council Budget Action
 - June 11, 2019 Final Adoption of the FY 2020 Operating Budget
 - *Please check the Board of Education web page in November 2018 for information about the sign-up period for the public hearings.
- Meet with the MC State's Attorney, "Drug Court", Office of the Public Defender and Department of Juvenile Justice (Probation) to share information about RAP.
- Develop additional sessions for the H&S Forum.

I am in search of someone with a furniture store contact. I would like to present a mock teen bedroom exercise at the January H&S Forum to educate parents on signs of substance use to look for in the home. Please contact me if you can help. Laura_mitchell@comcast.net or 410-422-2694.