

THE REMEDY



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WHAT IS HOMEOPATHY?

Homeopathy is a system of therapy that uses very small doses of remedies. These remedies are prepared from substances found in nature. Nevertheless, homeopathy should not be confused with herbal medicine. These two systems are very different. Herbal medicine uses tinctures of botanical substances, whereas homeopaths use ultradilute "micro" doses made from not only plants, but minerals or any other substance found in nature.

(continued on page 2)

LETTER FROM THE PRESIDENT

Dear Friends in Homeopathy,

Welcome to the first edition of **THE REMEDY**, Florida Homeopathic Society's timely newsletter! Our goal is to create a strong, supportive and vibrant homeopathic community in Florida through our newsletter, our website (floridahomeopathicsociety.org) and educational events.

We are bringing you world class teachers: Frederik Schroyens, Will Taylor, and Ann Jerome. (See page 2 for details.) If you would like a seminar in your area or have ideas for future speakers and topics, please contact us.

Nationally, the health care system seems to be opening the door for homeopathy. We are being well represented at the complementary and alternative roundtable in Washington, DC, by Nancy Gahles, President of the National Center for Homeopathy. Hopefully soon, homeopathy will be part of nationwide comprehensive health care and supported by insurance.

While homeopathy is being discussed among legislators, practitioners and regulators, leaders of the homeopathic community will meet in Toronto, October 2010, for a summit on Standards for Homeopathic Practice. Representatives from all major homeopathic

organizations, state associations and schools in the U.S. and Canada will attend to determine agreed upon educational standards to produce competent practitioners so we can integrate into mainstream medicine. We will create a strong unified voice and a stable foundation for homeopathy in North America. I look forward to representing Florida at this momentous event.

Finally, and most importantly, we all need to work together to move this grassroots effort forward. Please support FHS to help homeopathy become a viable healthcare choice in Florida. You can do this by going to our website to become a member, advertise in the newsletter, register for a seminar, and make a tax-deductible contribution through PayPal or a credit card. Please tell others about FHS, hand out our newsletters, bring friends to seminars, volunteer your time, and envision homeopathy becoming mainstream. We can make our dream a reality if we all work together.

Many thanks,

Kim Purcell,

President



**Organon § 1:**

The physician's highest calling, his only calling, is to make sick people healthy - to heal, as it is termed.

—*Samuel Hahnemann*
1755—1843

WHAT IS HOMEOPATHY?

(CONT. FROM P. 1)

The homeopath chooses the proper remedy by following a special rule of nature called the **Law of Similars** (*similia similibus curentur*).

This law states "like cures like," or that a medicine can cure a sick person if it can cause similar sickness in a healthy person.

For instance, if you peel an onion, your eyes burn, itch and water. You might also have a runny nose and begin to sneeze. If you had similar symptoms during a cold or allergy attack, such as a runny nose, watery eyes and sneezing, a homeopathic micro-dose of the remedy *Allium cepa* (red onion) would help your body heal itself.

The word "homeopathic" is derived from the Greek words *homeos* meaning "similar" and *pathos* meaning "disease" or "suffering." Thus, homeopathy means "to treat with a remedy that produces an effect similar to the disease or suffering."

—courtesy National Center for Homeopathy

UPCOMING EVENTS

Florida State
Annual Conference 2011

February 4-6, 2011

Will Taylor, MD DHT



Orlando, Florida

Dr. Taylor chairs the department of homeopathy at the National College of Naturopathic Medicine (NCNM). He currently teaches and supervises student clinics at NCNM and serves as core teacher at The School of Homeopathy, New York. He has published articles in the *American Homeopath* and *Simillimum*.

Dr. Taylor has presented at numerous conferences, including conferences sponsored by the NCH, NASH, the Homeopathic Medical Society of the State of Pennsylvania, the Ohio State Homeopathic Medical Society, as well as conferences in Germany and Bulgaria.

Will Taylor's writings appear in regular installments on the WholeHealthNow website, under the title "Taking the Case".

~Additional information on website listed below.~

2011 FALL SEMINAR

October 15-16, 2011

Frederik Schroyens, MD



Orlando, Florida

Dr. Frederik Schroyens, MD, is a 1977 medical graduate of the State University of Gent (Belgium) and a 1978 graduate of the one-year Homeopathic Training Course at the Faculty for Homeopathy in

London (MFHom). He has been the constitutive President of VSU, the largest Homeopathic School in Belgium. VSU has given a one-year introductory training on homeopathy to more than 1,000 students and fully trained over 150 homeopaths. The homeopathic education is built up over a five-year program. He also founded the Masi-workshops in Belgium and Holland.

He has become the Homeopathic Coordinator of the Radar homeopathy software project. He has worked extensively with George Vithoulkas during the development of the Vithoulkas Expert System. He published an introduction to homeopathy in 1984. In 1993 he edited a printed version of "Synthesis", the expanded Repertory linked to the Radar project. A computer version of Synthesis exists in seven languages.

~Additional information on website listed below.~

HOMEOPATHY IN THE NEWS

Through the end of 2009, a total of 142 randomized controlled trials in homeopathy have been published in good quality scientific journals: - positive effects have been reported in 63 (44% of the total) and negative findings have been reported in 11 (8%), while 68 (48%) have not been conclusively positive or negative.

Randomized controlled trials of homeopathy have also reported positive effects in the following conditions: allergies and upper respiratory tract infections; childhood diarrhea; rheumatic disease; seasonal allergic rhinitis; vertigo; fibromyalgia; osteoarthritis; and sinusitis.

—courtesy: *britishhomeopathic.org*.

HOMEOPATHS WITHOUT BORDERS— NORTH AMERICA IN HAITI

Volunteers for Homeopaths Without Borders-North America (HWB) conducted their second successful emergency response clinic in Port Au Prince March 23-30. Working out of tents on the grounds of the Hopital Francais d'Haiti, Sushila Lalsingh, executive director of HWB, Lauri Grossman, Helen Hardinge-Field, Robin Murphy and Andrew Lustig, all experienced homeopathic practitioners, treated approximately 500 patients each day. They were warmly greeted by the Haitian people on their return and received positive feedback from patients who were aided during the first mission in February.

Noted was the shift in problems from acute to chronic. Basic health care was foremost with an emphasis on nutritional issues. Additionally, the group was confronted with skin and eye problems, hypertension, women's maladies, fever and colds. As Haiti enters the rainy season, HWB personnel are preparing for the onset of tropical diseases when they again visit Haiti in midsummer.

Keeping in the forefront the dual goals of HWB to provide treatment and education to populations in need, the group laid the groundwork for the training of medical personnel in Port Au Prince. In response to enthusiasm and cooperation demonstrated by health care professionals at the Hopital Francais, Sushila and Robin met with individual doctors to introduce them to homeopathy. Plans are underway for a large-

scale teaching seminar during the next mission, which is scheduled for summer.

As a result of the success of the clinic, HWB is also responding to a request from Mother Mary of Mercy orphanage in Port Au Prince to minister to the children residing there. This undertaking will begin in the summer and run concurrently with the clinic; as a component of the program, caretakers will receive instruction in the basics of homeopathy.

The ultimate goal of HWB-NA is to establish a permanent clinic in Port Au Prince with Haitian health care professionals actively participating under the supervision of HWB volunteers.

To continue its efforts in Haiti and to achieve this objective, the organization needs the continued generous support of the homeopathic community at large. Tax deductible donations may be made via the website: homeopathswithoutborders-na.org or by mail:

Homeopaths Without Borders-NA,
601 McDonald St., Unit 108, Mount Dora
FL 32757.

Homeopaths Without Borders is a humanitarian 501 C3 corporation.

—Myrna Merron, HWB



*(Hahnemann statue
in Washington DC -*

Erected 1910)

The highest ideal of cure is rapid, gentle and permanent restoration of the health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable, and most harmless way, on easily comprehensible principles.

—Samuel Hahnemann

Father of Homeopathy

Organon § 2

HHS SECRETARY SEBELIUS POSITIVE ON ALTERNATIVES

Secretary of Health and Human Services, Kathleen Sebelius spoke on health care issues before the National Press Club on April 6, 2010. When asked about her own views of “using acupuncture, meditation, and other alternative healing methods in health care” she replied: “There clearly are plans in place—and I anticipate there will be plans offered in the new exchanges—which will give patients a wide variety of choices. And I think that, while there’s likely to be a definition of what is a preventive care plan, insurers are likely to compete based on choices for consumers. And, you know, there is some pretty interesting data about cost effectiveness

that we will continue to monitor. I think our comparative effectiveness research will continue to look at a variety of alternatives for expensive care, whether or not earlier interventions or more homeopathic therapies or a variety of choices are ones that really do lead to better health outcomes at a lower cost, and I think those are often consumer choices and also wise health care choices.”

—April 22, 2010, *The Integrator Blog*,
www.theintegratorblog.com

Similia Similibus Curentur — The Law of Similars

Florida Study Groups, Practitioners and Education

Academy of Classical Homeopathy
Academyofclassicalhomeopathy.org

Everglades University
evergladesuniversity.edu

Please visit the NCH site for a
comprehensive list of educational
institutions elsewhere.

NCH

nationalcenterforhomeopathy.org

Certification

For certification, please see
homeopathicdirectory.com

Study Groups

[nationalcenterforhomeopathy.org/
study-groups](http://nationalcenterforhomeopathy.org/study-groups)

Practitioners

[nationalcenterforhomeopathy.org
/resources/practitioners](http://nationalcenterforhomeopathy.org/resources/practitioners)
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HOLISTIC MOM'S CORNER

I was first introduced to homeopathy through the amazing and wise mamas of the Holistic Moms Network several years ago and have continued learning more about homeopathy ever since! One of our members, my dentist, gave me some Arnica after a dental procedure and I had never healed so well and so painlessly after such work! Having three small children, I then started using Arnica Montana for all those bumps and bruises that are so inevitable in childhood and saw great results. My three-year-old son was soon asking for "those white things that melt in my teeth" whenever he hurt himself. I gradually added more and more remedies and books to support our family wellness cabinet. As a magnet for mosquitoes and other insects here in Florida, Apis Mellifica became a number one go-to remedy for me personally. But one of the most amazing results I've seen with homeopathy was when my daughter woke in the middle of the night with excruciating leg pains.

These growing pains, which had also plagued her dad when he was a child, had never been this bad before. She was crying, clutching her legs, rolling around, so upset. I grabbed my *Family Guide to Homeopathy* by Alain Horvilleur MD and gave her Calcarea Phosphorica. I massaged her legs and feet and literally within about three minutes, she was calm, relaxed and sleeping again. It was incredible to see and I was so happy I had learned about this healing world of homeopathy. Now, as a childbirth educator and doula, I get to introduce my students to the wonders of homeopathy by sharing with them resources for the role homeopathy can play in healing from childbirth and in helping with childhood illnesses.

—Chantal Wilford, Sarasota chapter leader of
the Holistic Moms Network

www.holisticmoms.org

HOMEOPATHIC MEDICINE AFTER BREAST CANCER CELLS

A study conducted at MD Anderson Cancer Center in Houston and published in the *International Journal of Oncology* reveals that homeopathic remedies have a toxic effect on breast cancer cells. Researchers carried out in vitro experiments to determine if products prescribed by a clinic in India have an effect on breast cancer cell lines. They studied four ultra-diluted remedies (*Carcinosin*, *Phytolacca*, *Conium*, and *Thuja*) against two human breast adenocarcinoma cell lines and a cell line derived from normal human mammary epithelial cells. Results showed that certain homeopathic remedies have preferentially elevated cytotoxic effects on breast adenocarcinoma cells compared with cells derived from normal breast tissue. The remedies appeared to have similar activity to that of paclitaxel (Taxol), the most commonly used chemotherapeutic drug for breast cancer, without the toxic effect on the normal cells. The findings demonstrate biological activity of these natural products at ultra-diluted doses; they also raise the exciting possibility of a window of therapeutic opportunity for preferentially eliminating breast cancer cells with minimal damage to the surrounding normal tissue by using homeopathic remedies.

—Frenkel, M., Banerji, P. et al. "Cytotoxic effects of ultra-diluted remedies on breast cancer cells. *International Journal of Oncology*, 2010 Feb;36(2):395-403

BILL COSBY SWEARS BY HOMEOPATHIC REMEDY

"His regimen to fight his cold includes Vitamin C ... A secret ingredient to his recovery is *Oscillo-coccinum*. ... his wife turned him on to alternative health when they moved to Los Angeles in the mid-1960s... But he says he's trying to spread the gospel of *Oscillo-coccinum*. 'I've learned to pronounce *Oscillo-coccinum* because so many people don't know anything about it,' ...

'If you call people and they say, 'Oh, man, I'm coming down with....,' you tell them 'Go to the drug store and get that box. It's the only medicine with a lot of S's and a lot of C's in the first word. ...' 'They call back. 'Did you get it?' 'No, I haven't gone yet.' They're wheezing and sneezing and (have a) headache. 'Here, hang up the phone and go.' And they still don't go. Why? 'Because I don't know how to pronounce it.' So it becomes very, very funny and you get frustrated because you know it's going to work.'" —"Bill Cosby on colds: Not so funny; Comedian swears by French formula," by Bruce Fessier, *The Desert Sun*, Palm Springs, CA, February 11, 2010