

# HOW DOES LEGACY COACHING WORK?

## 4 Steps: Using a Narrative Coaching Approach

### AWARENESS OF YOUR LEGACY PROCESS

Where are you in your  
legacy journey?

Who is your primary  
beneficiary?

How far have you  
progressed?

Are you living the legacy  
you want to leave?

### IDENTIFYING WHAT HAS HINDERED YOU

If you have not achieved  
your legacy goals what has  
prevented you?

### TOOLING YOUR LEGACY

Identifying and  
implementing tools to  
overcome specific  
hindrances.

### DEVELOPING AND LIVING THE LEGACY YOU WANT TO LEAVE

Developing a legacy that  
you are ready to begin  
living while using new  
tools.

**Individual Legacy Plan**