

July 2016 Newsletter

Creedmoor Centre Endocrinology

Where it's all about the patient.

Endocrine News

Helping your endocrinology knowledge grow!

Treatment Options for Type 2 Diabetes



There are a number of treatment options available for patients with Type 2 diabetes. These range from combination therapy (using multiple drugs to treat) to monotherapy (using a single medication to treat). There are a number of drugs available for treating Type 2 diabetes.

If you are concerned about which treatment plan is right for you, speak with your endocrinologist. He or she can help you determine

what the best course of treatment will be for your specific condition.

The exciting news is that new drugs are being introduced all the time, and researchers are constantly working to determine what works best.

For example, researchers have found that one drug not only improves and lowers blood sugar, but also helps to slow the pace of renal failure in Type 2 diabetes. This could prove to be beneficial for the patient.

Cutting edge science is exciting news for patients with Type 2 diabetes. Keep up with the latest treatments and talk to your doctor to see if one of them may be the right course of treatment for you.

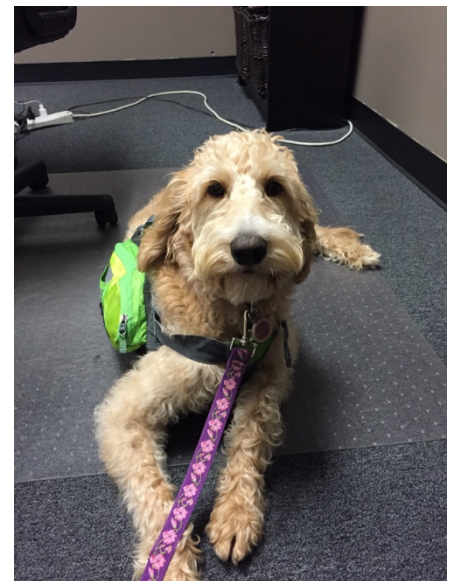
Alternative Forms of Care

You've probably heard of service dogs before. They're commonly used for eyesight, allergies, or special needs. Did you know that service dogs can help detect hypoglycemia, too?

Meet one of our patient's dogs: she has been trained to detect when she is hypoglycemic. This cute companion isn't simply a pet, but helps keep our patients safe and healthy.

Staying healthy and safe sometimes takes alternative forms than what we're used to hearing about.

Do you have any fun stories or unique ways you stay healthy? We love to hear stories from our patients about how they're keeping themselves safe and healthy.





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Diabetes: Caring for Your Body



Taking care of your body and understanding how to do so is important for everybody. It is especially important when you have diabetes. When you don't properly take care of your body with diabetes, you can end up with even worse problems down the road.

Don't let that be the case. At Creedmoor Centre Endocrinology, we make it easy for you to care for your diabetes, by helping you along the way. Keep in touch with us through regular visits, and we'll help keep you healthy.

Here are some of the diabetes-related services we provide at our office:

- **Diabetes Education** – Our Certified Diabetes Educators will help you learn (or refresh) important practices, or simply help you stay on track.
- **Diabetes Download Day** – This free service takes place on the first and third Monday afternoon of each month and provides input and information about insulin pumps or continuous glucose monitors.



Our office will be **closed** on Monday, July 4th, in celebration of our nation's birthday.

We hope you have a fun, safe weekend celebrating Independence Day!

Recent Events at Creedmoor Centre Endocrinology

This past month, Ms. Chen had the opportunity to attend the American Diabetes Association meeting, where she was able to learn about new research and information about diabetes, as well as to collaborate with other doctors and researchers from various fields who also work with diabetes.

Diabetes
FORECAST™
The Healthy Living Magazine

American Diabetes Association



76th scientific sessions